

ROADMAP FOR PEOPLE LIVING WITH CHRONIC DISEASE in Yarriambiack Shire

INTENSIVE CASE MANAGEMENT – LEVEL 1

High need – frequent hospital visits

ACAS – Aged Care Assessment Service - Grampians	Ph: 5320 3740
District Nursing Service	
Rural Northwest Health	Ph: 5396 1278
Dunmunkle Health Services	Ph: 5363 0400
Case Management Community Aged Care Packages	Ph: 5320 3740
Palliative Care/Wimmera Hospice Care	Ph: 5381 9363
Living at Home Assessment	Ph: 5398 0107

MORE INTENSIVE CARE – LEVEL 2

At Risk of Hospitalisation – Community based care for people with chronic diseases and complex needs who use hospitals or are at risk of hospitalisation

Options for Care	Services	*Cost	Referral
Dunmunkle Health Services	Allied health	\$ - \$\$	Ph: 5363 0400 or 5363 1200
Rural Northwest Health	Allied health	\$ - \$\$	Ph: 5396 1238
District Nursing Dunmunkle	Home nursing services	\$	Ph: 5363 0400
District Nursing Rural Northwest Health	Home nursing services	\$	Ph: 5396 1278
Yarriambiack Shire Council	Home support/personal care	\$ - \$\$	Ph: 5398 0107
Community Support	See Level 4	-	
Goolum Goolum Aboriginal Coop	GP, Allied Health	Free	Ph: 5381 6319

Medicare Rebate: case conferencing home medicine review contribute to another providers care plan, monitoring & support for person with chronic disease. ATSI follow up after health.

PLANNED MANAGED PRO-ACTIVE CARE – LEVEL 3

Options for Care	Some Risk of Deterioration Services	*Cost	Referral
Grampians Community Health	Counselling support, drug diversion, drink drive	Free	Ph: 5362 1200 or elec
Rural Northwest Health – Warracknabeal, Beulah, Hopetoun	Community & allied health, health promotion, counselling, diabetes management, cancer resource nurse	\$ - \$\$	Ph: 5396 1200
Dunmunkle Health Services – Minyip, Murtoa, Rupanyup	Community & allied health, counselling, social work, cancer resource nurse	\$ - \$\$	Ph: 5363 1200
District Nursing – Dunmunkle	Home Nursing Services	\$	Ph: 5363 0400 or elec
District Nursing – Rural Northwest Health	Home Nursing Service	\$	Ph: 5396 1278
Goolum Goolum Aboriginal Coop	GP, allied health, counselling, free diabetes management supplies, podiatry	Free	Ph: 5381 4319

Medicare Rebate: Care planning (GPMP-TCA) & review – 75+ health assessment and 45-49 health check – contribute to another providers care plan – ATSI child/adult/older person's health check – complete cycle of care for diabetes & asthma – home medicines review.

PREVENTION – LEVEL 4

Relatively healthy

Western Victoria Primary Health Network	Ph: 5381 1756	Women's Health Grampians	Ph: 5322 4100
Rural Northwest Health	Ph: 5396 1200	Minyip Community Health Centre	Ph: 5363 1200
Health promotion, community health, exercise programs, counselling		Exercise programs, health promotion, activity & men's health groups, diabetes & respiratory support, GPs	
Grampians Community Health	Ph: 5362 1200	Men's Sheds	Ph: 0427 855 097
Alcohol/drug/tobacco programs; drink & drive education; counselling – generalist; men's behavioural change programs; gambler's help		Rupanyup Hopetoun Minyip Murtoa Warracknabeal	Ph: 5083 3408 Ph: 5385 7422 Ph: 5358 2785 Ph: 5398 1742
Murtoa Community Health Centre		Yarriambiack Leisure Complex	Ph: 5398 246
GPs, counselling, social work, living at home assessments		Gym, exercise programs	
Rupanyup Surgery	Ph: 5385 5700	Hopetoun Neighbourhood House	Ph: 5083 3408
GPs, Respite		Social and recreational programs	
Wimmera UnitingCare	Ph: 5362 4000	Murtoa Neighbourhood House SLAAM	Ph: 5385 2785
Counselling; family services; disability support; housing and finance programs		Walking & exercise groups, art, craft, cooking & community lunches	
Warracknabeal Neighbourhood House	Ph: 5396 1360	Libraries –	Ph: 5398 1270
Social and recreational programs		Warracknabeal Mobile Library Timetable	www.wrlc.org.au
Mallee Track Health Centre Patchewollack	Ph: 5084 1213	Woomelang Bush Nursing Centre	Ph: 5081 2165
Yarriambiack Shire Council	Ph: 5398 0100		
Senior citizens, HACC, living at home assessments			

General Eligibility Criteria:

Hospital Admission Risk Program (HARP): at least one unplanned hospital visit in the last 12 months

Aged Care Assessment Service (ACAS): over 65

HACC Home Services: 65+ (frail aged) or disability 55+ ATSI

Case Management CAPS & EACH packages: requires ACAS approval through Benetas Wimmera Community Options, Villa Maria or St Laurence

Goolum Goolum Aboriginal Coop: recognised member of the local Indigenous community

Useful Contact Numbers:

Arthritis Victoria	1800 011 041
Alzheimer's Australia	1800 100 500
Asthma Foundation	1800 645 130
Beyond Blue	1300 224 636
Carer's Respite	5381 9336
Diabetes Victoria	1300 136 588
Direct2Care	1300 121 121
Emergency After Hours Response Service	1300 487 017
Lifeline	13 11 14