



Wimmera Primary Care Partnership

Meet Our Members

- Access For All Abilities 
- Community AXIS 
- Dunmunkle Health Services 
- Edenhope & District Memorial Hospital 
- Goolum Goolum Aboriginal Co-Operative 
- E.W.TIPPING FOUNDATION 
- Grampians Community Health Centre 
- Harrow Bush Nursing Centre 
- Hindmarsh Shire Council 
- Horsham Rural City Council 
- Horsham Regional Arts Association 
- Salvation Army Family Services 
- Karkana Support Services 
- Rural Northwest Health 
- Murtoa & District Neighbourhood House 
- University of Ballarat 
- WestVic Division of General Practice 
- West Wimmera Health Service 
- West Wimmera Shire Council 
- Wimmera Southern Mallee LLEN 
- Wimmera Regional Sports Assembly 
- Wimmera Uniting Care 

WORKING WITH GENERAL PRACTICE: DHS POSITION STATEMENT AND RESOURCE GUIDE

The Working with General Practice: DHS Position Statement and Resource Guide are primarily developed for a departmental audience, and secondarily, to serve as a valuable guide for State-funded agencies and the general practice sector.

The Position statement articulates our vision for a strengthened collaborative interface and highlights opportunities to further align State and Commonwealth agendas.

The Resource guide provides practical information for departmental staff looking to ensure that general practice is consulted with and engaged in various state health initiatives.

Copies of the documents are available by contacting GP Partnerships Team on 9096 2897 or emailing anna.brazier@dhs.vic.gov.au Alternatively, documents are available for download from www.health.vic.gov.au/communityhealth/gps/position_statement.htm

DRUG AWARENESS FORUM

The West Wimmera Health Service is privileged to have been provided with the opportunity to share with the parents and students of our Communities the expertise of professionals from the **Victorian Police Crime Department**: in a Drug Awareness Forum.

Thursday May 29th, 2008

Day Session: 10.30am to 12noon

Nhill Community Centre

A BBQ lunch will be provided—BYO Drinks

Evening Session: 7pm—Supper Provided

Drugs are an issue within our community—it is therefore, the aim to have an accurate picture of drug usage and its effects within the community presented.

RSVP to Ange McCartney or Megan Nossack on 5391 4225 (for catering purposes)

-  Wimmera Health Care Group
-  YMCA, Horsham
-  Womens Health Grampians
-  Wimmera Hearing Society
-  Wimmera Volunteers
-  Hopetoun & District Neighbourhood House
-  Yarriambiack Shire Council

RELAXATION MASSAGE AND AROMATHERAPY

Sunday 25th May 2008

From 9.30am to 4.30pm - HUB Theatre
Fee \$97 (Conc. \$85) - Tutor Gary Bilson

This one day workshop will cover aromatherapy, massage techniques (both relaxation and remedial), trigger point therapy and an introduction to myofascial release.

Participants will be taught the benefits and uses of aromatic oils through massage, vaporization and blending. Massage techniques will be taught covering relaxation and remedial with emphasis placed on specific techniques covering neck, shoulder and back pain. The workshop will also cover trigger point therapy, which makes reference to referred pain patterns and its principals of application.

Garry the tutor is a qualified masseur, who has been teaching massage for many years throughout Victoria. He has worked as a masseur for the AFL and Women's Golf Australia. Please bring 3 towels and a pillow to class. BYO Lunch.

CENTRAL HIGHLANDS COMMUNITY LEGAL CENTRE FREE LEGAL ADVICE

20 minute consultations with a lawyer are available at Grampians Community Health Centre,
Wimmera Street, Stawell.

For an appointment please call 1800 466 488

Appointment dates are:

1st Monday of month
1.30pm to 4.30pm

May 5th, June 2nd, July 7th,
August 4th, September 1st,
October 6th, November 3rd,
December 1st.

4th Thursday of month
9.00am to 12 noon

May 22nd, June 26th, July 24th,
August 28th, September 25th,
October 23rd, November 27th.

