

WPCP - Partnership Member Agencies

Access for all Abilities



Benetas



Community Axis



Dunmunkle Health Services



Edenhope & District Memorial Hospital



Goolum Goolum Aboriginal Co-op



Grampians Community Health



Harrow Bush Nursing Centre



Hindmarsh Shire Council



Hopetoun & District Neighbourhood House



Horsham Rural City Council



Horsham Regional Arts Association



Karkana Support Services



Murtoa & District Neighbourhood House (SLAAM)



Rural Northwest Health



Salvation Army Family Services



University of Ballarat



West Vic Division of General Practice



West Wimmera Health Service



West Wimmera Shire Council



Wimmera Health Care Group



Wimmera Hearing Society



Wimmera HUB



Wimmera Regional Sports Assembly



Wimmera Southern Mallee LLEN



Wimmera Uniting Care



Wimmera Volunteers



Women's Health Grampians



Woomelang District Bush Nursing Centre



Yarriambiack Shire Council



YMCA, Horsham Aquatic Centre



NEWSLETTER

Issue 43 (2009) - November
16th

MINISTERIAL YOUTH ADVISORY SURVEY

The Ministerial Youth Advisory Committee have put together a quick online survey to see what young people think about youth services in their area.

The survey aims to gather responses from young people about their individual experiences and knowledge of youth services in their area. The survey will allow young people to have a say about the quality and range of youth services available to them. Survey responses will be collated and put into the Ministerial Youth Advisory Council's next presentation to the Minister for Youth Affairs, scheduled for early December. The survey closes on Thursday 12th November 2009.

To complete the survey visit:

www.youthcentral.vic.gov.au/ViewPage.action?siteNodeId=2406

COMMUNITY HEALTH SERVICE IMPROVEMENT STRATEGY: TRAINING IN USE OF PRIORITY TOOLS

The Department of Health is introducing a suite of priority tools for community and dental health program services and encouraging their use across all services provided from community health services where practicable.

This follows a trial and evaluation of a set of draft priority tools. The Primary Health Branch has released the Evaluation of community health demand management priority tools: summary and departmental response.

The required tools include:

- A generic priority tool.
- Seven clinical priority tools.
- The Dental Emergency Demand Management System.

The Primary Health Branch will be providing half day training and information sessions on use of the priority tools and the broader framework in which they sit. We encourage representatives from your agency to attend this training including members of management, clinicians and other support staff who play a role client services and intake processes.

Tuesday 8th December from 9.30am to 1.30pm

Wimmera Health Care Group - Education Resource Centre

RSVP to robyn.boyd@dhs.vic.gov.au or phone 5333 6082

VOLUNTEERS - TAKE A BREAK, YOU DESERVE IT

To say thank you for your contribution to the community, Wimmera Volunteers, with the support of Yarriambiack Shire Council, are encouraging volunteers to 'take a break' and enjoy a free cuppa.

Simply collect a coupon from:

Yarriambiack Shire Council offices in Warracknabeal and Rupanyup
Dunmunkle Health Services in Minyip and Murtoa
Beulah Business & Information Centre
Gateway BEET in Hopetoun

Friday 4th December

For more information call the Yarriambiack Shire Council on 5398 0100
or Wimmera Volunteers on 5382 5607

MOVIES FOR VOLUNTEERS

A Celebration of International Volunteers Day in 2009

Wimmera Volunteers is inviting volunteers to come along and enjoy a free movie night, in recognition of their contribution to volunteering in the Wimmera region. You can even bring the family too!

Some of the sessions will include a BBQ tea and others include a light supper after the movie.

If you are a volunteer and would like to come along to one of the movies listed to the right, please register the name of your group or family (and the number of people attending) by contacting us on the details below as soon as possible as seats are limited.

You can also contact Wimmera Volunteers on 5382 5607 or email share@wimmvol.com.au if you have any enquiries about the particular session that you would like to attend.

Volunteer involving groups, clubs and organisations are welcome to place a sail banner or display board at any event to promote their group. Please contact Wimmera Volunteers if you are interested.

