



GUIDELINES FOR CHRONIC CONDITIONS

Diabetes	<p>Source: Diabetes Australia</p> <p>Best Practice Guidelines for Health Professionals</p> <ul style="list-style-type: none"> • General Practice Management of Type 2 Diabetes 2014-15 • National Evidence Based Guidelines for the Management of Type 2 Diabetes • National Evidence Based Guidelines on Prevention, Identification and Management of Foot Complications in Diabetes • Outcomes & Indicators for Diabetes Education: a National Consensus Position Information and Education for People with Diabetes: a 'Best Practice' Strategy <p>Link: http://www.diabetesaustralia.com.au/For-Health-Professionals/Diabetes-National-Guidelines/</p>
Arthritis - osteo	<p>Source: NHMRC Australian Government Clinical Guidelines Portal</p> <p>A review of the clinical evidence for exercise in osteoarthritis of the hip and knee</p> <p>Year of publication: 2010</p> <p>Available from: Collaborating Authors</p> <p>Link: A review of the clinical evidence for exercise in osteoarthritis of the hip and knee (PDF)</p> <p>Healthcare settings: Primary and community care, Secondary care</p> <p>Life stages: Adolescent (13-18 years), Adult (19-64 years), Aged (65+ years)</p> <p>Intended Users: Exercise physiologists, Physiotherapists</p> <p>Link: https://www.clinicalguidelines.gov.au/browse.php?treePath=&pageType=2&fldgIriD=2159&</p> <p>-----</p> <p>Osteoarthritis management options in general practice</p> <p>Year of publication: 2010</p> <p>Available from: Collaborating Authors</p> <p>Link: Osteoarthritis management options in general practice (PDF, 358KB)</p> <p>Healthcare settings: Primary and community care</p> <p>Life stages: Not stated</p> <p>Intended Users: General practitioners</p>

Obesity	<p>Source: NHMRC Australian Government Clinical Guidelines Portal Clinical practice guidelines for the management of overweight and obesity in adults, adolescents and children in Australia</p> <p>Year of publication: 2013</p> <p>Available from: National Health and Medical Research Council</p> <p>Link: Clinical practice guidelines for the management of overweight and obesity in adults, adolescents and children in Australia (PDF, 2MB)</p> <p>Healthcare settings: Preventive care, Primary and community care, Secondary care, Tertiary care</p> <p>Life stages: Adolescent (13-18 years), Adult (19-64 years), Aged (65+ years), Child (2-12 years)</p> <p>Intended Users: Aboriginal health workers, Allied health professionals not otherwise stated, Diabetic educators, Dietitians, Exercise physiologists, General practitioners, Nurses, Occupational therapists, Physiotherapists, Psychologists, Clinicians not otherwise stated</p> <p>https://www.nhmrc.gov.au/guidelines-publications/n57</p>
Heart Disease	<p>Source: NHMRC Australian Government Clinical Guidelines Portal Reducing risk in heart disease - an expert guide to clinical practice for secondary prevention of coronary heart disease (updated 2012)</p> <p>Year of publication: 2012</p> <p>Available from: National Heart Foundation</p> <p>Link: Reducing risk in heart disease - an expert guide to clinical practice for secondary prevention of coronary heart disease (updated 2012) (PDF)</p> <p>Healthcare settings: Preventive care, Primary and community care</p> <p>Intended Users: Allied health professionals not otherwise stated, General practitioners</p>
Cardiac Rehabilitation	<p>Source: Department of Health Victoria</p> <p>Best Practice Guidelines for Cardiac Rehabilitation & Secondary Prevention.</p> <p>Year of Publication: 1999</p> <p>Available from DH Website – click link below</p> <p>Best Practice Guidelines for Cardiac Rehabilitation & Secondary Prevention</p> <p>Developed by the Heart Research Centre for the Victorian Department of Health and Social Services.</p>

