

November 6th, 2008



Wimmera Primary Care Partnership

- Wimmera Primary Care Partnership Member Agencies**
- Access for all Abilities 
 - Benetas 
 - Community Axis 
 - Dunmunkle Health Services 
 - Edenhope & District Memorial Hospital 
 - Goolum Goolum Aboriginal Co-operative 
 -  E.W. TIPPING FOUNDATION
 - Grampians Community Health Centre 
 - Harrow Bush Nursing Centre 
 - Hindmarsh Shire Council 
 - Hopetoun & District Neighbourhood House 
 - Horsham Rural City Council 
 - Horsham Regional Arts Association 
 - Karkana Support Services 
 - Murtoa & District Neighbourhood House (SLAAM) 
 - Rural Northwest Health 
 - Salvation Army Family Services 
 - University of Ballarat 
 - West Vic Division of General Practice 
 - West Wimmera Health Service 
 - West Wimmera Shire Council 
 - Wimmera Health Care Group 

LIFE! TAKING ACTION ON DIABETES & LIFESTYLE MODIFICATION PROGRAM

WEDNESDAY 3 DECEMBER at 11.30am

Grampians Community Health Centre, 25 David St, Horsham.

This session will provide more information to services on:

- What the programs are
- Training
- Reimbursement to health services who offer these programs
- How the programs fit with what health services already offer
- Eligibility and referral

The session will provide clear and useful information to services and generate discussion on how we can work together to deliver in our region. Representatives from Diabetes Australia and the Lifestyle Modification Program will be available to answer our queries.

HORSHAM WALKING GROUP

Are you interested in regular walking but need motivation?

The Wimmera Regional Sports Assembly is seeking expressions of interest for a Horsham based walking group. Register your interest with PICSAR Manager Kelly Hobbs on 5382 4599 or email kelly@wrsa.org.au.

REMEMBRANCE DAY

All Victorians are requested from the Department of Premier and Cabinet to observe unless impracticable, one minutes silence at 11am on Tuesday 11th November to remember the sacrifice of those who died or otherwise suffered, in Australia's cause in wars and war like conflicts.

ACTIVE TRANSPORT GOES TO THE CITY....

Last week Donna Bridge from Wimmera PCP attended meetings in Melbourne with DHS and took the Active Transport bike along with her. She parked the work car in Brunswick and rode into the city on the bike....now how's that for keen!

Wimmera Hearing Society



Wimmera HUB



Wimmera Regional Sports Assembly



Wimmera Southern Mallee LLEN



Wimmera Uniting Care



Wimmera Volunteers



Women's Health Grampians



Woomelang District Bush Nursing Centre



Yarriambiack Shire Council



YMCA, Horsham Aquatic Centre



A WALK BACK IN TIME - PART 2

Brought to you by Wimmera Landcare and Barengi Gadjin Land Council
In association with Wimmera CMA & Waterwatch Wimmera

Community Heritage River Walk
Sunday November 23rd

Meet at Ebenezer Mission Car Park (Mission Rd off Dimboola Rainbow Road)
9am start - lunch provided

Concludes 3pm at the Tarranyurk Bridge, return bus to Ebenezer & Dimboola

Register with Wimmera CMA on 5382 1544

For further information visit www.wcma.vic.gov.au

SINGING LEADERS GATHERING

Saturday November 22nd from 10am to 4.30pm
In the St Arnaud Town Hall

Facilitated by Fay White and Jane Thompson

Who is it for? People who lead singing in their community - in cottages, choirs, classrooms, clubs, churches or cafes - and people who would like to.

What is the aim? To connect singing leaders and singing enthusiasts in the region. To refresh leaders with new songs, ideas, skills, resources and connections. To consider establishing a regional network of singing leaders.

This day is also open to school teachers who sing with their classes (or would like to).

Cost: \$15 - includes light lunch.

Register: With Jane on 5472 3382 or email jane@makingmusic.com.au

Travel subsidy available if you are coming more than 50km.

CHANGING PEOPLES PERSPECTIVES ON DRYNESS REPORT

The Minister for Agriculture, Fisheries and Forestry, Tony Burke, has released the Expert Social Panels report on its assessment of the social impacts of drought on farm families and rural communities.

