
























September 15th, 2008



Wimmera Primary Care Partnership

Wimmera Primary Care Partnership Member Agencies

- Access for all 
- Abilities 
- Benetas 
- Community Axis 
- Dunmunkle Health Services 
- Edenhope & District Memorial Hospital 
- Goolum Goolum Aboriginal Co-operative 
- E.W. TIPPING FOUNDATION 
- Grampians Community Health Centre 
- Harrow Bush Nursing Centre 
- Hindmarsh Shire Council 
- Hopetoun & District Neighbourhood House 
- Horsham Rural City Council 
- Horsham Regional Arts Association 
- Karkana Support Services 
- Murtoa & District Neighbourhood House (SLAAM) 
- Rural Northwest Health 
- Salvation Army Family Services 
- University of Ballarat 
- West Vic Division of General Practice 
- West Wimmera Health Service 
- West Wimmera Shire Council 
- Wimmera Health Care Group 

STATE-WIDE SERVICE COORDINATION SURVEY

Feedback reports of the state-wide service coordination survey are now available. A state-wide report as well as individual reports on participating agencies have been received. Reports will be sent to the nominated contact.

The feedback reports form part of continuous quality improvement and will assist identifying areas of service coordination practice that require further development and targeted effort.

A total of 203 PCP member agencies responded to the survey, 10 in WPCP catchment. The majority of the respondents represent core PCP members such as local government, metropolitan and rural health services, district nursing and community health. Local NGO, family support, disability support and palliative care agencies also submitted responses, indicating a broadening of the PCP membership.

The overall results indicate mature levels of service coordination implementation in most of the areas covered by the survey. This is an indication of the impact of seven years of service system reforms led by PCP's.

Particular areas of consistent practice includes obtaining client consent for disclosure of information, response to urgent and routine referrals, monitoring clients between referrals and providing referral feedback. These areas are vital to achieve efficient sharing of client health and care information, effective coordination of services and preventing clients from 'slipping between the gaps'.

If you wish to know more please contact Geoff Witmitz at WPCP on 5362 1225.

Sexual Health Resource - AVAILABLE FOR LOAN

Everything you need to know about sexual health and young people, all on the one CD.

Use for service providers, youth workers, health or education professionals. Available for loan from WPCP or for your own copy, contact Family Planning Victoria Resource Centre on (03) 9257 0416 or visit www.fpv.org.au/index_old.html

Wimmera Hearing Society



Wimmera HUB



Wimmera Regional Sports Assembly



Wimmera Southern Mallee LLEN



Wimmera Uniting Care



Wimmera Volunteers



Women's Health Grampians



Woomelang District Bush Nursing Centre



Yarriambiack Shire Council



YMCA, Horsham Aquatic Centre



2008 AWAKENINGS FESTIVAL LAUNCH

In the spirit of being active and participation, the 2008 Awakenings Festival launch will be taking a walking bus tour, on:

Wednesday September 17th at 5pm
From 28 Urquhart Street, Horsham

The launch will provide an innovative and exciting insight into being a participant at the Awakenings Festival and fulfilling your dreams.

Please RSVP to the Awakenings Office your interest on 5382 1919.

TRAINING SCHOLARSHIPS FOR PRACTICE NURSES ARE NOW OPEN

There are 520 continuing professional development (CPD) scholarships of \$1,500 and 20 postgraduate scholarships of \$10,000.

Nurses can apply for CPD scholarships for courses relating to topics such as immunisation, pap testing, medication endorsement, wound management, asthma or diabetes educator courses.

Information is available from the Australian Practice Nurse Associate website and applications can be found here: <http://www.apna.asn.au/displaycommon.cfm?an=1&subarticlenbr=104>

For more information, please contact Steve Webster on 9614 7777 or email steve.webster@apna.asn.au

RIRDC Rural Women's Awards 2009 ~ Nominations open

The RIRDC Rural Women's Award celebrates rural women and their contribution to primary industries. It gives rural women the chance to discover their strengths and build a greater capacity to contribute to primary industries and rural Australia.

Here's a chance to further your own professional development, to make a difference and to inspire others. You could become one of seven State and Territory winners, all in the running for the title of Australian RIRDC Rural Women's Award 2009 Winner.

