



Wimmera Primary Care Partnership

RURAL ISSUES - A HEALTH PROMOTION PLANNING WORKSHOP

Rural adjustment, climate change and drought pose important issues for health services to consider in their health promotion planning.

A two day workshop will be held with day one on **February 28th, 2008** and day two on **March 13th, 2008**. Both days will start at 10am and will conclude at 4pm.

The workshop will look at planning to help Health Professionals to deal with these changes.

The Department of Human Services Health Promotion Framework will be used. (Pre reading will be available if you are unfamiliar with the framework).

For more information on this workshop please contact Mandi Stewart at Wimmera PCP on (03) 5362 1223 or email mandi.s@gchc.org.au


To book a place at this workshop please email pcpadmin@gchc.org.au before Friday 21st March, 2008.


Meet Our Members

Access For All Abilities 


Community AXIS 


Dunmunkle Health Services 

Edenhope & District Memorial Hospital 

Goolum Goolum Aboriginal Co-Operative 

E.W.TIPPING FOUNDATION 

Grampians Community Health Centre 

Harrow Bush Nursing Centre 

Hindmarsh Shire Council 

Horsham Rural City Council 


Horsham Regional Arts Association 

Salvation Army Family Services 


Karkana Support Services 

Rural Northwest Health 

Murtoa & District Neighbourhood House 

University of Ballarat 

WestVic Division of General Practice 


West Wimmera Health Service 

West Wimmera Shire Council 

Wimmera Southern Mallee LLEN 

Wimmera Regional Sports Assembly 

Wimmera Uniting Care 

 Wimmera Health Care Group

 Womens Health Grampians

 Wimmera Volunteers

 Yarriambiack Shire Council

 YMCA, Horsham Aquatic Centre

 Wimmera Hearing Society

 Hopetoun & District Neighbourhood House

FREE ENERGY HARDSHIP TRAINING PROGRAM

For Emergency Relief and Community Workers

Presented by Community Information Victoria Inc (CIVic) on behalf of Consumer Affairs Victoria.

As it is now mandatory for energy retailers to have hardship policies for their domestic customers in Victoria, Community Information Victoria is conducting free training programs in metropolitan and regional Victoria between February and June 2008 for staff and volunteers who work with clients facing energy hardship.

Topics cover the rights and responsibilities of customers and retailers; understanding energy bills and ways of making payments; assisting people who have payment difficulties; useful information about concessions, grants, loans, rebates and other available support.

To register please email civic@civ.org.au. For more information contact Helen on (03) 9672 2002 or email helen@civ.org.au or call Robyn Hosking on (03) 9672 2004 or email robyn@civ.org.au

DISCOVERING THE ART OF EFFECTIVE COUNSELLING IN PALLIATIVE CARE

Presented by the Grampians Regional Palliative Care Team

April 9th and 10th and April 30th and May 1st

From 9.00am to 4.30pm

Skewes Therapy Consulting Rooms, 6 Otway St South, Ballarat

Cost: \$150 (cost subsidized by Post PEPA), 10 places available for Division 1 Nurses

Facilitator: Jenny Skewes

Course Objectives:

- To give nurses working in Palliative Care an insight into the principles of counselling.
- Develop knowledge and skills to assist the person and their family to optimally respond to the impact of illness and impending death.
- Demonstrate knowledge and skill in therapeutic communication.
- Nurses will be encouraged to explore and reflect upon their own personal and professional values, past experiences, and current practices within the multidisciplinary team. This will be facilitated by keeping a reflective journal during the course.
- The course will assist nurses in their personal and professional development and advancement within the team environment.

For further information please contact Regina on (03) 5320 3554 or 0403 369 200 on a Monday or Tuesday.

FAMILY PARTNERSHIP TRAINING COURSE

5 Day Course - Thursdays Feb 14th, 21st, 28th, March 6th and 13th

Centre for Community Child Health - Royal Children's Hospital, Parkville

Total Cost \$787.00

Family Partnership Training will offer you a systematic and evidence-based method to improve your skills, confidence and expertise in working with parents and children.

Family Partnership Training will help you:

- Successfully engage with families.
- Feel more confident and competent in relating to parents.
- Increase your understanding of the helping processes.
- Build the qualities and skills needed to be a helper.
- Enhance parents' skills and confidence in raising children.
- Support the development and well-being of children.

