



# Wimmera Primary Care Partnership

## PCPs Strengthening Partnerships

Sustainable collaborations - building resilient communities  
ADVANCE NOTICE

### Regional Workshops 2008

Facilitators Colin Pidd and Marie Larkin - BTLi Consulting

#### AIM

The one day workshops aim to build on the strengths of each PCP in its collaboration journey, to make each partnership work even better.

The purpose is to support PCP leaders in bringing together people and processes to respond to local priorities with greater confidence and skill.

The emphasis is on building sustainable relationships, where trust between all parties is paramount.

The workshops will draw on current literature and examples of partnership excellence from at home and abroad and real case studies to explore issues such as:

- Establishing genuine shared purpose.
- Accountability clarity.
- Managing changes in a multi-organisation environment.
- Encouraging innovative practice.
- Influencing without direct control.
- Balancing long term objectives against short term imperatives.
- Brining new partners on board.
- Managing political/bureaucratic realities.
- Partnering with communities.

#### TARGET AUDIENCE

PCP member agencies, potential new PCP members, PCP Executive Officers/staff and relevant DHS Regional staff.

TOWNS	DATES	TIME
Horsham	12th May 2008	9.30am to 4.30pm
Ballarat	13th May 2008	9.30am to 4.30pm

For further information please contact John Koopmans on (03) 5333 6020 or email [john.koopmans@dhs.vic.gov.au](mailto:john.koopmans@dhs.vic.gov.au)

#### Meet Our Members

- Access For All Abilities
- Community AXIS
- Dunmunkle Health Services
- Edenhope & District Memorial Hospital
- Goolum Goolum Aboriginal Co-op
- E.W. TIPPING FOUNDATION
- Co-Operative Grampians Community Health Centre
- Harrow Bush Nursing Centre
- Hindmarsh Shire Council
- Horsham Rural City Council
- Horsham Regional Arts Association
- Salvation Army Family Services
- Karkana Support Services
- Rural Northwest Health
- Murtoa & District Neighbourhood House
- University of Ballarat
- WestVic Division of General Practice
- West Wimmera Health Service
- West Wimmera Shire Council
- Wimmera Southern Mallee LLEN
- Wimmera Regional Sports Assembly
- Wimmera Uniting Care

- Wimmera Health Care Group
- Wimmera Hearing Society
- Womens Health Grampians
- Wimmera Volunteers
- Hopetoun & District Neighbourhood House
- Yarraambiack Shire Council
- YMCA, Horsham Aquatic Centre

## THE INAUGURAL AMREP WORLD HEALTH DAY SYMPOSIUM

Monday 7th April 2008, from 8.30am to 5pm

Research supporting policy and practice in low-income countries

Keynote speakers:

Professor Tony McMichael, Director, National Centre for Epidemiology and Population Health,  
Australian National University

Dr Clement Malau, Secretary of Health, Papua New Guinea

The symposium will bring together researchers, practitioners and policy-makers from academia, research institutes, government agencies and NGOs, to exchange experiences, case-studies and ideas on the links between research and improving health program effectiveness and policy in developing countries.

The program will include:

- Plenaries on climate change and health and strengthening district health systems.
- Parallel sessions on (1) sexual and reproductive health, including adolescent sexual health, male sexual health, and reproductive health rights, and (2) healthy ageing and non-communicable diseases.
- A poster competition on climate change and health for students.

This symposium is hosted by the AMREP\* Global Health Research Consortium.

General registration \$100 inc gst. ACFID members \$50 inc gst. Students and AMREP staff FREE.

For registration enquiries please contact (03) 9282 2274 or email [andrea@burnet.edu.au](mailto:andrea@burnet.edu.au)

\*The Alfred Medical Research and Education Precinct comprises Monash University, the Burnet Institute, the Baker Heart Research Institute, Bayside health, La Trobe University and Deakin University. For more information contact [www.amrep.org.au](http://www.amrep.org.au)

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## DEEP LISTENING: WORKING WITH INDIGENOUS MENTAL DISTRESS

Professional Development Workshop  
9am to 5pm on Thursday 31 January 2008  
Gasworks Theatre  
21 Graham Street, Albert Park.

