

ROADMAP FOR PEOPLE LIVING WITH CHRONIC DISEASE in West Wimmera Shire

INTENSIVE CASE MANAGEMENT – LEVEL 1

High need – frequent hospital visits

ACAS – Aged Care Assessment Service - Grampians	Ph: 5320 3740
District Nursing Service	
Edenhope & District Memorial Hospital	Ph: 5585 9826
Goroke – West Wimmera Health Service	Ph: 5391 4222
Kaniva – West Wimmera Health Service	Ph: 5391 4222
Case Management Community Aged Care Packages	Ph: 5320 3740
Palliative Care/Wimmera Hospice Care	Ph: 5381 9363

MORE INTENSIVE CARE – LEVEL 2

At Risk of Hospitalisation – Community based care for people with chronic diseases and complex needs who use hospitals or are at risk of hospitalisation

Options for Care	Services	*Cost	Referral
Edenhope & District Memorial Hospital	District Nursing, allied health	\$ - \$\$	Ph: 5585 9800
Goroke – West Wimmera Health Service	District Nursing, allied health	\$ - \$\$	Ph: 5391 4222
Kaniva – West Wimmera Health Service	District Nursing, allied health	\$ - \$\$	Ph: 5391 4222
Harrow Bush Nursing Centre	District Nursing, allied health	\$ - \$\$	Ph: 5588 2000
West Wimmera Shire Council	Home Support	\$ - \$\$	Ph: 5585 9900
Community Support	See Level 4	-	
Goolum Goolum Aboriginal Coop	GP, Allied Health	Free	Ph: 5381 6319

Medicare Rebate: case conferencing home medicine review contribute to another providers care plan, monitoring & support for person with chronic disease. ATSI follow up after health.

PLANNED MANAGED PRO-ACTIVE CARE – LEVEL 3

Some Risk of Deterioration

Options for Care	Services	*Cost	Referral
Grampians Community Health	Counselling support, drug diversion	Free	Ph: 5362 1200 or elec
Edenhope & District Memorial Hospital	Community health, health promotion, day centre, counselling, diabetes management, allied health	\$ - \$\$	Ph: 5585 9800
Goroke – West Wimmera Health Service	Community health, health promotion, day centre, counselling, diabetes management, allied health	\$ - \$\$	Ph: 5391 4222
Kaniva – West Wimmera Health Service	Allied health, health promotion, day centre, counselling, diabetes management	\$ - \$\$	Ph: 5391 4222
Harrow Bush Nursing Centre	Health promotion, day centre, counselling	Free	Ph: 5588 2000
Goolum Goolum Aboriginal Coop	GP, allied health, counselling, free diabetes management supplies, podiatry	Free	Ph: 5381 4319

Medicare Rebate: Care planning (GPMP-TCA) & review – 75+ health assessment and 45-49 health check – contribute to another providers care plan – ATSI child/ adult/older person's health check – complete cycle of care for diabetes & asthma – home medicines review.

PREVENTION – LEVEL 4

Relatively healthy

Western Victoria Primary Health Network	Ph: 5381 1756	Women's Health Grampians	Ph: 5322 4100
Edenhope & District Memorial Hospital	Ph: 5585 9800	Goolum Goolum Aboriginal Co-op	Ph: 5381 6333
Community health, health promotion, physical activity, counselling, diabetes education		Gym program, fitness assessment, counselling, diabetes education	
Grampians Community Health	Ph: 5362 1200	Men's Sheds	
Alcohol/drug/tobacco programs; drink & drive education; counselling – generalist; men's behavioural change programs; gambler's help		Edenhope Men's Shed	Ph: 5585 9825
		Goroke Men's Shed	Ph: 5386 1104
		Harrow Men's Shed	Ph: 5588 1251
Harrow Bush Nursing Centre	Ph: 5588 2000	West Wimmera Health Service – Goroke & Kaniva	Ph: 5391 4222
Exercise programs, activity groups, visiting GPs & allied health, counselling, community lunches		Community health, health promotion, counselling, diabetes education	
West Wimmera Shire Council	Ph: 5585 9900	Rural & Remote Engagement RARE	Ph: 0408 542 177
Community services, home & community care		'talk to a mate' West Wimmera Outreach Worker	
Wimmera UnitingCare	Ph: 5362 4000	Libraries –	
Counselling; family services; disability support; housing and finance programs		Edenhope	Ph: 5585 1302
		Goroke	Ph: 5386 1360
		Kaniva	Ph: 5392 2723
Salvation Army – Kaniva	Ph: 5382 2304		

General Eligibility Criteria:

Hospital Admission Risk Program (HARP): at least one unplanned hospital visit in the last 12 months

Aged Care Assessment Service (ACAS): over 65

HACC Home Services: 65+ (frail aged) or disability 55+ ATSI

Case Management CAPS & EACH packages: requires ACAS approval through Benetas Wimmera Community Options, Villa Maria or St Laurence

Goolum Goolum Aboriginal Coop: recognised member of the local Indigenous community

Useful Contact Numbers:

Arthritis Victoria	1800 011 041
Alzheimer's Australia	1800 100 500
Asthma Foundation	1800 645 130
Beyond Blue	1300 224 636
Carer's Respite	5381 9336
Diabetes Victoria	1300 136 588
Direct2Care	1300 121 121
Emergency After Hours Response Service	1300 487 017
Lifeline	13 11 14