For more information please email training.ccch@rch.org.au

FAMILY PLANNING NURSE - GENEVIEVE LILLEY

Wimmera Health Care Group's Family Planning Nurse Genevieve Lilley is now located at Grampians Community Health Centre at 25 David Street, Horsham.

General services include advice and education on sexual health including contraception, STIs, cervical screening, sexuality, puberty etc. Referrals welcome.

Genevieve is available by appointment - contact phone number (03) 5362 1240.

For Pap Smears, please book in to the Well Women's Clinic which is run from the hospital on a monthly basis - contact number (03) 5381 9333. Upcoming clinics are on the 28th of February and 18th of March.

PARTNERSHIPS WITH PARENTS: LISTENING AND RESPONDING TO FAMILIES

Monday 25th February from 9.30am to 1.00pm

Centre for Community Child Health - Royal Children's Hospital, Parkville
Total Cost \$90

Learning objectives:

- To reflect on current practice and discuss issues professionals face in working with families of young children.
- To outline the principles of family-centered partnerships.
- To explore challenges in implementing family-centered partnerships.
- To identify the implications for practice and potential for change.

For more information please email training.ccch@rch.org.au

PEDS TRAINING (PEDS - Parents' Evaluation of Developmental Status)

Tuesday 19th February from 9.00am to 1.00pm

Centre for Community Child Health - Royal Children's Hospital, Parkville
Total Cost \$90

PEDS is a well validated tool for detecting developmental and behavioral problems in children from birth through to eight years of age.

The methodology involves asking parents to complete a ten-item questionnaire.

This training is designed to teach in broad range of professionals to use this tool in order to begin a dialogue with parents about any concerns they may have about their children's development or behaviour.

For more information please email training.ccch@rch.org.au

MEN'S HEALTH EDUCATION KIT - ANDROLOGY AUSTRALIA

A Men's Health Education Kit containing everything you need to run a men's health seminar is available at no cost from Andrology Australia.

The kit includes a manual on how to run an event, a template for a promotional poster and a flyer, a media release, follow-up article, evaluation form and a CD-ROM with information and interactive presentations including comprehensive speaker notes. The kit was developed in association with Mensline Australia, Beyondblue, Bendigo Community Health Centre, Cbus industry super and with input from local GPs, with support from the Rural Health Branch of Australian Government Department of Health and Ageing.

Register now until the end of February 2008 for Andrology Australia's free quarterly newsletter 'The Healthy Male' to receive your FREE Men's Health Education Kit. This offer is limited to the first 50 registrations, and can be received by emailing Andrology Australia at info@andrologyaustralia.org with Men's Health Education Kit in the subject line.

For more information on men's health, please visit www.andrologyaustralia.org

YOUTH CENTERED FAMILY FOCUSED INTERVENTIONS - WHAT DOES IT TAKE?

A One-day workshop on **Thursday 6th March, 2008** in Melbourne

Content:

The value of engaging with families and significant others of young people who are our clients has been well established through research. However, family centered work within youth homelessness can be a complex process and often challenges the assumptions that underpin our practice. This workshop will explore family focused interventions when working with young people who are our clients, those newly homeless and those who have experienced homelessness for long periods of time.

On completion of the workshop, participants will be able to:

- Understand the notions of family work and how this can fit within the context of youth homelessness.
- Reflect on current work practices including intake, assessment, case planning and referrals and identify areas for improvement.
- Implement strategies that support general casework within a youth focused, family centered context.

This workshop will also facilitate discussion on:

- The Independent V's the Interdependent relationship.
- The rights of young people within a family framework, can it work?
- The role of family/significant other - the formation and impact on a young person's path into homelessness.
- The role of the worker.

Who should attend this workshop?

- Youth SAAP Workers
- Youth Housing and Youth Refugee Workers
- Youth SAAP Family Reconciliation Workers
- Youth Homelessness Workers
- Youth Workers

For more information please contact Mandy Baxter on (03) 8625 4476 or email mbaxter@mcm.org.au

WOMEN'S NETWORK GRAMPIANS - WOMEN'S FORUM

Wednesday 19th March 2008
Doherty Ballarat Lodge - 613 Main Road Ballarat

Program

9.30am	Registration, Morning tea & Welcome
10.10am	Vision for Women's Services - Minister Maxine Morand, Minister for Women's Affairs, Victoria
10.50am	Women as Leaders - Ms Brenda Boland, Regional Director, Department of Human Services, Grampians Region
12.00pm	Lunch
1.30pm	Panel Discussion - Women as Senior Leaders - The Hard Decisions
3.30pm	Concluding comments
3.45pm	Afternoon tea and close

To book contact Women's Health Grampians on (03) 5332 9477.

