



Wimmera Primary Care Partnership

Wimmera Primary Care Partnership Member Agencies

Access for all



Abilities

Benetas



Community Axis



Dunmunkle Health Services



Edenhope & District Memorial Hospital



Goolum Goolum Aboriginal Co-operative



Grampians



Community Health Centre

Harrow Bush Nursing Centre



Hindmarsh Shire Council



Hopetoun & District Neighbourhood House



Horsham Rural City Council



Horsham Regional Arts Association



Karkana Support Services



Murtoa & District Neighbourhood House (SLAAM)



Rural Northwest Health



Salvation Army Family Services



University of Ballarat



West Vic Division of General Practice



West Wimmera Health Service



West Wimmera Shire Council



Wimmera Health Care Group



MAKING A DIFFERENCE: CHILD ORAL HEALTH IN THE WIMMERA

Tuesday 24th June 2008

2.30pm arrival - 3pm start - 5pm finish

Grains Innovation Park, Natimuk Road Horsham

We want to hear YOUR ideas about how to improve the oral health of children! In 2006 a forum was held to identify ideas and strategies to improve oral health in the Wimmera.

The Helen McPherson Smith trust subsequently provided funding to develop an understanding of the context, systems and experiences within which we need to work to improve child oral health in rural Victoria. We would like to share the findings of this work with you and identify initiatives and options for a way forward for rural Victoria.

Speakers will include:

Prof Elizabeth Waters - The McCaughey Centre: VicHealth Centre for the Promotion of Mental Health & Community Wellbeing, Murdoch Children's Research Institute.

Mrs Carolyn Russell - Wimmera Primary Care Partnership

Assoc Prof Mark Gussy - La Trobe University, Murdoch Children's Research Institute

Dr Rob Grenfell - Westvic Division of GP's - Natimuk Surgery

RSVP to Elisha Riggs at eriggs@unimelb.edu.au or call 8344 0911

Local contact: Carolyn Russell at carolyn.r@gchc.org.au or phone 5362 1224

NEW WIMMERA PCP MEMBERS

The Wimmera Primary Care Partnership would like to welcome:

Wimmera HUB

As new members to our now 32 member partnership.

Wimmera Hearing Society



Wimmera HUB



Wimmera Regional Sports Assembly



Wimmera Southern Mallee LLEN



West Wimmera Health Service



Wimmera Uniting Care



Wimmera Volunteers



West Wimmera Shire Council



Women's Health Grampians



Woomelang District Bush Nursing Centre



Wimmera Health Care Group



Yarriambiack Shire Council



YMCA, Horsham Aquatic Centre



PROMOTING CONTINENCE IN PEOPLE WITH DEMENTIA

Presented by Jenne Perlstein - Alzheimer's Association of Victoria

Horsham - Wed July 2nd, 2 - 5pm
Grains Innovation Centre, Natimuk Road

Ballarat - Thu August 14th, 12.30 - 3.30pm
Ballarat Learning Exchange, 36 Camp Street

Content includes:

- How dementia affects continence.
- Using a problem-solving approach towards toileting and continence.
- Practical strategies to help the person with dementia remain continent.
- Focus on continence issues specific to people with dementia.
- Opportunities to discuss specific continence issues.

Target: Suitable for CCWs, nursing staff and continence advisers working with clients in-home, day centres and residential services. (Attracts 3 Continuing Nursing Education (CNE) points).

Fee: HACC staff \$5.50, non-HACC staff \$33, includes afternoon tea at Horsham and light lunch at Ballarat.

Inquiries to hacked@bdnh.com.au or phone 5334 1500

DEMENTIA INFO FOR CUSTOMER SERVICE STAFF

Presented by Jenne Perlstein, Alzheimers Association of Victoria

Horsham - Thu July 3rd, 9 - 11am
Grains Innovation Centre, Natimuk Road

Ballarat - Thu August 14th, 9 - 11am
Ballarat Learning Exchange, 36 Camp Street

Content includes:

- Understanding dementia and its impact.
- Communication strategies; techniques to maximise communication opportunities and minimise frustration.

Target: Suitable for Customer service staff who work with people with dementia at reception or on the phone.