Nhill Cinema - Tuesday November 24th from 6pm

Movie - 'Up' (G)

Horsham Centre Cinema - Wednesday November 25th from 6pm

Movie - 'A Christmas Carol' (PG)

Edenhope Mechanics Hall - Friday November 27th from 4pm and 7pm

Movie - 'Open Season 2' (PG)

Kaniva Town Hall - Friday December 4th from 4pm and 7pm

Movie - 'Open Season 2' (PG)

COMING UP AT NEXUS

November 27th - Freeza Foam Party from 7pm to 10pm at Nexus - Entry \$5

December 17th - Friday Nite Live from 7pm to 10pm xmas at Nexus

Nexus Youth Centre - Pynsent Street Horsham - 5362 1500 - www.myspace.com/nexushorsham

NATIMUK CHRISTMAS 'FARMERS MARKET PLUS'

The People's Market showcasing local and regional produce - plus 'Left Bank' featuring local art & craft.

Sunday December 13th from 10am to 2pm - Main Street Natimuk

Something for everyone - bread, jams, olives, organic fruit & veg, sausage sizzles, crepes, coffee & tea.

Plus Live Music!

For more information contact 0429 328 600

AHPA 19TH NATIONAL CONFERENCE - CALL FOR ABSTRACTS

The Australian Health Promotion 19th National Conference website is now available online to view. Members and their networks are invited to register their interest or submit an abstract for presentations and/or posters around the theme of partnerships.

Please promote the conference widely across all your networks and in the true spirit of partnerships, consider those sectors and professions outside health and health promotion.

For more information visit www.conferenceco.com.au/AHPA/

THE LAW HANDBOOK

The Law Handbook is now online and free and can be found at www.lawhandbook.org.au

DEVELOPMENT OF A WORKFORCE REDESIGN TOOLKIT

From 2021 to 2051, there will simply not be enough school leavers to replace retiring 65 year olds.
 How are you coping with skill shortages?
 How are you planning to address skill shortages?

You are invited to share your achievements and gain from the wide range of workforce redesign initiatives that are taking place across Victoria. The Department of Health will develop a Workforce Redesign Toolkit that will showcase tools, documented processes and case studies of workforce redesign experiences.

An opportunity has been created for you to tell your story in the form of a brief case study. The key elements of a case study should include:

1. What was your service need?
2. What was your proposed solution?
3. How did you implement it?
4. What was the outcome?
5. What did you learn?

Please provide dot points under each of these headings nominated and you will be contacted to discuss your case study in more detail.

Further information regarding this project, including guidelines and a case study template, is available at www.health.vic.gov.au/workforce/skills

Please contact the department on 9096 9941 and completed case studies need to be emailed by **Tuesday 1st December** to workforce@dhs.vic.gov.au

THE INAUGURAL INTERNATIONAL HEALTHY PARKS HEALTHY PEOPLE CONGRESS

Congress Dates 11 - 16 April 2010

Melbourne Convention and Exhibition Centre

The Congress will explore how nature significantly contributes to our wellbeing and broader societal benefits. It is expected to attract over 1000 delegates from Australia and around the world. Participants will come from many different sectors including urban planning, community development, physical and mental health, tourism, education, recreation, ecology and park management (urban and protected area). This diversity of perspectives will allow delegates to understand the benefits of nature through the eyes of many.

For more information visit www.healthyparshealthypeoplecongress.org

WOMEN'S REGIONAL LEADERSHIP FORUM

GICS is offering grants for community members to attend the 'Women's Regional Leadership Forum'. Please go to www.womensforum.com.au/server/index.php?regionalforum for further information.

Applicants for the grants must have an interest in or be involved in the delivery of cancer support services in the community. For more information phone Lea on 5320 4044 or email leam@bhs.org.au

PRIMARY HEALTH WEEKLY BULLETIN - 5th NOVEMBER

The latest edition of the Primary Health Weekly Bulletin is now available at:
www.dhs.vic.gov.au/rhacs/ph_bulletin/nocache?src=email&id=051109

In this edition:

- Release of the Community Health Priority Tools.
- Event: launch of 'Well Proud'.
- Diabetes consultation forum for health professionals.
- Workshop: considering gender and mental health.
- Symposium: innovative models of oral health care for high risk populations.

VENDOR INFORMATION FORUM

Wednesday November 25th

The next vendor information forum, convened by the Primary Health Branch, will be an opportunity to learn about the changes that are being made to the Service Coordination Tool Templates (SCTT) and the Victorian Statewide Referral Form (VSRF) as part of the 2012 revision. It will also be an opportunity to hear more about:

- E-referral and HL7 messaging.
- Progress of the department-wide data reform work and,
- National e-health directions.