WALKTOBER - WALK TO SCHOOL IN 2008

After the success of last year, VicHealth will once again be running Walktober Walk to School in 2008.

The date for this year is Wednesday 22nd October 2008.

The aim is to make schools and other key players aware of this date as early as possible so they may place this date in their calendars and have ample time to plan for the event.

Information packs on this event will be sent to every Primary School in August/September 2008.

Any queries on Walktober can be directed to Serrin Cooper at VicHealth on (03) 9667 1354.

Visit the VicHealth website at www.vichealth.vic.gov.au

SCHOLARSHIPS AVAILABLE FOR YOUNG INDIGENOUS AUSTRALIANS

Robert Riley Scholarships supports Aboriginal and Torres Strait Islander Australians in pursuit of studies in the fields of law, legal practice, human rights, child protection, criminology and criminal or juvenile justice.

Four scholarships of up to \$5,000 each will be awarded to Aboriginal and Torres Strait Islander Australians aged 25 years or under for the pursuit of studies.

An additional two Sydney-based Robert Riley Scholarships of up to \$5,000 each, will be awarded in 2008 by a partnership between the Lord Mayor Clover Moore MP Salary Trust and The Foundation for Young Australians.

Applications are now open and close on the 4th of February 2008.

Further information and application forms are available at: www.youngaustralians.org or call (03) 9670 5436.

GETTING RID OF ANY OLD COMPUTERS?

Want to see them go to better use than landfill? 'Horsham Community Action Centre Megabyte Community Computers Supplies Program' is on the lookout for recycled computer donations.

Megabyte volunteers rebuild secondhand computer and distribute them at low cost to people in the community who cannot otherwise afford one.

To date 50 computers have been distributed throughout Horsham and the Wimmera. For more information or to donate a computer please contact Eddie Hadzig on (03) 5381 2077.

GRIEF AND BEREAVEMENT WORKSHOP

Presented by Grampians Regional Palliative Care Team

Friday 7th March from 9.30am to 4.00pm at Ballarat Health Services

This workshop will explore the knowledge base and belief systems of the young through to the old, current loss and grief theories, how to be an effective clinician with the patients and community that you work with, and where you sit with your own grief.

For more information call (03) 5320 3553 or email bernadette@bhs.org.au

PRIMARY HEALTH WEEKLY BULLETIN - 24TH JANUARY 2008

The latest edition of the Primary Health Weekly Bulletin is now available at:
www.dhs.vic.gov.au/rrhacs/ph_bulletin/bulletin240108.htm

In this edition:

- Consumer, carer and community participation resource - Primary Health Branch and Health Issues Centre.
- Waiting list reduction funding 2006 - 2007 evaluation report.
- National work promising for e-referral.
- SCTT Revision - child and family project.
- Scholarships and grants for rural service practitioners.
- Practitioner workshop to trial Service Coordination Plan tool - interagency care planning.
- Rural Health Conference 2008.
- Victorian HACC Active Service Model seminar.
- 8th International Conference on Grief and Bereavement in Contemporary Society.
- Immunisation Seminar.

SHARED INTEREST GROUP MEETINGS

The Wimmera Primary Care Partnership supports workers to network and to share issues around their practice. The network includes counselling, welfare, emergency services, housing, with a current focus around drought.

Interested workers are welcome to attend the bi-monthly meetings.

First meeting of the year is this Friday 1st February at 10am at Grampians Community Health Centre, 25 David Street Horsham. For more information please call Donna on (03) 5362 1221.

FEEDBACK ON THE NEWSLETTER

This newsletter is intended to inform partners and community of a range of events and activities and news which may be relevant. In order to make this newsletter relevant and informative, it is important for the WPCP to receive your input and feedback. For example, have you found the newsletter useful? Do you have any suggestions for future editions? Please email, telephone or fax comments/suggestions or if you wish to unsubscribe to WPCP Admin.

Email: pccadmin@gchc.org.au

Telephone: (03) 5362 1222 Facsimile : (03) 5382 4687

Wimmera PCP Diary Dates

February

1st	10am	Shared Interest	
13th	12.45pm	Chronic Disease Reference Group	
14th	TBA	PCP Executive Meeting	12.30pm HP Network Meeting

For further important dates please visit our website at

www.wimmerapcp.org.au

Wimmera Primary Care Partnership Office

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