Fee: HACC staff \$5.50, non-HACC staff \$33, includes morning tea

Inquiries to hacked@bdnh.com.au or phone 5334 1500

PARTNERSHIPS IN HEALTH - ON THE RADIO

Monday Mornings from 11am to 12pm - "Partnerships in Health" with Wimmera PCP

3HHH - 96.5FM - Horsham Community Radio

If any partnership agencies would like to come on the radio and talk about Health Information/ Projects etc please call Donna on 5362 1221 or email donna.b@gchc.org.au

SPORTS TRAINERS WORKSHOPS

Want to help skill your club's first aid personnel or simply refresh your own skills?
Learn Massage treatment and lend a helping hand at your local club?
Assist the athletes and participants at your club to a healthy recovery?
Learn Basic Trainers techniques that will assist you for life?
Sessions can be used as modules towards Level 2 Accreditation.

Sunday July 13th, 2008

Horsham Fire Station, Hamilton Street Horsham

Morning session 9am to 12noon:

- Introduction to advanced taping techniques include: wrist, hand, elbow and forearm, shoulder and arm, knee, foot, ankle and leg.

Afternoon session 12.30pm to 5.30pm:

- Basic theory and practical application of sports and remedial massage.
- Benefits of Massage and its effect on blood flow.
- Massage techniques.
- Benefits of massage in athletic preparation and recovery.

Fee: \$55 for advanced taping, \$90 for sports massage, \$120 for both courses. Please bring pen and paper and cheques should be made out to Sports Medicine Australia.

For a registration form please contact Wimmera Regional Sports Assembly n 5382 4599.

FREE SEMINAR ON CARBON OFFSETS, CARBON SEQUESTRATION, CARBON NEUTRAL AND CARBON FOOTPRINTS

What do you know about these terms?
How do they impact on you?
What can you do to reduce their effects?

Nhill Environmentally Wise Town Project Working Group invites you to a FREE seminar aimed at answering these questions in simple terms.

Keynote speaker:

Ms Ginny Forrest - Private Forestry, Industry Development Officer,
Department of Primary Industries

Cast Study:

Mr Don McKenzie, Jeparit

Special guest:

Ms Lily D'Ambrosio, Parliamentary Secretary for Community Development

Wednesday 18th June, 2008 at 6pm

Nhill Senior Citizens Clubrooms, Campbell Street

Free BBQ available

RSVP for catering purposes to Hindmarsh Shire Council on 5391 1811
or email pking@hindmarsh.vic.gov.au

FIRST EVER NATIONAL MEN'S HEALTH POLICY

The Rudd Government will develop Australia's first ever National Men's Health Policy - in recognition of the fact that men often have poorer health than women, are likely to die earlier, and are at greater risk of suicide.

To mark the start of International Men's Health Week, Minister for Health Nicola Roxon is launching the paper "Setting the scene: developing a men's health policy for Australia".

As an initial down payment on a broader approach, the Government will invest:

- \$460,000 to help prevent suicide in men, through the National Suicide Prevention Strategy.
- \$95,000 to encourage men to see their GP.

Men's Health is too often overlooked. This comes at a cost. We know that:

- Men are expected to live 4.8 years less than women.
- Men are three times more likely to commit suicide.
- Men experience 70% of the burden of disease related to injury.
- Men are over-represented in deaths related to HIV/AIDS.

The health of Indigenous men is also significantly worse than for any other group in Australia, with an average life expectancy of only 59 years - some 20 years less than non-Indigenous Australian males.

The Government's decision to develop a National Men's Health Policy recognises that men have specific health needs and challenges.

The funding for the National suicide Prevention Strategy will include:

- \$122,000 for the Men's Health Information and Resource Centre Men's Shed, University of Western Sydney.
- \$80,000 for the Toowoomba Older Men's Network (TOMNet);
- \$150,000 for OZHelp Tasmania, a workplace program; and
- \$117,000 for INCOLink in Victoria to undertake suicide prevention with apprentices in the building and construction industry.

Funding of \$95,000 will be provided to the Royal Australian College of General Practitioners to help establish the "Would you pass a Roadworthy" campaign - to encourage men to see their GP for preventive health checks.

Men's health deserves attention. Over the next 12 months, the Government will develop a comprehensive men's health policy. We want to know what men consider to be the priorities for their health, and we want to look at how we can build up the evidence base in this area, including opportunities for research over the long term.

