

## ROADMAP FOR PEOPLE LIVING WITH CHRONIC DISEASE ACROSS ALL SHIRES

|   |   |
|---|---|
| Relatively Healthy  | Prevention - Level 4                      |
| Some Risk of Deterioration  | Planned Managed Pro-Active Care - Level 3 |
| People with Chronic Disease and complex needs - at risk of hospitalisation or use hospitals | More Intensive Care - Level 2             |
| High Need – Frequent Hospital Visits  | Intensive Case Management - Level 1       |

### SERVICES ACROSS ALL SHIRES

|   |  |  |
|---|--|--|
| <b>ACAS – Aged Care Assessment Service</b>  | Ballarat Health Services 1800 200 422                            |  |
| <b>Aboriginal &amp; Torres Strait Islander Services - GP, Allied Health</b>         | Goolum Goolum Aboriginal Cooperative 5381 6319                   |  |
| <b>Counselling support, drug diversion, drink drive, men’s behaviour change etc</b> | Grampians Community Health 5362 1200                             |  |
| <b>Aged Care Services &amp; Support - over 65 &amp; 50 ATSI</b>                     | My Aged Care 1800 200 422  |  |
| <b>Counselling, family services, disability support, housing, finance program</b>   | Uniting Wimmera 5362 4000  |  |
| <b>Primary Health Network</b>   | Western Victoria PHN 5381 1759                                   |  |
| <b>Palliative Care/Wimmera Hospice Care</b>   | Wimmera Health Care Group 5381 9363                              |  |
| <b>HARP - Health Independence Programs – Complex Care Coordination</b>              | Wimmera Health Care Group 5381 9022                              |  |
| <b>Dementia Advisory Service</b>  | Under 65/50* Fax Referral 5381 9330 Over 65/50* MAC 1800 200 422 |  |
| <b>Women’s Health</b>   | Women’s Health Grampians 5322 4100                               |  |

| West Wimmera Shire  | Yarriambiack Shire  | Horsham Rural City   | Hindmarsh   | Service   |  |
|---|---|--|---|---|--|
| <b>Edenhope &amp; District Memorial Hospital</b> 5585 9800<br><b>Harrow Bush Nursing Centre</b> 5588 2000<br><b>West Wimmera Health Service</b> 5391 4222 (Goroke & Kaniva) | <b>Rural Northwest Health</b><br>(Warracknabeal, Beulah, Hopetoun) 5396 1278<br><b>West Wimmera Health Service</b><br>(Minyip, Murtoa & Rupanyup) 5363 0400 | <b>West Wimmera Health Service</b> (Natimuk) 5391 4222<br><b>Wimmera Health Care Group</b> (Horsham) 5381 9111 | <b>West Wimmera Health Service</b> (Jeparit, Nhill, Rainbow) 5391 4222<br><b>Wimmera Health Care Group</b> (Dimboola) 5389 1301 | <b>District Nursing Service</b>                                     |  |
|   |   |  |   | <b>Allied Health</b>  |  |
|   |   |  |   | <b>Other services</b>   |  |
| <b>West Wimmera Shire Council</b> 5585 9900   | <b>Yarriambiack Shire Council</b> 5398 0107   | <b>Horsham Rural City Council</b> 5382 9715<br><b>Wimmera Health Care Group</b> 5381 9391                      | <b>Hindmarsh Shire Council</b> 5391 4444<br><b>Wimmera Health Care Group</b> (Dimboola) 5381 9391                               | <b>LAHA – Living at Home Assessment – under 65 &amp; 50 ATSI</b>    |  |
| <b>West Wimmera Shire Council</b> 5585 9900   | <b>Yarriambiack Shire Council</b> 5398 0107   | <b>Horsham Rural City Council</b> 5382 9715  | <b>Horsham Rural City Council</b> 5391 4444   | <b>Home support/ personal care</b>                                  |  |
|   | <b>Woomelang &amp; District Bush Nursing Centre</b> 5081 2165   |  |   | <b>Bush nursing Centre, allied health, GP, home nursing level 2</b> |  |
|   | <b>Mallee Track Patchewollack</b> 5084 1213, <b>Murtoa</b> 5363 0400, <b>Rupanyup</b> 5385 5700, <b>Minyip</b> 5363 1200                                    |  |   | <b>Health Centre, social work/ counselling and GP services</b>      |  |

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| West Wimmera Shire   | Yarriambiack Shire   | Horsham Rural City   | Hindmarsh  | Service                     |  |
|--|--|--|--|-----------------------------|--|
| <b>Edenhope</b> 5585 1302, Goroke 5386 1360, <b>Kaniva</b> 5392 2723                             | <b>Warracknabeal</b> 5398 1270   | <b>Horsham</b> 5382 5707   | <b>Dimboola</b> 5389 1734<br>Nhill 5391 1684   | <b>Libraries</b>            |  |
| <b>Edenhope</b> 5585 1270, Goroke 5386 1156, <b>Harrow</b> 5588 2000, <b>Kaniva</b> 0403 139 186 | <b>Rupanyup</b> 0427 855 097,<br><b>Hopetoun</b> 5083 3408,<br><b>Warracknabeal</b> 5398 1742,<br><b>Minyip</b> 5385 7233, <b>Murtoa</b> 5358 2785, <b>Woomelang</b> 5081 2165,<br><b>Minyip Men's Matters</b> 5385 7422 | <b>Horsham</b> 5362 1225, <b>Natimuk</b> 0429 019 747  | <b>Nhill</b> 5391 2078, <b>Rainbow</b> 0438 313 052, <b>Kaniva</b> 0403 139 186, <b>Dimboola</b> 5397 2137 | <b>Men's Sheds</b>          |  |
| <b>Kaniva</b> 5382 2304  |  | <b>Salvation Army Family Services</b> 5382 1770  |  | <b>Salvation Army</b>       |  |
| <b>West Wimmera Shire Council</b> 5585 9900  | <b>Yarriambiack Leisure Complex</b> 5398 1246<br><b>Yarriambiack Shire Council</b> 5398 0107   | <b>Horsham Aquatic Centre</b> 5382 2576<br><b>Wimmera Regional Sports Assembly</b> 5382 4599 | <b>Nhill Swimming Pool</b> 5391 4444   | <b>Community services</b>   |  |
| <b>Harrow</b> 5588 2000, <b>Kaniva</b> 5392 2865   | <b>Hopetoun</b> 5083 3408, <b>Murtoa</b> 5385 2785, <b>Warracknabeal</b> 5396 1360,  | <b>Horsham</b> 5382 5352   | <b>Rainbow</b> 5395 1428, <b>Nhill</b> 5391 2196   | <b>Neighbourhood Houses</b> |  |

\*Under 65 or 50 for Aboriginal & Torres Strait Islander people and have a suspected or diagnosis of Younger Onset Dementia

\*Over 65 or 50 for Aboriginal & Torres Strait Islander people