The Report says that there should be a new national approach to living with dryness rather than dealing with drought; that Governments should focus future policy on facilitating the social wellbeing of farm families, rural businesses and communities to improve their capacity to live with dryness; and better social outcomes are most likely to give better economic and environment outcomes.

The Report is available at: www.daff.gov.au/agriculture-food/drought/national_review_of_drought_policy/social_assessment/dryness-report

RISK ASSESSMENT AND RISK MANAGEMENT - TRAINING UPDATE

The Victorian Government has contracted Swinburne University, in partnership with the Domestic Violence Resource Centre Victoria and No To Violence to undertake the design, development and delivery of the common approach to family violence risk assessment and risk management Training Program.

Following extensive consultation with the sector and key stakeholders, development of six training programs and resource materials is now almost complete. These are based on the Family Violence Risk Assessment and Risk Management Framework and also address particular issues for CALD and Indigenous groups and clients with a disability.

Expressions of interest are now open for regionally based training.

In round 1 our region has been offered:

- Comprehensive Risk Assessment and Trainer Training.
- Preliminary Risk Assessment.

Further training sessions will be provided in your region for Round 2 and 3 between February and June 2009.

For more information contact Jeanine Jones on 5358 7400 or email jeanine.j@gchc.or.au. Or contact Jeannine Le Vaillant on 5337 3333 or email jlevaillant@cafs.org.au

THE MUNICIPAL RATE SUBSIDY (MRS) HAS BEEN EXTENDED

The MRS has been extended to 2008/09. The MRS provides eligible farmers who receive Exceptional Circumstances Relief Payments from Centrelink with subsidies of up to 50% on their municipal rates and charges.

Farmers wishing to claim the subsidy must present all evidence required to confirm their eligibility at the time and rates are paid.

Residents of Ararat Rural City can contact: Gayle Walls on 5355 0209

Also

Rural Financial Counsellors are available to help you with your application, they are FREE and confidential, your local contact is Greg Lowe, Rural Financial Counsellor, Rural Financial Counselling Service Victoria - Wimmera South West on Mobile: 0408 347 000, Phone 5573 0941 and email rfsvhamilton_2@bigpond.com

FaHCSIA TRAINING FOR EMERGENCY RELIEF WORKERS

Two day accredited course in general emergency relief work. A wide range of topics are included that are relevant to anyone working in Emergency Relief agencies, particularly volunteers.

Thursday 6th & Friday 7th November
Shire Hall, Barkly Street, Ararat

Contact: Maayan Adler (FaHCSIA) on 8626 1251 or email maayan.adler@fahcsia.gov.au

IMPROVING CARE FOR ABORIGINAL AND TORRES STRAIT ISLANDER PATIENTS - METROPOLITAN BEST PRACTICE FORUM

Wednesday 12th November 2008 - 9.30am to 4pm
Education Room, Koorie Heritage Trust, 295 King Street Melbourne

Items on the day:

- Discussion panel - 'closing the gap' in Indigenous Health outcomes.
- ICAP Resources Project - overview.
- ICAP Resources Kit - small group workshops.
- Discussion panel - improving patient journeys: the highs, the lows and next steps.
- Practice workshops - patient journeys.

For more information on the forum please contact Raelene on 9288 3437.

MEN'S ROLE IN PREVENTING MEN'S VIOLENCE AGAINST WOMEN

Thursday 20th November 2008 - From 9.30am to 2pm
Jasper Hotel, 489 Elizabeth Street, Melbourne
Cost: \$20

What is the role of men in addressing men's violence against women?

Professor Bob Pease, Chair of Social Work at Deakin University, asks this question in his recently published paper, Engaging Men in Men's Violence Prevention: Exploring the Tensions, Dilemmas and Possibilities.

He finds that the involvement of men in violence against women prevention movements has become institutionalized in the philosophies and policies of many international organisations. He notes some of the complexities and pitfalls of men's involvement in men's violence prevention and advocates some key principles for engagement of men in this area.

Professor Pease will address his paper at the forum. He will raise questions and encourage debate about the impact of increasing men's involvement in campaigns to end men's violence against women.

Professor Pease will be joined by a panel of experts from the field who will respond to issues raised in the paper.

To book your place at the forum email Haley.Clark@aifs.gov.au or phone 9214 7878.