Prostate cancer is now the most commonly diagnosed internal cancer in Australia, with more than 15,000 cases diagnosed each year. Prostate cancer is also the second leading cause of cancer death in Australian men, with almost 3,000 dying of prostate cancer in 2005.

Australian men also have the second highest rate of bowel cancer in the world and the government has responded by expanding the National Bowel Cancer Screening Program at a cost of \$87.4 million over three years.

A copy of the paper on the development of a National Men's Health Policy can be found at www.health.gov.au/menshealthpolicy

LIQUOR LICENSING & FIRST STEPS SPORTING CLUBS SEMINAR

23rd June from 7 - 9.30pm

Horsham Sports and Community Club, Baillie Street

Presenters: Colin Mann - "First Steps" Trainer
Colin Renton - Police Inspector
Ian Fechner - Good Sports Officer with the Wimmera Regional Sports Assembly

Cost details: \$10 for each club participant - any more than 2 members per club have FREE entry

Subsidised by the GOOD SPORTS PROGRAM

Topics covered:

Understanding your liquor Licence	Legal responsibilities.
Club rules.	Duty of care/server liability.
Underage issues—binge drinking and what is the Hotel, Club and Police Accord?	Intoxication.
Non member functions/limited licences.	'Signing in' requirements.

Benefits of attending:

Qualifies licensees for First Steps training (legal requirement for all Licensees)
Potential legal problems avoided.
Getting the most out of your licence.
Opportunity to ask questions of Police, Liquor Licensing trainer and Good Sports questions about your club licence.
Increased confidence in handling licensing issues.
Increased knowledge of issues around alcohol abuse in the club environment.
Large financial and travel saving if club requires First Steps training.

RSVP by 23rd June to Wimmera Sports Assembly on 5382 4599

OHS SEMINAR WITH WORKSAFE VICTORIA

Wednesday 25th June 2008 at 6pm
CFA Meeting Room

Business Nhill invites you to this seminar. Topics Include:

Overview of the OHS Act 2004
Responsibilities of Employers
Responsibilities of Employees
Future Directions and Trends in OHS

Followed by a brief presentation from Wimmera Safety Group on Activities, events and membership benefits.

Business Nhill Members Free, Non members \$5

RSVP for catering purposes to Robins Ag Service on 5391 1144

PRIMARY HEALTH WEEKLY BULLETIN

The latest edition of the Primary Health Weekly Bulletin is now available at:
www.dhs.vic.gov.au/rrhacs/ph_bulletin?src+email&id=120408

In this edition:

- New Domestic Violence Initiative for Nurses and Aboriginal Health Workers in General Practice.
- Strengthening care for children with a life-threatening condition: a policy for health, palliative care, disability, children's services and community care providers 2008-2015.
- The role of parents in the prevention of alcohol-related harm among young people.
- Free seminar - Alcohol and young people: the role of parents.

ST LUKE'S TRAVELLING TOOLSHED

Hosted by SAAP Children's Resource Program

Information on the program can be found at: www.innovativeresources.org/training/index.html

19th & 20th June, 9.30am to 4.30pm

Department of Primary Industries - Barkly Street Ararat

Cost: HAS \$100, other services \$220

RSVP to Leeanne Nicholson on 5337 2726 or email lnicholson@unitingcareballarat.com.au

FEEDBACK ON THE NEWSLETTER

This newsletter is intended to inform partners and community of a range of events and activities and news which may be relevant. In order to make this newsletter relevant and informative, it is important for the WPCP to receive your input and feedback. For example, have you found the newsletter useful? Do you have any suggestions for future editions? Please email, telephone or fax comments/suggestions or if you wish to unsubscribe to WPCP Admin.

Email: pcpadmin@gchc.org.au

Telephone: (03) 5362 1222 Facsimile : (03) 5382 4687

Wimmera PCP Diary Dates

June				
12th	12.30pm	Health Promotion Bus Tour	3:30pm	PCP Executive Meeting
18th	12.45pm	Chronic Disease Reference Group		
19th & 20th		Michelle Bridges in Horsham		
July				
10th	12.30pm	HP Meeting - DHS Evaluation of Integrated HP Strategy		
23rd	11.30am	Diabetes Working Group Meeting	1pm	Chronic Disease Meeting

For further important dates please visit our website at www.wimmerapcp.org.au

Wimmera Primary Care Partnership Office

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