Mental health and other professionals inexperienced at working with Indigenous clients struggle with the limits of their cultural awareness, with language barriers and with the historical legacies of mistrust and misunderstanding.

Cultural competency is more than sharing a joke. So what is it? And how can psychologists, doctors and others acquire it?

This workshop is suited for Indigenous and non-Indigenous health workers, carers, teachers and lecturers, government staff and anyone interested in betterment of their Indigenous relations.

Workshop facilitators: Dennis McDermott is a Koori psychologist, academic & poet with 25 years experience in Indigenous social, spiritual and emotional well-being.

Di Gabb is a psychologist and educator, developing and delivering professional development programs for mental health and welfare personnel.

To register and pay online please visit [www.stkildafestival.com.au](http://www.stkildafestival.com.au) or call (03) 9209 6777.

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## GRAMPIANS REGION - SCHOOL FOCUSED YOUTH SERVICE

### Regional Priorities - Brokerage Funding 2008

The School Focused Youth Service (SFYS) will have brokerage funds available in 2008. Funding is available for projects that enhance opportunities for children/young people, between the ages of 10 and 18 years, who have been assessed as vulnerable or in need of additional assistance to remain connected to their school or community.

The Regional Advisory Group has identified regional priorities for young people accessing the School Focused Youth Service during 2008. Those priority areas reflect current service gaps across the Grampians Region and reflect the Department of Education and Early Childhood Development (DEECD), Catholic Education Officer (CEO) and Department of Human Services (DHS) priority areas.

These priorities will assist schools and community service organisations to develop brokerage-funded projects that are in accordance with the aims and objectives of the SFYS program.

#### The SFYS Program aims to:

- Decrease the risk of young people further developing behaviours that lead to self harm.
- Enhance young people's connection to schools, family, peers and or the community.
- Facilitate collaborative structures and improve linkages between school/education sectors and the relevant youth and community services to support young people displaying at risk behaviours.

#### Within the context of these aims the Regional Advisory Group invites projects that will address the following:

- Socially and geographically isolated students and young people.
- Students and young people living within areas of severe hardship such as drought and bushfires.
- Students and young people living in extreme poverty with limited access to resources.
- Indigenous students and young people.
- Students and young people where mental health is an issue in the family; from culturally and linguistically diverse backgrounds; with a physical, social or intellectual impairment; with low self-esteem or a negative body image; and with limited social and recreational opportunities.

If you are interested in applying for brokerage funding, or in receiving an information package and application form, please contact either Irene Padarcic on (03) 5338 4547, email [irenep@bchc.org.au](mailto:irenep@bchc.org.au) or Jenny Jones on (03) 5337 3369, email [jjones@cafs.org](mailto:jjones@cafs.org) to discuss your proposal. Alternatively, application forms are available electronically on the SFYS website.

#### Please note:

- The closing date for applications is Friday 14 March 2008 and that the selection panel will not consider late applications.
- That brokerage projects must be consistent with the funding criteria (as outlined in Section 3 of the "Guide to Applying for SFYS Brokerage").

SFYS Program Guidelines are available at [www.sfys.infoxchange.net.au](http://www.sfys.infoxchange.net.au)

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## HALLS GAP BEST PRACTICE DAY & MINI CONFERENCE APRIL 2008

Halls Gap Best Western Colonial Motor Inn has been booked for Tuesday and Wednesday April 29th and 30th 2008 for the Best Practice Day & Regional HACC Coordinators conference with a focus on managing medications in the community.

