



Access for all Abilities



Benetas



Community Axis



Dunmunkle Health
Services



Edenhope & District
Memorial Hospital



Goolum Goolum Aboriginal
Co-op



Grampians
Community Health Centre



Harrow Bush
Nursing Centre



Hindmarsh Shire Council



Hopetoun &
District Neighbourhood
House



Horsham Rural City
Council



Horsham Regional Arts
Association



Karkana Support
Services



Murtoa & District
Neighbourhood House
(SLAAM)



Rural Northwest Health



Salvation Army Family
Services



University of Ballarat



West Vic Division of
General Practice



West Wimmera Health
Service



West Wimmera Shire
Council



Wimmera Health Care
Group



Wimmera Hearing Society



Wimmera HUB



Wimmera Regional Sports
Assembly



Wimmera Southern Mallee
LLEN



Wimmera Uniting Care



Wimmera Volunteers



Women's Health
Grampians



Woomelang District Bush
Nursing Centre



Yarriambiack Shire
Council



YMCA, Horsham Aquatic
Centre



POPULATION HEALTH IN VICTORIA - HEALTH INEQUALITIES

Continuing Professional Development for Allied Health via Video Conference

Presenter Assoc. Prof Adrian Schoo - Director Workforce Development
And Deputy Director and Head of Department Workforce Program for Greater
Green Triangle University Department of Rural Health.

Thursday 12th March, 2009 from 11am to 12noon
Via video Conference at Grampians Community Health Centre
25, David Street Horsham.

For information and bookings please contact Donna Bridge at Wimmera PCP on
5362 1221 or email donna.b@gchc.org.au

PHD RESEARCH SCHOLARSHIP: CALL FOR EXPRESSIONS OF INTEREST

The School of Behavioural and Social Sciences and Humanities, University of Ballarat is seeking applications for a PhD Scholarship commencing early 2009 to examine the **health and wellbeing consequences of the impact of the introduction of electronic gaming machines (EGMs) on communities**. The scholarship is funded through an Australian Research Council Linkage grant, with the Victoria Local Governance Association as the industry partner.

This is a three year full-time APAI scholarship and applicants from a variety of backgrounds, including health, social and behavioural sciences are encouraged to apply.

For more information contact Associate Professor John McDonald on 5327 9818 or email j.mcdonald@balarat.edu.au

HELP FOR DISTRESSED BUSHFIRE VICTIMS AND WORKERS

The Victorian Government has established a new telephone counselling support service for all Victorians affected by the devastating bushfires, which is being operated by Nurse-on-Call.

1300 60 60 24

This service gives all Victorians the peace of mind knowing that the best, professional health advice is only a phone call away. It will help families decide if they need to attend a hospital or a doctor straight away, whether the condition could be treated by a GP the next day, or that they may be able to manage themselves.

Other counselling services available include:

- Lifeline Information Service - 131 114
- Parentline - 132 289
- Kids Help Line - 1800 551 800
- Griefline - 9596 7799
- Suicide Line - 1300 651 251
- Rural Support Line - 1300 655 969
- Beyondblue - 1300 22 4636

For more bushfire support visit: www.dhs.vic.gov.au

PCP SERVICE COORDINATION ACCESS POINTS PROJECT OFFICER

This part time (0.5) position for six months is an ideal secondment for a person with an understanding of health services across the Grampians Region and an interest client focused service delivery.

Commencing in March, the position could be based either in Ballarat or Ararat, and there is a possibility of an extension to the contract subject to availability of further funding and satisfactory performance.

Salary is in the range of \$60,000 pro rata per annum with generous salary packaging available.

The new position with the Primary Care Partnerships across the Grampians Region (Central Highlands PCP, Grampians Pyrenees PCP and Wimmera PCP) will focus on the roll out of a particular project which is designed to promote a more coordinated approach to entry into the service system for people over 50 living in the Grampians Region.

Ideally suited to someone with tertiary qualifications in allied health, nursing, health promotion, community, welfare or disability services; this is an exciting opportunity to be part of a dynamic change management process.