ORAL HEALTH PROMOTION CLEARING HOUSE

An online Oral Health Promotion Clearinghouse has been designed to foster the development and implementation of effective prevention and oral health promotion strategies. The goal of the Clearinghouse is to link people and organisations involved in oral health promotion to resources and expertise in Australia.

For further information, please visit www.adelaide.edu.au/oral-health-promotion/

PRIMARY HEALTH WEEKLY BULLETIN - 6 NOVEMBER

The latest edition of the Primary Health Weekly Bulletin is now available at:
www.dhs.vic.gov.au/rrhacs/ph_bulletin/nocache?serc=email&id=061108

In this edition:

- How integrated health promotion can influence acceptance of sexual diversity in rural areas.
- NURSE-ON-CALL annual newsletter.
- The Beyond homophobia survey.
- National primary health care strategy discussion paper.
- Feedback on inclusive practice guidelines.
- 2009 Loddon Mallee Allied Health Conference - call for papers.

'GO FOR YOUR LIFE' NEWSLETTER

The November edition of the 'Go for your Life' subscriber newsletter is available online at:
www.goforyourlife.vic.gov.au/gfylnews

In this issue:

- A sure bet at the races.
- Pack your snacks with fruit and veg!
- Go west for the games.
- Find your way to a healthier lifestyle.
- Get on your bike for cystic fibrosis.
- What's happening in November

CARING FOR A LOVED ONE WITH AN EATING DISORDER WORKSHOP

Saturday 6th and Sunday 7th December

In the Caring for a Loved One with an Eating Disorder: Carer Support Workshop, Gill Todd (Clinical Nurse Leader for Eating Disorders) will share her in-depth knowledge and experience to help participants build better coping strategies and communication techniques.

Participants will learn how to understand the changes in their loved one, the importance of maintaining interpersonal relationships, and the power of role modeling and resilience.

This is a unique chance, particularly for parents and partners of people with an eating disorder, to gain practical knowledge, insight, understanding and skills to make a profound difference in the treatment and care of a loved one with an eating disorder.

Full details of this workshop, including registration form, are available at www.eatingdisorders.org.au and if you have any questions please contact 9885 0318 or email edfv@eatingdisorders.org.au

INDOOR HOCKEY COMPETITION

Indoor Hockey competition starting 27th November from 5.30pm to 7.30pm—Thursday nights.

Finishes February 26th with a break for Christmas.

All ages and experience welcome sticks provided. Come and try at Horsham Lanes and Games Every Thursday night from 6-7pm. Call Ryan on 5384 8231 for more information.

'MOTIVATION FOR LIFE' from LISA

Do you really know what you're made of?

It's easy to stay true to our values when life is sunny. But because sometimes hope disappears, options run out, and bright days can turn dark, all you can really count on to be there is your own inner strength.

These low points are chances to learn what you're capable of when you refuse to be knocked down for good. You may not be able to choose your hardships or options. But you do have the power to face what you're given with high character.

Trust yourself and your instincts, and your best will come forward. Think about the last time you had the choice to fold under pressure or to rise to the occasion. How might you have handled it a little differently? If there's room for improvement, what actions would have made you more proud of yourself?

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FEEDBACK ON THE NEWSLETTER

This newsletter is intended to inform partners and community of a range of events and activities and news which may be relevant. In order to make this newsletter relevant and informative, it is important for the WPCP to receive your input and feedback. For example, have you found the newsletter useful? Do you have any suggestions for future editions? Please email, telephone or fax comments/suggestions or if you wish to unsubscribe to WPCP Admin.

Email: pcpadmin@gchc.org.au

Telephone: (03) 5362 1222 Facsimile : (03) 5382 4687

Wimmera PCP Diary Dates

November				
11th	10am	Community of Practice Meeting - Community Development @ Golf Club		
	2pm	Wimmera Drought Network Meeting @ Golf Club		
13th	12.30pm	HP Network Meeting	3.30pm	PCP Executive Meeting
17th & 18th		Partnership Conference in Melbourne		
December				
3rd	11.30am	Diabetes Lifestyle Program Meeting @gchc.		
	1pm	Chronic Disease Reference Group Meeting		
5th	10am	Wimmera PCP Partnership Breakup @ Mt Arapiles		
11th	10am	PCP Planning - Integrated Community Health Plan @ Golf Club		

For further important dates please visit our website at
www.wimmerapcp.org.au

Wimmera Primary Care Partnership Office

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