This is a life changing Award which will open up a positive and powerful network of like minded women across the nation, who are passionate about primary industries and rural Australia.

A Bursary of \$10,000 for each State and Territory winner will support you in developing your leadership capacity to make an impact in your chosen field and industry. Each State and Territory winner AND runner up will also have the opportunity to attend the Australian Institute of Company Directors' Course. The Course provides a unique opportunity, not just in developing your knowledge of business, but in the friendships and networks of like minded women you will meet over the program.

For further information visit www.ruralwomensaward.gov.au

THE WORLD'S GREATEST PRAM STROLL

This event targets mums, dads and families to demonstrate the importance of social interaction and draws attention to the issues of social isolation and post natal depression.

National event to be held on 5th October.

For more information visit www.worldsgreatestpramstroll.com.au/

WIMMERA CANCER TRANSPORT PILOT PROJECT

A Transport assistance program for people living in the Wimmera region.

The Wimmera Cancer Transport Assistance Pilot Program is an initiative of Grampians Integrated Cancer Services (GICS), supported by Wimmera Volunteers to highlight cancer patients living in the Wimmera region. Currently not eligible for financial assistance for travel costs under existing schemes. Information collected will highlight gaps in current transport assistance programs.

Am I eligible for the cancer transport assistance program?

Assistance is available for chemotherapy patients living in the Wimmera region who travel between 20 and 100km, one way to access cancer treatment appointments at Wimmera Healthcare Group.

For more information contact Kylie Dare at Wimmera Volunteers on 5382 5607.

CLOSING DATE FOR ABSTRACTS THAT WILL MAKE A DIFFERENCE IN RURAL HEALTH

Closing date for abstracts that will make a difference in rural health.

The need to rectify the health imbalance between people living in rural and remote Australia and those in urban areas, involve communities in managing their health while celebrating successful rural service models, are among topics for discussion at the 10th National Rural Health Conference to be held in Cairns.

More than 1,000 delegates from the rural and remote health sector are expected to attend the event from 17-20 May 2009.

But, while the Cairns Convention Centre will undoubtedly be the place to be for health professionals and consumers next May, those keen to provide research reports, workshops or other papers are reminded that 3 October 2008 is the closing date for receipt of abstracts.

“There is much to commend the five key themes selected for discussion at this important biennial event. The organising Committee expects a bumper crop of original material from authors by the closing date, which will allow us to make suitable selections for an exciting and informative program”, said Conference Convener, Owen Allen.

Authors are reminded that abstracts relating to previously unpublished work should run no longer than 400 words. In a high demand environment, the abstracts are the basis on which the review panel will choose one paper over another.

Abstracts should clearly communicate a summary of the new and significant material intended for presentation. Authors who intend to make a submission are invited to visit the www.ruralhealth.org.au website and click on the 10th National Rural Health Conference panel for fuller particulars.

WALK TO SCHOOL - 22ND OCTOBER 2008

A state-wide event to get primary school aged children and their families walking to school.

VicHealth encourages Primary Schools to get involved.
For more information visit www.vichealth.vic.gov.au/walktober

THE PINK DINNER

Wednesday 1st October 2008
Horsham Town Hall at 6.30pm

The night includes:

A sumptuous three course meal prepared by a team of top local chefs.
Champagne, wine, beer, soft drink, tea and coffee.
'The Jokers' performing live swing and funky jazz.
Fashion parade featuring spring race wear.

Guest speakers who will share their story of survival and living with breast cancer.
Raffle, gifts and mystery prizes.

Tickets: \$80 per person - tables of ten with limited individual tickets available

Available from Time to Splurge, 81 Pynsent Street Horsham. Phone 5382 7799.

All proceeds to the National Breast Cancer Foundation

Wartook Spring Market Day

Spring Market Day - Wartook Pottery
Sunday 28th of September
10-3pm

Stall Holders Welcome
For all enquires phone Wendy McInnes
W 53 836 243 H 53836220

Health Professional Network Forum ~ 19th November

Kids 'Go for your life' are holding a Health Professional Network Forum in November.

