

August 8th, 2008



Wimmera Primary Care Partnership

- Wimmera Primary Care Partnership Member Agencies**
- Access for all 
 - Abilities 
 - Benetas 
 - Community Axis 
 - Dunmunkle Health Services 
 - Edenhope & District Memorial Hospital 
 - Goolum Goolum Aboriginal Co-operative 
 - E.W. TIPPING FOUNDATION 
 - Grampians Community Health Centre 
 - Harrow Bush Nursing Centre 
 - Hindmarsh Shire Council 
 - Hopetoun & District Neighbourhood House 
 - Horsham Rural City Council 
 - Horsham Regional Arts Association 
 - Karkana Support Services 
 - Murtoa & District Neighbourhood House (SLAAM) 
 - Rural Northwest Health 
 - Salvation Army Family Services 
 - University of Ballarat 
 - West Vic Division of General Practice 
 - West Wimmera Health Service 
 - West Wimmera Shire Council 
 - Wimmera Health Care Group 

COME AND TRY UNDERWATER HOCKEY

Tuesday Nights from 7pm to 8pm

Horsham Aquatic Centre

Cost is entry into the pool which is \$4.60

You need snorkel, goggles and flippers but they have some you can borrow!

SHORT COURSES AT HUB

For more information on any of these courses please call 5382 5111 or email scc@hub.org.au

- Microsoft Excel for Beginners.
- Microsoft Office 2007 - New Features.
- Human Resource Management for the People Manager.
- Managing Conflict and Negotiations for Maximum Impact.
- Employing people in Small Business.

DRUGS & ALCOHOL - WHATS THE BIG DEAL?

Presented by the Harrow Bush Nursing Centre

Warning: This evening contains a graphic portrayal of facts! Under 16's must be accompanied by a parent or guardian.

Tuesday, August 12th 2008

7.30 to 9.30pm - Harrow Mechanics Institute Hall

Free....and supper provided.

Det Sgt John Hunter, Victorian Police, Purana Task Force has seen it all! He will present the cold, hard facts on drugs and will graphically tell you what he's seen. You won't like it, yet you need to know.

Dean Rice was an AFL Premiership player with Carlton. He has experienced the highs and lows of being a 'gun' player. He now works with the VCFL. He will talk about making life choices which count and get you to where you want to go. Come and be inspired.

Launa Schilling, Grampians Community Health Centre, will provide a short presentation on binge drinking and how it impacts on YOU!

Bookings appreciated - contact 5588 2000 or email admin@hbnc.org.au to register or for more information.

Wimmera Hearing Society



Wimmera HUB



Wimmera Regional Sports Assembly



Wimmera Southern Mallee LLEN



Wimmera Uniting Care



Wimmera Volunteers



Women's Health Grampians



Woomelang District Bush Nursing Centre



Yarriambiack Shire Council



YMCA, Horsham Aquatic Centre



ACOSS SUBMISSION TO THE FAIR PAY COMMISSION

Australian Council Of Social Services submission to the Fair Pay Commission, calling for a substantial rise in minimum wages to help ease financial pressures on low paid workers from rising rents, food and fuel prices.

To read the full report see the web link:

www.acoss.org.au/upload/publications/submissions/4572_ACOSS%20Minimum%20Wage%20Submission%202008.pdf

REGIONAL FESTIVALS CONFERENCE

September 5th, 2008

Revitalise, Re-energise and Renew!

The Regional Festival Conference at the historic Murtoa Mechanics Hall will provide valuable festival committees and volunteers with the inspiration to develop new identity and visions, and the chance to liaise with other regional event organizers to gain a valuable edge for your event.

Two high calibre key note speakers at the conference will be Mr Darren McCubbin, festival director and performer and recent Mayor of Wellington Shire in Gippsland, and artistic director of Melbourne based Snuff Puppets, Mr Ian Pidd.

Darren has a wealth of experience as the owner of the Wishbone Theatre/Murder Company and has been involved in performing arts for over 25 years.

Ian is a freelance theatre and event director who spent four years as artistic director of the acclaimed Back to Back theatre.

Other program highlights are Indigenous protocols for community events. Gail Harradine from the Barengi Gadjin Land Council will present a session on what you should be considering when you're planning and programming your event with inclusion of the traditional indigenous customs and cultures.