FAMILY VIOLENCE INTEGRATED RESPONSE SEMINAR

The Magistrates' Court of Victoria and the Courts and Tribunals Unit
Are pleased to present, to the Grampians Region the
Family Violence Integrated Response Seminar

13th June 2008 from 10.30am to 3.00pm
Registration and tea and coffee at 10.15am
Red Poppy Function Room, Ararat RSL
74-76 High Street, Ararat

With speakers from the Ballarat Court, Victoria Police, D & M Lawyers
and Child and Family Services Ballarat

RSVP by the 5th of June, 2008 to:
Loren Matheson - Ballarat Law Courts
Phone: 5336 6200 or 5336 6240
Email: loren.matheson@justice.vic.gov.au

COMMUNITY CONECTOR MENTORING AND MENTEE PROGRAMS

The Horsham Community Connector Program is a newly created position aimed to support people with a disability aged 15 - 20 years to link into opportunities offered in their local community. The position is funded by DHS and located at the Horsham Community Action Centre.

The objective of the program is to identify and equip local people as mentors who will voluntarily spend time with referred people with a disability. Mentors will support mentees to identify interests, aspirations and opportunities in the local community.

Mentors

Do you have one or two hours you could give to a young person each week, fortnight or month? Do you work or volunteer in our community? This could be your way to give some hope and share your experience with a young person with a disability!

If this sounds like you, please give Doug Ritchie a call on 5381 2077 or 0431 574 928, or email doug@hcac.com.au or attend the information session being held at Horsham Community Action Centre on **Thursday 22nd May** at 7.30pm

Mentees

Do you think this program could benefit a young person you know? There are limited spots for the first round of this pilot program and positions will be filled in order of target group priority.

To find out more or refer a clients please contact Doug either by phone or email.

Reconciliation Week

27th May ~ 3rd June, 2008

Watch for local events -

WHEELCHAIR SPORTS VIC - GET THE BOWL ROLLING

People with a physical disability are encouraged to come and try lawn bowls.

Wednesday 28th May 2008

Warracknabeal Lawn Bowls Club

9am: Disability Awareness Session

10am: 'Try Bowls' Session

12noon: Light refreshments

For more information please contact Rachel on 5382 4599 or email aaa@wrsa.org.au

2008 BROKERAGE FUNDING

2008 applications close June 6th, September 5th and November 7th

SFYS - Grampians Region Regional Advisory Group Regional Priorities 2008

The Regional Advisory Group (RAG) has identified regional priorities for young people accessing the School Focused Youth Service during 2008. These priority areas reflect current service gaps across the Grampians Region and reflect the Department of Education and Early Childhood Development (DEECD) and Department of Human Services (DHS) priority areas.

These priorities will assist schools and community service organisations to develop brokerage funded projects that are in accordance with the aim and objectives of the SFYS program.

The SFYS Program aims to:

- Decrease the risk of young people further developing behaviours that lead to self harm.
- Enhance young people's connection to schools, family, peers and/or the community.
- Facilitate collaborative structures and improve linkages between school/education sectors and the relevant youth and community services to support young people displaying at risk behaviours.

The Regional Advisory Group invites projects that will address the following:

- Socially and geographically isolated students and young people.
- Students and young people living within areas of severe hardship such as drought and bushfires.
- Students and young people living in extreme poverty with limited access to resources.
- Indigenous students and young people.
- Students and young people where mental health is an issue in the family.
- Students and young people from culturally and linguistically diverse backgrounds.
- Students and young people with a physical, social or intellectual impairment.
- Students and young people with low self-esteem or a negative body image.
- Students and young people with limited social and recreational opportunities.

The Grampians Region SFYS RAG reserves the right to revise regional priorities when there are exceptional circumstances.

Please note that brokerage projects must be consistent with the funding criteria (as outlined in section 3 of the "Guide to Applying for SFYS Brokerage"), and that this document is provided as supporting material to the SFYS Program Guidelines 2003 that are available at www.sfys.infoxchange.net.au

To access further information or discuss project ideas please contact Susan Griffiths, Wimmera School Focused Youth Service Coordinator on 5362 4016 or email susang@wimmera.unitingcare.org.au

PROMOTING PHYSICAL ACTIVITY FOR ALL ABILITIES

June 11th - Treasury Theatre, Melbourne

This forum will examine evidence of need and benefit to promoting physical activity for people with disabilities. The program will draw on relevant research findings, case studies, example programs, and resources. This includes evidence of how sport, recreation and fitness can better engage people of all abilities.

To register please visit www.vicfit.com.au/fitness/DocLib/ib/DocLibDetail.asp?IngDocLibID=391

FAMILY VIOLENCE FORUM FROM AN INDIGENOUS PERSPECTIVE

3rd June 2008

Ashley Ricketson Centre, Caulfield General Medical Centre

Everything you need to know but are afraid to ask.....