Reporting to the Executive Officer of one of the PCP's, this Service Coordination Project Officer will work closely with the current Service Coordination personnel based at the three PCP's.

If you are passionate about working in a new and important partnership context in a change management environment, please feel free to ring and discuss the position. There is some flexibility around work arrangements.

A position description can be obtained by phoning 0407 548 553. All applications should address the Key Selection Criteria and cite three current referees.

Applications must be received by 5pm on Friday 20th February 2009 and addressed to kates@grampianspyreneespcp.org.au or

Kate Serrurier

Executive Officer

Grampians Pyrenees Primary Care Partnership

60 High Street, Ararat VIC 3377.

VICTORIAN BUSHFIRE EMERGENCY BEREAVEMENT INFORMATION AND SUPPORT

The Australian Centre for Grief and Bereavement (ACGB) have established a dedicated web page which provides information on grief and bereavement organisations who can provide assistance; a number of resources for both the general public and practitioners and finally details of a number of websites which provide a range of support materials. This page will be regularly updated as new information and resources become available. This website can be accessed at www.grief.org.au/bushfire_support.html

The Centre is also collating the many generous offers of support which have been made by bereavement practitioners who have expressed a willingness to provide assistance. At this stage details are being recorded as of the availability and expertise of practitioners which will be activated when a formal request is made. This is likely to be a number of weeks from now. You can register your interest by email. Please provide a telephone number in your email so that ACGB staff can make contact with you. Interested bereavement counsellors are requested to contact our Bereavement Counselling and Support Service by emailing counselling@grief.org.au

APPLIED SUICIDE INTERVENTION SKILLS TRAINING VERSION X

1st and 2nd of April from 9am to 5pm

Ballarat Base Hospital Education Centre

Are you ready, willing and able to intervene in a suicide? Do you need to learn suicide first aid?

A two day intensive, participatory course is being held which is designed to help participants recognise when someone may be at risk of suicide and respond in ways that help increase their immediate safety.

To book for this training please call Ann Watson on 5320 3030 or email annew@bhs.org.au

HORSHAM FILM SOCIETY'S 2009 OPENING NIGHT

'Son of Rambow'

Monday 23rd February at Horsham Cinema

Drinks and Nibbles at 6.30 - screening at 7.30 - hot chocolate afterwards.

"Son of Rambow" is a school-boy yarn with a bracing emotional honesty that packs a real kick. Will (Ben Milner) is the sheltered son of a strict religious family, whose father has died in the Falklands and has never even watched TV; Lee (Will Poulter) is the tougher wide-boy, a latchkey kid who bullies and then befriends Will as they embark on a homemade VHS opus, after seeing a pirate copy of 'First Blood'. Will is a keen doodler, and his sketches burst out across the countryside in playful CGI, but there's also great entertainment in the boys' lo-tech Health-Robinson production plans.

Annual Membership \$60.00, Six month membership \$45.00, casual night \$10.00.

For more information call Denis O'Brien on 5382 2806 or Rosanne McGuire on 5382 1433 (after hours).

BECOME AN AQUA INSTRUCTOR - WETS

The Water Exercise Training Service (WETS) is an innovator in aqua programs and with our trainers regularly on pool deck we know what the aqua industry wants!

Water is such a valuable exercise medium and an activity that is practically suited to everyone. Exercising in water is increasingly used to improve fitness levels for athletes and the general population. As more people realise the benefits of aqua exercise, more instructors are needed to meet the demands on aqua timetables at aquatic and fitness facilities.

Pre-requisites: WETS requires you to participate in and review a minimum of two aqua exercise classes prior to enrolling into the course. The Fitness Industry registering bodies Kinect and Fitness Australia) require the completion of a Certificate III in Fitness for full certification and registration.

Course and assessment duration: 60 hours consisting of:

- Face-to-face component (27 hours).
- Participation in aqua exercise classes (7 hours).
- On the job training (7 hours).
- Practical assessment (8 hours).
- Theory assessment portfolio containing class plans and reviews etc. (time taken to completed the assessment portfolio will vary with each instructor, but allow approximately 11 hours).