Leading funding agencies will highlight potential financial streams available for festivals and events. Resource materials will also be distributed to support your next application.

To help target the information you need to plan your next even, four workshops will be conducted in the afternoon. Topics covered are:

- Youth Events.
- Community Celebrations.
- Historical Events.
- Environment.

Registrations for this event which costs \$35 per person or \$15 for volunteers, are through Wimmera Hub on 5382 5111.

Enquiries on the conference can be directed to Charee Lowe on 0408 811 459.

MUSIC EQUIPMENT GRANTS INFORMATION SESSION

The \$10,000 Music Equipment Grants information session is now being held on **August 15th** at the Astor Theatre in Ararat from 1.30pm to 3pm. Lunch provided.

An information about other Youth Opportunities will be held earlier in the day from 10.30am to 12.30pm at the same venue.

FUNDING TO SUPPORT VOLUNTEERS ACROSS VICTORIA

Victorian Volunteer Small Support Grants of up to \$5000 are now available to not-for-profit organisations with relatively small operating budgets.

The grants are aimed at organisations wanting to increase the diversity of their volunteers and/or involve or encourage new volunteers.

Some examples of activities or projects which could be:

- A mentoring and awareness-raising program to involve people with disabilities as new volunteers in community organisations.
- A recruitment plan and advertising campaign, designed in partnership with an Asylum Seeker Resource Centre, to involve volunteers from rural New Arrival communities.
- Provide essential equipment as part of a campaign to recruit and train more local surf life saving volunteers.

To apply for a Volunteer Small Volunteer Grant visit www.grants.dpcd.vic.gov.au or call the Grants Information Line on 1300 366 356.

Applications can be submitted at any time throughout the year.

GO FOR YOUR LIFE NEWSLETTER

The August edition of the Go for your Life subscriber newsletter is available online at:

www.goforyourlife.vic.gov.au/gfylnews

In this edition:

- 'One World, One Dream'.....one week to go!
 - Romp's back.
 - Farmers go to market.
 - Getting the jump on a healthy lifestyle.
 - What's happening in August?
-

PLANT NATIVE WILDFLOWERS - COMMUNITY GARDEN

Public Invitation

Sunday 24th August at 3pm

Unveiling of Sign
Glenister & Landt Places, Horsham North

ACTIVE MEDIA - AUGUST EDITION

To access the August edition of Active Media please go to:

www.goforyourlife.vic.gov.au/hav/admin.nsf/Images/Active_Media_Aug_Media?OpenDocument

Please pay special attention to page 7, which has links to the latest 'Go for your Life' forum InfoPacks and presentations. Also, there is a call for submissions for those who would like to present at the October forum regarding walking.

"Do you have an initiative, program, or case study you would like to share with other health professions?" Let us know by filling out the expression of interest form and returning by August 20th.

SCHOOL & INDUSTRY LEADERS FORUM

Wimmera Southern Mallee LLEN & Central Grampians LLEN
Invite you to attend the

The Changing World of Work and Education
Featuring
Keynote speaker Andrew Blair

This is an important opportunity for employers, schools and stakeholders to come together to discuss the impact of this change at a local level and develop local solutions.

Wednesday 13th August from 5pm to 7.30pm

Horsham Golf Club
RSVP to 5381 0122

Thursday 14th August from 8am to 11am

Chalambar Golf Club - Ararat
RSVP to 5352 3266

PRIMARY HEALTH WEEKLY BULLETIN

The latest edition of the Primary Health Weekly Bulletin is now available at:
www.dhs.vic.gov.au/rrhacs/ph_bulletin/nocache?src=email&id=300708

In this edition:

- Older Men's Health Forum.
- Seminar on immigrant and refugee women and sexual and reproductive health.
- Implementing QIPPS in your organisation.
- Using the MBS to expand the range of services for your clients.
- Clinical student placement supervision: counting rules.

VITAL ARTS - VIBRANT COMMUNITIES

Conference 5th to 7th September - Melbourne

Today there is increasing awareness that the arts play a crucial role in improving the health and social wellbeing of communities. The aims of the conference are:

- To bring together people with shared interests in the arts in order to encourage activities that cross disciplinary divisions, to exchange knowledge and inspire creative partnerships.
- To gather credible evidence about the contribution made by the arts to community health.
- To develop approaches which embed the arts within health policy and planning.