Nominations for the organising group would be great appreciated—for more details contact Karen Walsh on (03) 5334 1550 or email [hacced@bdnh.com.au](mailto:hacced@bdnh.com.au)

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## MUTUAL SUPPORT - SELF HELP GROUP

First meeting 21st January 2008

GROW provides support and direction for people who are overwhelmed by problems and painful life experiences, eg. Depression, grief, loneliness, anxiety, nervous breakdown, family problems and relationship breakdown. GROW also provides a friendly and supportive environment for ongoing personal growth.

GROW groups are free, voluntary, anonymous, confidential, non-denominational and are run by their own members. No referrals needed, just come along!

You'll be with people who truly care....want to share..... and really know how to help!

Mondays  
12.30 to 2.30pm  
At Youth Room  
Horsham Uniting Church,  
10 Pynsent Street  
(enter via side gate off carpark)

For further information please contact the GROW Community Centre on 1800 558 268

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## SERVICE MAPPING TOOLS

The Primary Health Branch has a number of tools to facilitate enhanced service planning:

- Profile of Community Health services across Victoria 2006 available at:  
[www.health.vic.gov.au/communityhealth/downloads/profile\\_chs.pdf](http://www.health.vic.gov.au/communityhealth/downloads/profile_chs.pdf)
- Directory of all CHP funded services and service sites available at:  
[www.health.vic.gov.au/communityhealth/downloads/community\\_health\\_funded\\_services.xls](http://www.health.vic.gov.au/communityhealth/downloads/community_health_funded_services.xls)
- Regional dental maps and projected populations available in Improving Victoria's Oral Health (2007) at: [www.health.vic.gov.au/dentistry/publications/improve\\_oralhealth.htm#download](http://www.health.vic.gov.au/dentistry/publications/improve_oralhealth.htm#download)

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## SERVICE COORDINATION TOOL TEMPLATES (SCTT) REVISION 2009: PROJECT UPDATE

The second revision of the SCTT and the VSRF are well underway. The purpose of revising the SCTT and VSRF is to continuously improve their use by practitioners and their changing practices and to better meet the needs of a broader range of consumers. A November project update is available on the DHS website and should be read in conjunction with the SCTT 2009 Fact Sheets 1 and 2 which are also located on the DHS website:  
[www.health.vic.gov.au/pcps/coordination/sctt2009/index.htm](http://www.health.vic.gov.au/pcps/coordination/sctt2009/index.htm)

**Don't forget how you can make suggested changes:** There are three ways you can provide input to the SCTT 2009 revision and these changes must be in by 30 April 2008 either through the:

- Electronic feedback form,
- Representatives on the advisory groups or reference groups,
- Consultation stages for each of the major projects.

For more information go to:

[www.health.vic.gov.au/pcps/coordination/sctt2009/index.htm](http://www.health.vic.gov.au/pcps/coordination/sctt2009/index.htm)

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## BEULAH MOOVERS AND SHAKERS



Seventeen people participated in the first walk at the launch of the Beulah 'Moovers and Shakers' program on Tuesday 27th November 2007.

The 'Moovers and Shakers' project is a partnership between the Wimmera Primary Care Partnership and the Wimmera Regional Sports Assembly and has grown from the initial concepts and development of 'Willing Walkers', 'Walking Wimmera Program' and the 'COW Program'.

The aim of Moovers and Shakers is to capitalize on these advances and encourage people of all ages to engage in an accessible and fun walking program.

The Beulah Moovers and Shakers will be leaving from the Beulah Campus of Rural Northwest Health every Tuesday morning at 9.30am and will go for a walk around the town. For more information contact Sue Sanford or Sue Forsyth at the Campus.

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## FLINDERS HUMAN BEHAVIOUR AND HEALTH RESEARCH UNIT POST GRADUATE STUDY OPPORTUNITIES

FHBHRU offer a Graduate Certificate in Health (Self-Management), 4 topics totally 18 units and a Graduate Diploma in Chronic Condition Management, 8 topics totally 36 units. These programs are offered online across Australia.