Vendors of patient/client management software applications to the health and human services sectors and vendors of e-referral systems, representatives from health and human services agencies, Primary Care Partnerships, peak bodies, alliances, and government are encouraged to attend.

For more information visit www.health.vic.gov.au/pcps/publications/vendor_forum_2009.htm or phone Adrian Watson on 9096 8041.

MEDITATION & RELAXATION

Presented by the Grampians Regional Palliative Care Team

Diderik Haneveld - Meditation and Martial Arts Master with over 35 years of experience teaching Chinese and Korean relaxation and meditation techniques to young and old alike.

Phyl Graham - Relaxation and Meditation in Palliative Care

Monday 7th December 2009 from 6.30pm to 8.30pm

Drinks and Nibbles Provided

Education Resource Centre, BBH Ballarat Health Services, Drummon Street Nth, Ballarat

Cost: Grampians Region \$15, other \$25

RSVP to Bernadette Mathews at bernadette@bhs.org.au or phone 5320 3553

POSITION DESCRIPTION: CHRONIC DISEASE COORDINATOR

Central Highlands Primary Care Partnership - Hepburn Health Services.

The Chronic Disease Coordinator will work with the CHPCP staff team and member agencies in a non clinical capacity to initiate, support and facilitate integrated chronic disease management across the catchment area, and more broadly where appropriate.

This is a full time position and is contracted for 12 months, with strong potential for ongoing.

For more information and a position description please contact the Executive Officer, Helen Wade, Central Highlands Primary Care Partnership on 5338 4770 or email helenw@chpcp.org

COME AND CELEBRATE AT THE BAAARN!

The Wool Factory - Golf Course Road Horsham

Friday 4th December - 5.30 to 6.30pm for tea - 6.30 to 8.30pm for red faces - 8 to 11pm for disco

Featuring Nitemoves - Cost: \$5 - tea, \$10 - disco

Contact 5382 0333 for more information.

FREE BEYOND BLUE PRESENTATION AND DINNER

Wednesday 18th December from 5.45pm to 9.30pm

Dimboola Bowling Club - Lloyd Street Dimboola

What are depression and related disorders and how common are they? What are the causes and how can it effectively be managed? What is it like to live with depression?

Phone Pam Kingwell on 0428 348 293 or 5362 3206 to book.

THE VICTORIAN PLAN FOR ABORIGINAL CHILDREN & YOUNG PEOPLE

A Victorian Plan for Aboriginal Children and Young People (2010-2020) is currently being developed which will spell out Victoria's goals, actions and measures of progress in improving the health, safety, development, learning and wellbeing of Aboriginal Children and young people across the state over the next ten years (2010-2020). The Plan will complement Dardee Boorai: the Victorian Charter of Safety and Wellbeing for Aboriginal Children and Young People and will fulfil the requirement to report on progress, actions and outcomes for Aboriginal children as outline in The Child Wellbeing and Safety Act (2005).

To find out more about the plan and how you and your Partnership can provide input into the plan, visit: www.education.vic.gov.au/about/directions/aboriginal/plan/default.htm

DRINKWISE - A FREE PUBLIC FORUM

Thursday 26th November from 5.30pm to 7.30pm
University of Melbourne, Carlton

DrinkWise describes itself as 'a not-for-profit, independent research and social change agency funded by the Australian alcohol industry. Through research, community-based programs and social marketing campaigns, it is dedicated to building a safer drinking culture in Australia.'. DrinkWise maintains a high public profile via multi-media campaigning and funding programs. Its advisory committees include some well known and well qualified academics, and the organisation has provided substantial funding to local and national organisations and campaigns, and to prominent researchers.

This free forum provides an opportunity to hear some of Australasia's leading public health experts talk about these issues, and for interested participants to engage them in discussion.

For further information please contact Dr Charles Livingstone, Dept of Health Social Science, Monash University at charles.livingstone@med.monash.edu.au or phone 9903 1679.

PAUL BANGAY OPENS 'STONEFIELDS' IN SUPPORT OF STEPHANIE ALEXANDER

Paul Bangay 'Stonefields' Open Garden
Saturday 21st & Sunday 22nd November from 10am to 5pm

15 Minutes from Kyneton and Daylesford. Paul Bangay is a leading Australian landscape garden designer who has long been a supporter of Stephanie's mission to introduce pleasurable food education to as many Australian children as possible.