For further information please visit: www.abp.unimelb.edu.au/unesco/cha-conference/

ACOSS SUBMISSION TO THE MINISTER FOR EMPLOYMENT etc.

This submission outlines the causes of poor employment outcomes for people with disabilities and makes policy recommendations to improve them including reform of social security payments, a workplace adjustment package, and action to prevent people with disabilities from becoming jobless long term.

To read the full report see the web link:

www.acoss.org.au/upload/publications/submissions/4571_acoss%20disability%20employment%20sub-final.pdf

OVERCOMING THE BARRIERS

Supporting women with a disability to access cancer screening.

PapScreen Victoria is pleased to provide a professional development opportunity for people who support women with disabilities or work in the community health sector.

Professionals who may benefit from this workshop include; residential workers, disability case workers and managers, recreation and respite staff, day program instructors and disability development and support officers.

His one day training will be facilitated by Natalie Walker, who is highly skilled trainer with extensive experience in the disability field with particular expertise around empowerment, sexuality, integration and inclusion.

Topics and issue to be presented:

- Case Study Analysis and Discussion.
- Facts about Cancer.
- Cancer Screening.
- Overcoming the Barriers.
- BreastScreen Victoria.

Friday 5th September, 2008

FREE WORKSHOP

9.30am to 3.30pm

The Cancer Council Victoria, Main Conference Room

100 Drummond Street, Carlton

Resources, lunch and refreshments provided.

For enquiries please contact:

Hiranthi Perera 9635 5147 or Hiranthi.Perera@cancervic.org.au

ANDROLOGY AUSTRALIA EDUCATION KIT

Andrology Australia produce a Men's Health Education Kit and is now evaluating the kit to ensure it is meeting the needs of your promotion program.

Some AHPA members received the kit through previous promotion and we would now appreciate if you could complete an online survey, irrespective of you having used the kit. The online survey is available on the Andrology Australia website homepage www.andrologyaustralia.org

Feedback will ensure that the Men's Health Education Kit meets the need of those planning and implementing men's health events and disseminates consistent men's health messages to the wider community. Your feedback will also ensure that Andrology Australia can continue to provide health promotion resources at no charge to the Australian community.

By completing the survey before August 8, you will be in the draw to win an iPod 1GB shuffle, valued at \$65.

WIMMERA REGIONAL SPORTS ASSEMBLY

Check their website at www.wrsa.org.au for updates on activities around the Wimmera; grants available; awards available; weekly/annual calendars; links; programs within the Sports Assembly such as AAA Program; PICSAR Program; Supporting Country Sports Program; Good Sports Program, Active After School Care Program.

'MOTIVATION FOR LIFE' from LISA

BREAKING THE WORLD'S CONTROL OVER YOUR EMOTIONS

A lot in our past can be chalked up to inexperience, youth, and happenstance. But now, as an adult, you must claim your choices and their consequences as your own. Negative attitudes affect your life by creating cynicism, a pessimistic outlook, and often a lack of confidence.

Take note on the ways you are escaping responsibility for your attitude. Do you continually blame situations, friends and family, or life in general for your poor mindset? The world has influence, without a doubt, but growing into a mature person means taking control of your emotions and attitude.

Own them!

The greatest day in your life and mine is when we take total responsibility for our attitudes. That's the day we truly grow up.

John Maxwell, author and public speaker.

Lisa Cosson - Westvic Division of General Practice

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FEEDBACK ON THE NEWSLETTER

This newsletter is intended to inform partners and community of a range of events and activities and news which may be relevant. In order to make this newsletter relevant and informative, it is important for the WPCP to receive your input and feedback. For example, have you found the newsletter useful? Do you have any suggestions for future editions? Please email, telephone or fax comments/suggestions or if you wish to unsubscribe to WPCP Admin.

Email: pcpadmin@gchc.org.au

Telephone: (03) 5362 1222 Facsimile : (03) 5382 4687

Wimmera PCP Diary Dates

August

6th	10am	Shared Interest Group Meeting		
13th	11.30am	Diabetes Working Group Meeting	1pm	Chronic Disease Reference Group
14th	10am	HP Performance Measures	12.30pm	HP Meeting
	2.30pm	District Nurses Network Meeting	3.30pm	PCP Executive Meeting

For further important dates please visit our website at www.wimmerapcp.org.au

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