For more information visit www.wets.com.au or phone 8774 1722.

EXHIBITIONS AT THE MAKERS' GALLERY (HORSHAM LIBRARY BUILDING)

Month of February, Judith Burke, Embellished Felting

Judith lives at Pomonal and her mini exhibition features felted bags, wraps and headwear, embroidered and decorated with beads and stitching.

March 16-31, Art is...tasty exhibition

Makers; Gallery members and invited guests will exhibit their work as part of the Art is...tasty festival.

Month of April, Merna Dunlop and Fran Robinson

Two innovative and talented ladies will exhibit their textile work.

Month of May, Heads, Hands and Feet

Horsham Spinners and Weavers will exhibit pieces from group members.

WOMEN'S HEALTH GRAMPIANS FOCUS GROUPS

There are still places available in the first round of Women's Health Grampians focus groups to be held this week. Times and locations are as follows:

- **Thursday 19th February** at Rural Northwest Health - 12 Mitchell Place, Hopetoun. From 10am to 12pm.
- **Thursday 19th February** at the Reception Room, Horsham Rural City Council, Civic Centre, Roberts Avenue Horsham. From 2.30pm to 4.30pm.
- **Friday 20th February** at Edenhope & District Memorial Hospital, 124 - 134 Elizabeth Street Edenhope. From 10am to 12pm.
- **Friday 20th February** at West Wimmera Health Service, 43 Nelson Street Nhill. From 2.30pm to 4.30pm.

The focus groups are for Women's Health Grampians to meet with service providers with the aim to:

- Identify issues for Wimmera women as seen by the service providers with 'on the ground knowledge'.
- Understand issues for the service provider supporting women, including identifying gaps in existing service systems.
- Map services/people that provide support to women (eg. Health Services, Community Health Services, Maternal and Child Health Nurses, Counselling Services and Community Leaders) and develop a resource for both women and service providers.
- Explore how WHG may be able to support workers in the existing system i.e. with health promotion or gender specific information, provision of training usually based in metro and larger regional centres etc.
- Identify the capability of the small towns to use/access IT.
- Develop an Action Plan and evidence based support document to inform WHG's ongoing work and to advocate for women and organisations at State and Federal policy level.

For more information contact Patty Kinnersly on 5322 4100 or Emily Delahunty on 5362 1400.

PRIMARY HEALTH WEEKLY BULLETIN - 12th February 2009

The latest edition of the Primary Health Weekly Bulletin can be found at www.dhs.vic.gov.au/rrhacs/ph_bulletin/nocache?src=email&id=120209

In this edition:

- Clinical governance in community health forum.
- Information session for health consumers.
- Trialing allied health service models supported by the Medicare benefits schedule.

WIMMERA SAFETY GROUP

AGM and Occupational Health and Safety Seminar

Presenter: Mr John Curtis - John has worked for the Victorian Farmers Federation (VFF) as the Gippsland Regional Manager and as the OH&S Trainer for Graincorp Southern Region. He is currently working for FarmSafe Victoria.

Johns presentation will include information on innovative workplace safety techniques and strategies; how are workplaces achieving good safety results and what does the future of workplace safety hold?

Thursday 19th February from 7pm
Wimmera HUB, 39 Urquhart Street, Horsham

Light refreshments provided, RSVP for catering purposes to Karen@hub.org.au or phone 5382 5111.

WESLY PERFORM ARTS CENTRE - COMING ATTRACTIONS

Wednesday 29th April at 8pm - Melbourne Chamber Orchestra
\$35 adult/\$33 conc & groups/\$15 students.

Thursday 7th May and Friday 8th May at 8pm - Comedy Festival Roadshow
\$35 adult/\$32 conc & groups of 10+

Saturday 9th May to Saturday 23rd May - Don't Dress for Dinner
Presented by the Horsham Arts Council.