Heart Disease	<p>Source: NHMRC Australian Government Clinical Guidelines Portal Guidelines for the management of absolute cardiovascular disease risk</p> <p>Year of publication: 2012 Available from: National Vascular Disease Prevention Alliance Link: Guidelines for the management of absolute cardiovascular disease risk (PDF, 5MB) Healthcare settings: Preventive care, Primary and community care Life stages: Adult (19-64 years), Aged (65+ years) Intended Users: Aboriginal health workers, General practitioners, Medical specialists, Health Services</p>																																	
COPD	<p>The COPDX Plan - Australian and New Zealand Guidelines for the management of chronic obstructive pulmonary disease 2014</p> <p>Source: NHMRC Australian Government Clinical Guidelines Portal Year of publication: 2014 Available from: Lung Foundation Australia Link: The COPDX Plan - Australian and New Zealand Guidelines for the management of chronic obstructive pulmonary disease 2014 (Webpage) Healthcare settings: Primary and community care, Secondary care, Tertiary care Life stages: Adult (19-64 years), Aged (65+ years) Intended Users: General practitioners, Medical specialists, Clinicians not otherwise stated</p>																																	
Asthma	<p>Source: NHMRC Australian Government Clinical Guidelines Portal Asthma Guidelines</p> <table border="0"> <tr> <td>Asthma and allergy. An information paper for health professionals</td> <td>2012</td> <td>National Asthma Council Australia</td> </tr> <tr> <td>Asthma and complementary therapies. An information paper for health professionals</td> <td>2012</td> <td>National Asthma Council Australia</td> </tr> <tr> <td>Asthma and healthy living. An information paper for health professionals</td> <td>2013</td> <td>National Asthma Council Australia</td> </tr> <tr> <td>Asthma and lung function tests - an information paper for health professionals</td> <td>2012</td> <td>National Asthma Council Australia</td> </tr> <tr> <td>Asthma and the over 65s. An information paper for health professionals</td> <td>2013</td> <td>National Asthma Council Australia</td> </tr> <tr> <td>Asthma and wheezing in the first years of life. An information paper for health professionals</td> <td>2012</td> <td>National Asthma Council Australia</td> </tr> <tr> <td>Australian Association for Exercise and Sports Science position statement on exercise and asthma</td> <td>2011</td> <td>Exercise and Sports Science Australia</td> </tr> <tr> <td>Australian Asthma Handbook</td> <td>2014</td> <td>National Asthma Council Australia</td> </tr> <tr> <td>Infants and children - acute management of asthma (third edition)</td> <td>2012</td> <td>New South Wales Health</td> </tr> <tr> <td>Management of acute asthma in children</td> <td></td> <td>SA DH</td> </tr> <tr> <td>Management of severe asthma in children</td> <td>2013</td> <td></td> </tr> </table>	Asthma and allergy. An information paper for health professionals	2012	National Asthma Council Australia	Asthma and complementary therapies. An information paper for health professionals	2012	National Asthma Council Australia	Asthma and healthy living. An information paper for health professionals	2013	National Asthma Council Australia	Asthma and lung function tests - an information paper for health professionals	2012	National Asthma Council Australia	Asthma and the over 65s. An information paper for health professionals	2013	National Asthma Council Australia	Asthma and wheezing in the first years of life. An information paper for health professionals	2012	National Asthma Council Australia	Australian Association for Exercise and Sports Science position statement on exercise and asthma	2011	Exercise and Sports Science Australia	Australian Asthma Handbook	2014	National Asthma Council Australia	Infants and children - acute management of asthma (third edition)	2012	New South Wales Health	Management of acute asthma in children		SA DH	Management of severe asthma in children	2013	
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<p>Depression</p>	<p>Source: NHMRC Australian Government Clinical Guidelines Portal</p> <p>Clinical practice guidelines - depression in adolescents and young adults (February 2011)</p> <p>Year of publication: 2011 Available from: Beyond Blue</p> <p>Link: Clinical practice guidelines - depression in adolescents and young adults (February 2011) (PDF, 2MB)</p> <p>Healthcare settings: Preventive care, Primary and community care, Secondary care Life stages: Adolescent (13-18 years), Adult (19-64 years)</p>
<p>Depression + Heart Disease</p>	<p>Source: NHMRC Australian Government Clinical Guidelines Portal</p> <p>Screening, referral and treatment for depression in patients with coronary heart disease</p> <p>Year of publication: 2013 Available from: National Heart Foundation</p> <p>Link: Screening, referral and treatment for depression in patients with coronary heart disease (Abstract page)</p> <p>Healthcare settings: Not stated Life stages: Adult (19-64 years), Aged (65+ years) Intended Users: General practitioners, Medical specialists, Nurses</p>
<p>Stroke</p>	<p>Source: NHMRC Australian Government Clinical Guidelines Portal</p> <p>Clinical guidelines for stroke management 2010</p> <p>Year of publication: 2010 Available from: National Stroke Foundation</p> <p>Link: Clinical guidelines for stroke management 2010 (PDF)</p> <p>Healthcare settings: Emergency care, Primary and community care, Tertiary care Life stages: Adult (19-64 years), Aged (65+ years) Intended Users: Allied health professionals not otherwise stated, Dietitians, General practitioners, Nurses, Occupational therapists, Physiotherapists, Psychologists, Clinicians not otherwise stated</p>
<p>Stroke/ Hypertension</p>	<p>Source: NHMRC Australian Government Clinical Guidelines Portal</p> <p>Guide to management of hypertension 2008. Assessing and managing raised blood pressure in adults (updated December 2010)</p> <p>Year of publication: 2010 Available from: National Heart Foundation</p> <p>Link: Guide to management of hypertension 2008. Assessing and managing raised blood pressure in adults (updated December 2010) (PDF)</p> <p>Healthcare settings: Primary and community care</p>

Lung Cancer	Source: NHMRC Australian Government Clinical Guidelines Portal Clinical practice guidelines for the treatment of lung cancer Year of publication: 2012 Available from: Cancer Council Australia Link: Clinical practice guidelines for the treatment of lung cancer Healthcare settings: Primary and community care, Secondary care, Tertiary care
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