

# Evidence-based Guidelines and Clinical Pathways for ICDM planning

## Fact sheet for Primary Care Partnerships

July 2008

**Incorporating evidence and science into clinical practice and everyday healthcare is a challenge which is assisted by the use of tools such as evidence-based guidelines and clinical pathways.**

This resource has been prepared to assist Primary Care Partnerships to plan their Integrated Chronic Disease Management initiatives. It identifies a range of existing guidelines and pathways which have been developed around a range of common chronic diseases.

### Diabetes

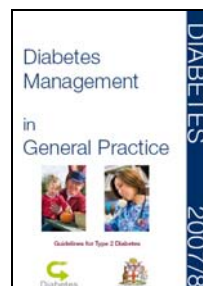
- Hypertension in Type 2 diabetes
- Case detection and Diagnosis
- Prevention of Type 2 diabetes
- Lipid Control in Type 2 diabetes
- Detection & Prevention of Diabetes Foot Problems
- Lipid Control in Type 2 Diabetes



Diabetes Australia and National Health & Medical Research Council (NH&MRC)  
**diabetesaustralia.com.au**

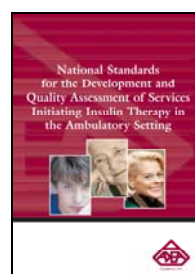
September 2004

- Diabetes Management in General Practice



Royal Australian College of General Practitioners and Diabetes Australia  
**racgp.org.au**

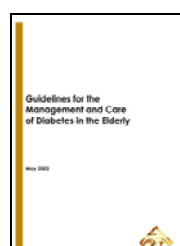
- Insulin initiation in the ambulatory setting



Australian Diabetes Educators Association  
**adea.com.au**

February 2004

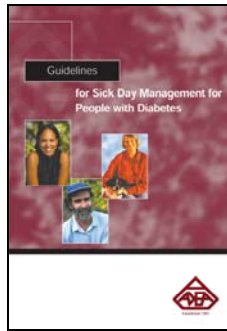
- Management and Care of Diabetes in the Elderly



Australian Diabetes Educators Association  
**adea.com.au**

November 2003

- Sick Day Management (Type 1 diabetes and Type 2 diabetes versions)



Australian Diabetes Educators Association  
**adea.com.au**

2006

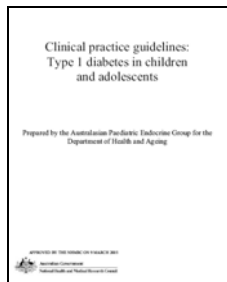
- Pregnancy (Gestational Diabetes and Pre-existing Diabetes)



Australasian Diabetes in Pregnancy Society  
**adips.org**

1998 and 2005

- Type 1 Diabetes in Children and Adolescents

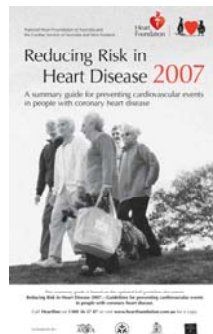


Australasian Paediatric Endocrine Group  
**apeg.org.au**

2005

## Cardiovascular Disease

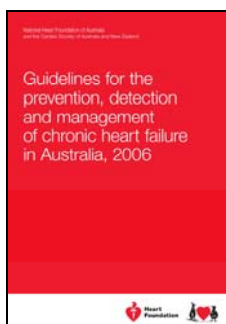
A Summary Guide for Preventing Cardiovascular Events in People with **Coronary Heart Disease**



National Heart Foundation of Australia & Cardiac Society of Australia and NZ  
**heartfoundation.com.au**

2007

Guidelines for the prevention, detection and management of **chronic heart failure** in Australia



National Heart Foundation of Australia & Cardiac Society of Australia and NZ  
**heartfoundation.com.au**

2006

**Lipid Management Guidelines**



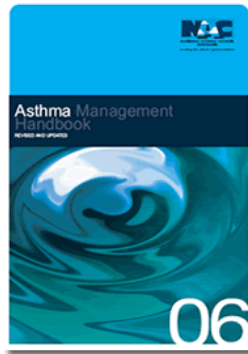
National Heart Foundation of Australia & Cardiac Society of Australia and NZ (endorsed by DAV, RACGP and others)  
**heartfoundation.com.au**

2001

# Chronic Respiratory Diseases

Asthma Management Handbook, includes:

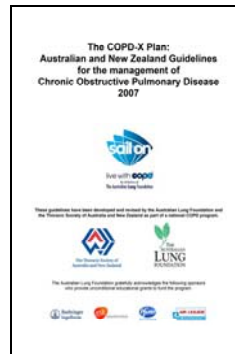
- Diagnosis in Adults, in children
- Ongoing care pathway
- Organising your practice for effective asthma management
- Asthma in the Elderly