The Family Violence from an Indigenous Perspective Forum aims to better inform and equip mainstream service providers in the Inner South East on how to best to respond to family violence concerning Indigenous clients and communities.

Chaired by Mikael Smith the forum will explore:

- Common Myths and Anxieties
- Housing and Refuge
- Indigenous Family Violence strategy
- Child Protection
- Drug and Alcohol
- Health

To register email Naomi Prior at nprior@ischs.org.au

JOIN THE YOUNG PEOPLE DIRECT MINISTERIAL COMMITTEE—APPLY NOW

Nominations are now open for membership on the YPD Committee!

The YPD Committee will be made up of a group of 16 young people, aged 16 to 25 years from across Victoria.

Members of the committee will:

- Provide advice to the Minister for Youth Affairs on youth-related issues. This advice will be based on both individual experience and on consultation with other young people. The Minister and the Committee can both raise issues for discussion.
- Provide advice on youth issues to Government. This may involve providing consultation on youth-related issues to government departments and programs, and advocating across Government on youth needs and issues.
- Undertake other projects and activities, as agreed by the YPD committee and the Minister.

More information and application forms are available at www.youthcentral.vic.gov.au

DREAMTIME BALL

The Essendon Football Club will reinforce its commitment to the community with the staging of the inaugural Dreamtime Ball - an evening of entertainment that will also raise funds to assist Indigenous Australians.

Saturday 31st May 2008 from 7pm to Midnight
Crown Palladium Ballroom
\$185 all inclusive

Young Divas Performing Live, Local Indigenous Performers
MC Aaron Pederson

For availability of tickets please contact 9230 0390

FREE MEN'S HEALTH RESOURCES

Andrology Australia has free resources available for events or displays to be held during International Men's Health Week 2008 (June 9th to 15th).

To order resources online for International Men's Health Week 2008, visit the Andrology Australia website www.andrologyaustralia.org.au All resources are available at no cost.

By ordering resources, you can also enter the Andrology Australia International Men's Health Week competition. You and two mates could WIN a trip to Melbourne to play a round of golf with Andrology Australia's Ambassador Merv Hughes!

To enter the competition visit the website listed above.

PRIMARY WEEKLY HEALTH BULLETIN

The latest edition is now available at
www.dhs.vic.gov.au/rrhacs/ph_bulletin/bulletin150508.htm?src+email&id=150508

In this edition:

- Care Planning Project Phase 2
- Scholarships available for Vic nurses to become Pap Test Providers
- The Heart Foundation Local Government Awards 2008 - now open

FEEDBACK ON THE NEWSLETTER

This newsletter is intended to inform partners and community of a range of events and activities and news which may be relevant. In order to make this newsletter relevant and informative, it is important for the WPCP to receive your input and feedback. For example, have you found the newsletter useful? Do you have any suggestions for future editions? Please email, telephone or fax comments/suggestions or if you wish to unsubscribe to WPCP Admin.

Email: pcpadmin@gchc.org.au

Telephone: (03) 5362 1222 Facsimile : (03) 5382 4687

Wimmera PCP Diary Dates

June				
12th	12.30pm	Health Promotion Meeting	3pm	PCP Executive Meeting
18th	12.45	Chronic Disease Reference Group		
19th & 20th		Michelle Bridges in Horsham		

For further important dates please visit our website at
www.wimmerapcp.org.au

Wimmera Primary Care Partnership Office

25 David Street, Post address: PO Box 501, Horsham VIC 3402

Phone: 5362 1222 Fax: 5382 4687

Mandi Stewart - Executive Officer

mandi.s@gchc.org.au
0428144812, 5362 1223

Donna Bridge - Agency Liaison Officer

donna.b@gchc.org.au
0429174763, 5362 1221

Bindy McDonell-Lees - Heatwave Project Officer

bindy.m@gchc.org.au
0458 208 833, 5362 1226

Jan Hall - Project Officer

janet.h@gchc.org.au

Geoff Witnitz - Agency Liaison Officer

geoff.w@gchc.org.au
0428358672, 5362 1225

Carolyn Russell - Project Officer

carolyn.r@gchc.org.au
0428 553 735, 5362 1224

Kellie Uytdehaag Admin Assistant

pcpadmin@gchc.org.au
5362 1222