His landscape design is synonymous with definition and grace, harmony and proportion, the creation of beauty through balance and restraint. The open garden weekend provides a rare opportunity for visitors to admire Stonefield's beauty and balance, stroll the stone paths that meander around classic parterres, enjoy the expansive modern flower borders, and be enchanted by over 200 crabapple trees in flower.

For more information visit www.kitchengardenfoundation.org.au

WOMEN'S HEALTH GRAMPIANS NEWSLETTER

To view the newsletter visit www.whg.org.au

Topics include:

- White Ribbon Day 25 November
- White Ribbon Day Community Picnic, 25 November
- Meeting with the Federal Minister for Women
- My Oath Campaign
- Calling for nominations for 'Ballarat's Great Women'
- What's happening in 2009 in Ballarat.

'MOTIVATION' BY LISA COSSON

Playing to Your Strengths

It's tempting isn't it?

It's so much easier to see what's wrong with yourself and your life than to take advantage of what's right. The problem is, too much focus on the negative can affect your attitude and opinion of yourself. It's a quick road to burnout.

While it's important to pay attention to things you can improve, your best bet for a breakthrough lies in maximizing what you're already good at. The secret is to use those strengths to help boost yourself up where you need the help. What are your major talents? What do you have a special knack for? Set specific goals to improve those talents and don't fret as much about your weak spots. They'll get the extra help they need as you climb higher.

If you spend too much time working on your weaknesses, all you end up with is a lot of strong weaknesses.

- Dan Sullivan, business coach

Lisa Cosson - Westvic Division of General Practice - 5381 1756 - 0418 106 439 - l.cosson@westvicdiv.asn.au

INTRODUCING Direct2Care

Unsure what aged care services exist? Uncertain what you're eligible for? Perhaps you do know, but don't know how to find them. **Now you can contact Direct2Care on:**

1300 121 121

Direct2Care staff can give you advice about local aged care services you might need to help you stay in your home. Those services could include anything from home help and delivered meals to physiotherapy and respite.

Direct2Care's experienced staff can offer one-to-one contact, to assist you to identify your needs and put you in contact with the services that can help.

Direct2Care also offers support to families, Carers & services providers.

Direct2Care is a new service from the Commonwealth & State Governments in the Grampians region.



HEALTHY RECIPES

Are you looking for FREE & HEALTHY recipes...well look no further...visit www.betterhealth.vic.gov.au and discover hundreds of recipes that are easy and healthy to make.

Recipes can be searched for by category, meal, dietary requirement or by ingredients. This website also lists what fruit and vegetables are in season at that time and what recipes you could use including these fruit and vegetables.

Visit the better health website and start drooling now...

The Wimmera Primary Care Partnership newsletter is compiled from information from organisations and partner agencies who provide details of upcoming events. Information is received and published in good faith and although every effort is made to only publish current information, we cannot however control cancellations or change of workshop dates, or accuracy of information provided to us. If you need further details about any of the information included in this newsletter, please contact the people individually listed in that information.

If you would like to input and feedback on this newsletter; have suggestions for future editions; or you would like to subscribe or unsubscribe please contact Kellie on 5362 1222 or email pcpadmin@grampianscommunityhealth.org.au

Wimmera Primary Care Partnership Office - 25 David Street, Post address: PO Box 501, Horsham 3402 - Fax: 5382 4687

Mandi Stewart - Executive Officer	mandi.s@grampianscommunityhealth.org.au	Phone: 5362 1223 or 0428144812
Geoff Witmitz - Agency Liaison Officer	geoff.w@grampianscommunityhealth.org.au	Phone: 5362 1225 or 0428358672
Donna Bridge - Agency Liaison Officer	donna.b@grampianscommunityhealth.org.au	Phone: 5362 1221 or 0429174763
Jan Hall - Project Officer	janet.h@grampianscommunityhealth.org.au	Phone: 5362 1224 or 0419475911
Taryn Marks - Project Officer	taryn.m@grampianscommunityhealth.org.au	Phone: 5362 1226 or 0458208833
Kellie Uytdehaag - Admin Assistant	pcpadmin@grampianscommunityhealth.org.au	Phone: 5362 1222