When: Wednesday 19th November, 2008

Venue: The Tracy Centre 126 The Avenue, Parkville

Time: 10am – 4pm (Registration from 9.30am)

Ø This forum's theme will be Move, Play and Go - promoting active play for children.

Ø A range of discussions, case studies and workshops will be delivered during the day.

A formal invitation and program will be sent shortly, please mark the date in the diary!

Any queries to Kerry McCasker, kerry.mccasker@cancervic.org.au or Ph: 9635 5639

SAFE TALK

Monday 10th November from 1pm to 5pm

Education Resource Centre, Ballarat Health Service

Facilitator: Anne Watson MHPO - CAMHS

Cost: \$16.50 - includes a light lunch, refreshments and materials.

SafeTALK is a half-day presentation to increase suicide alertness. This program alerts community members to signs that a person may be considering suicide. It acknowledges that while most people at risk of suicide signal their distress and invite help, these intervention opportunities are often overlooked. Participants learn to recognise when someone may have thoughts of suicide and to respond in ways that link them with further suicide intervention help.

For more information on this program or to RSVP please call Anne Watson on 5320 3030 or email anew@bhs.org.au

VULNERABLE YOUTH FRAMEWORK DISCUSSION PAPER

Regional Consultation with YACVIC

Wednesday 17th September from 10.30am to 2pm

Lunch provided.

Ballarat: Eureka Room, DEECD, 109 Armstrong Street North, Ballarat
Video Links to Ararat and Horsham

Horsham: Education Regional Office, Cnr Urquart & McLachlan Streets

Ararat: Ararat Community College, Barkly Street, Ararat.

Why: The Vulnerable Youth Framework Discussion paper is a key strategic and policy document, developed by DPCD, DHS, DEECD and Police.

Currently the paper is open for discussion, from 1 September to 30 September 2008. There are a series of forums being run across the State, with key stakeholders invited. The closest government forum for the Grampians region is Swan Hill, 12th September.

YACVIC, the Youth sector peak body, have agreed to hold a regional consultation forum here in Ballarat, with video links to Ararat and Horsham. This is an opportunity to contribute to the development of this policy framework, and it would be terrific if the Grampians Youth Sector is well represented.

The document to read can be found at:

www.cyf.vic.gov.au/data/assets/pdf_file/0003/251733/vyfdiscussionpaperweb2.pdf

Please print and read in colour if possible.

If you have any queries or to RSVP please call Maryanne Ross on 5327 2817.

Wimmera Online Physical Activity Directory

Find an Activity or Register your club or Organisation or activity

www.sportlink.org.au/wimmera

The Wimmera's guide to Physical Activity

'MOTIVATION FOR LIFE' from LISA

How Your Body Influences Your Emotions

There is an undeniable link between feeling healthy and feeling happy!

When was the last time you had the flu, a migraine, or heartburn and felt joyful at the same time? While many of us would agree that there is a relationship between our internal workings and our feelings of happiness, many of us don't take active steps toward living a healthy, positive life.

How can we meet our goals when our body isn't feeling up to par? Tiredness, aches and pains, and feeling under the weather can all be big hindrances to our goals.

It is very important that we nourish our bodies with adequate amounts of the right foods, condition ourselves to maintain and build strong bones and muscles, rest properly at night, and generally adhere to a healthy regimen if we expect to feel positive emotions.

The groundwork for all happiness is good health.

Leigh Hunt

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FEEDBACK ON THE NEWSLETTER

This newsletter is intended to inform partners and community of a range of events and activities and news which may be relevant. In order to make this newsletter relevant and informative, it is important for the WPCP to receive your input and feedback. For example, have you found the newsletter useful? Do you have any suggestions for future editions? Please email, telephone or fax comments/suggestions or if you wish to unsubscribe to WPCP Admin.

Email: pcpadmin@gchc.org.au

Telephone: (03) 5362 1222 Facsimile : (03) 5382 4687

Wimmera PCP Diary Dates

September				
11th	12.30pm	HP Meeting	3.30pm	PCP Executive Meeting
October				
9th	12.30pm	HP Meeting	3.30pm	PCP Executive Meeting
15th		Ride to Work Day		

For further important dates please visit our website at www.wimmerapcp.org.au

Wimmera Primary Care Partnership Office

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