Core topics for these programs include:

- Managing Chronic Conditions/ The Flinders Model.
- Perspectives on Chronic Disease Management.
- The Patient Experience of Self-Management.
- Community and Systems Change for Chronic Condition Management.
- Organisational Change for Chronic Condition Management.

Students from a variety of professional backgrounds such as nursing, physiotherapy, pharmacy and NGO support that have undertaken these programs have reported gaining a significant understanding of the issues, the system, organisational culture and what needs to happen to improve services to address the growing burden of chronic conditions.

Both of these courses are Commonwealth supported at present within the University which means that students will receive substantial savings on fees, when ordinarily they are full fee paying post graduate courses.

For more information visit:

[http://som.flinders.edu.au/FUSA/CCTU/postgraduate\\_programs.htm](http://som.flinders.edu.au/FUSA/CCTU/postgraduate_programs.htm)

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## TRAINING BASED ON HACCC RESOURCE MANUAL

Horsham - Grains Innovation Centre, Natimuk Road  
13th March from 9.30am to 4pm

Fiona McLean senior dietician at BHS has developed this training based on the resource manual produced by the HACCC program which includes:

- Nutritional risk screening and monitoring.
- Nutrition and health issues including wound healing and oral health.
- Assessment of food and nutrition issues.
- Dietary principles and problems.
- How dieticians can assist.

Copies of the resource manual and tools will be provided. Suitable for coordinators, assessment workers, allied health and district nurses from all HACCC services, including food services. Experienced staff will benefit as well as newer staff. No charge.

For more details contact Karen Walsh on (03) 5334 1550 or email [hacced@bdnh.com.au](mailto:hacced@bdnh.com.au)

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## HORSHAM AQUATIC CENTRE, YMCA—VACATION CARE PROGRAM

14th January 2008 - 25th January 2008 (6 to 12 year olds)

Activities include: Art Attack, Gymnastics, Soccer and Touch Footy, Games and Movies, Healthy Kids & Cooking, Basketball and Netball, Tenpin Bowling and Tennis, Swimming and much more.

For more information contact (03) 5382 2576

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### FEEDBACK ON THE NEWSLETTER

This newsletter is intended to inform partners and community of a range of events and activities and news which may be relevant. In order to make this newsletter relevant and informative, it is important for the WPCP to receive our input and feedback. For example, have you found the newsletter useful? Do you have any suggestions for future editions? Please email, telephone or fax comments/suggestions or if you wish to unsubscribe to WPCP Admin.

Email: [pccadmin@gchc.org.au](mailto:pccadmin@gchc.org.au)

Telephone: (03) 5362 1222 Facsimile : (03) 5382 4687

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### Wimmera PCP Diary Dates

**January 2008:**

**No HP or Executive meetings during January 2008**

For further important dates please visit our website at [www.wimmerapcp.org.au](http://www.wimmerapcp.org.au)

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### Wimmera Primary Care Partnership Office

25 David Street, Horsham 3400. Post address: PO Box 442, Horsham VIC 3402

Phone: 5362 1222 Fax: 5382 4687

**Mandi Stewart** - Executive Officer [mandi.s@gchc.org.au](mailto:mandi.s@gchc.org.au) 0428144812, 5362 1223

**Geoff Witnitz** - Agency Liaison Officer [geoff.w@gchc.org.au](mailto:geoff.w@gchc.org.au)  
0428358672, 5362 1225

**Donna Bridge** - Agency Liaison Officer [donna.b@gchc.org.au](mailto:donna.b@gchc.org.au)  
0429174763, 5362 1221

**Carolyn Russell** - Project Officer [carolyn.r@gchc.org.au](mailto:carolyn.r@gchc.org.au)  
0428 553 735, 5362 1224

**Kellie Uytdehaag** Admin Assistant [pccadmin@gchc.org.au](mailto:pccadmin@gchc.org.au)

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