9th May - 7pm refreshments for 8pm show, 10th May - 2pm matinee, 15th & 16th May -
7pm refreshments for 8pm show, 17th May - 2pm matinee,
22nd & 23rd May - 7pm refreshments for 8pm show.
Tickets \$19.50 adults/\$15.50 conc. Tickets at the door or at Chisolm Hi-Fi 5382 4343.

Thursday 14th May at 11am - Morning Melody - Guys and Dolls
All Tickets \$15

Book online at www.weslypac.com.au or at Chisholm Hi Fi 5382 4343

DONATIONS OF TOYS/BOOKS TO KINGLAKE KINDERGARTEN

Dunmunkle Kindergym and Minyip, Murtoa and Rupanyup Kindergarten are donating no longer required toys and books to the King Lake Kindergarten in support of the Victorian Bush Fire Crisis.

If you have some of these items at home you wish to donate please contact:
Minyip - Jo Hotker on 5385 7401 or 0429 857 404 or Casey Cook on 5363 1200 (Minyip CHC)
Murtoa - Melinda Keel on 0429 194 119 or Chantelle McCallum on 5385 2875
Rupanyup - Robyn Shand on 5380 8274

HIC CONSUMER INDUCTION SESSION

Health Issues Centre (HIC) encourages all Victorians to have their say on health issues and to contribute their experience, knowledge and ideas to improving health care in Victoria through its Consumer Nominee Program (CNP).

If you have recently become part of the CNP or are interested in participating on a state-wide, local, and regional health committees to address important health issues, then come along to the session on **Monday 2nd March** from 1.30pm to 3.30pm. At Ross House, Hayden Raysmith Room, 4th Floor, 247 Flinders Lane Melbourne. RSVP to a.morrone@healthissuescentre.org.au or phone 9479 3520

PRIMARY HEALTH UPDATE - FEBRUARY 2009

General Practice Engagement in Integrated Chronic Disease Management - A Resource for Primary Care Partnerships - www.health.vic.gov.au/communityhealth/cdm/resources.htm

Industry Advisor Project Extended to 30 June 2009 - www.health.vic.gov.au/communityhealth/cdm/ia.htm

Collaborative Internet Innovation Fund (cIIF) - www.mmv.vic.ov.au/CollaborativeInternetInnovationFund

Working with Divisions - Seminar - General Practice Victoria - Email e.sanneman@gpv.org.au

Impact of Integrated Health Promotion - www.health.vic.gov.au/pcps/hp/making_difference.htm

Final Report Released - PCP Evaluation Report - www.health.vic.gov.au/pcpsdownloads/analysis.pdf

HACC and Primary Health Program Fees Updated - www.health.vic.gov.au/communityhealth/service_provider/ch_fees.htm

Wimmera PCP Diary Dates

February

18th 1pm Chronic Disease Reference Group Meeting @ 25 David Street Horsham.

For further important dates please visit our website at www.wimmerapcp.org.au

The Wimmera Primary Care Partnership newsletter is compiled from information from organisations and partner agencies who provide details of upcoming events. Information is received and published in good faith and although every effort is made to only publish current information, we cannot however control cancellations or change of workshop dates, or accuracy of information provided to us. If you need further details about any of the information included in this newsletter, please contact the people individually listed in that information.

If you would like to input and feedback on this newsletter; have suggestions for future editions; or you would like to subscribe or unsubscribe please contact Kellie on 5362 1222 or email pcpadmin@gchc.org.au

Wimmera Primary Care Partnership Office

25 David Street, Post address: PO Box 501, Horsham VIC 3402 - Fax: 5382 4687

Mandi Stewart
Executive Officer
mandi.s@gchc.org.au
5362 1223
0428144812

Geoff Witnitz
Agency Liaison Officer
geoff.w@gchc.org.au
5362 1225
0428358672

Donna Bridge
Agency Liaison Officer
donna.b@gchc.org.au
5362 1221
0429174763

Jan Hall
Project Officer
janet.h@gchc.org.au
(03) 5362 1224

Taryn Marks
Project Officer
taryn.m@gchc.org.au
0458 208 833, 5362 1226

Kellie Uytdehaag
Admin Assistant
pcpadmin@gchc.org.au
5362 1222