National Asthma Council  
[nationalasthma.org.au](http://nationalasthma.org.au)

2006

The COPD-X Plan: Australian and New Zealand Guidelines for the management of Chronic Obstructive Pulmonary Disease



Australian Lung Foundation and Thoracic Society of Australia & New Zealand  
[copdx.org.au](http://copdx.org.au)

2007

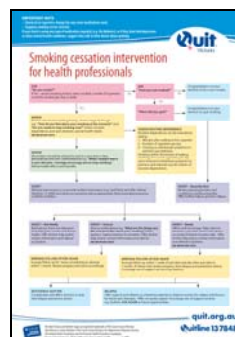
Pulmonary Rehabilitation Toolkit



Australian Lung Foundation  
[pulmonaryrehab.com.au](http://pulmonaryrehab.com.au)

2006

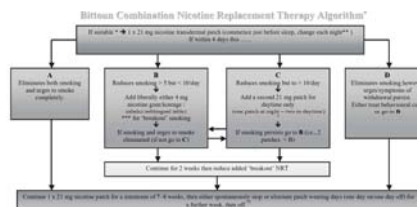
Smoking Cessation Intervention for Health Professionals (5As)



Quit Victoria  
[quit.org.au/downloads/5As\\_health\\_profes\\_web.pdf](http://quit.org.au/downloads/5As_health_profes_web.pdf)

2007

Combination Nicotine Replacement Algorithm for Hard-to-Treat Smokers



Journal of Smoking Cessation  
 Volume 1, Issue 1  
[www.atypon-link.com/AAP/loi/jsc](http://www.atypon-link.com/AAP/loi/jsc)

2006

Paediatric Asthma Management Plan

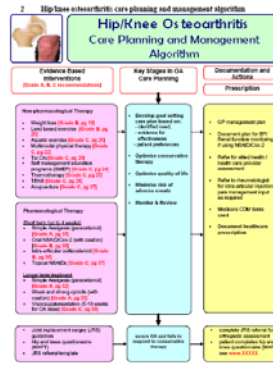


Monash University  
[med.monash.edu.au/paediatrics/resources/asthma.html](http://med.monash.edu.au/paediatrics/resources/asthma.html)

November 2004

# Musculoskeletal Conditions

## Hip or Knee Osteoarthritis Pathway (Final Draft)

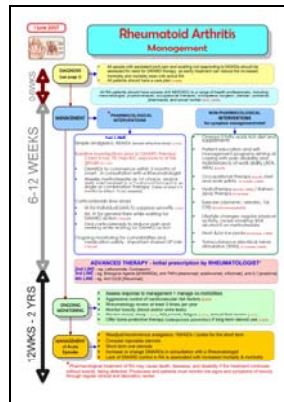


Royal Australian College of GPs  
[www.racgp.org.au/guidelines/musculoskeletaldiseases](http://www.racgp.org.au/guidelines/musculoskeletaldiseases)

developed by the Osteoarthritis Pathway Implementation Collaborative ([www.oapathway.org](http://www.oapathway.org)) endorsed by RACGP and NH&MRC

February 2008

## Rheumatoid arthritis guidelines and algorithms



Royal Australian College of GPs  
[www.racgp.org.au/guidelines/musculoskeletaldiseases](http://www.racgp.org.au/guidelines/musculoskeletaldiseases)  
 endorsed by RACGP and NH&MRC

February 2008

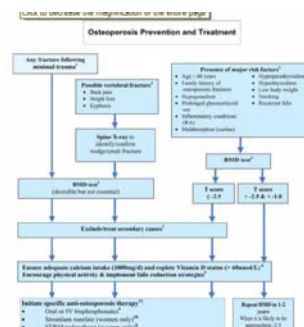
## Referral for Joint Replacement A Management guide for health providers



Royal Australian College of GPs  
[www.racgp.org.au/guidelines/musculoskeletaldiseases](http://www.racgp.org.au/guidelines/musculoskeletaldiseases)  
 endorsed by RACGP and NH&MRC

April 2007

## Osteoporosis Prevention and Treatment (Draft)



Royal Australian College of GPs  
[www.racgp.org.au/guidelines/musculoskeletaldiseases](http://www.racgp.org.au/guidelines/musculoskeletaldiseases)  
 endorsed by RACGP and NH&MRC

February 2008

## Further resources

- Cochrane Evidence-Based Policy Network: [www.cochrane.org.au/ebpnetwork/ebpnpublish/](http://www.cochrane.org.au/ebpnetwork/ebpnpublish/)
- National Health & Medical Research Council, Guidelines Development section: [www.nhmrc.gov.au/guidelines/](http://www.nhmrc.gov.au/guidelines/)
- National Institute of Clinical Studies: [www.nhmrc.gov.au/nics/](http://www.nhmrc.gov.au/nics/)