**April 2016**

**Welcome to the latest edition of the Grampians HACC ASM & Diversity newsletter. We hope that you find the following information and links to resources useful. If you have any work or projects relating to ASM and Diversity that you think others would value hearing about, please drop us an email so that we can share your good work.**

**HACC Alliance Network Meetings – June 2016**

Please make a note of the upcoming HACC Alliance Network meetings. Please RSVP your attendance to Letitia at [Letitia.meaney@dhhs.vic.gov.au](mailto:Letitia.meaney@dhhs.vic.gov.au)

**Wimmera:** Tuesday 17th May 2016 @ The Hub, VWV Horsham

**Grampians Pyrenees:** Tuesday 31st May 2016@ The SHCC, Stawell

**Central Highlands:** Wednesday 8th June 2016 @ Ballarat District Nursing and Healthcare Group

**Well for Life – A Healthy Approach to Ageing**

This booklet is for older people who want to follow a healthy approach to ageing in their everyday lives. In Australia the number of people over 65 is growing quickly. Many people lead full and productive lives

well into their 80’s and 90’s. Research shows that the earlier they commit to a healthy lifestyle, the better their chances of ageing well and the more physically active and connected with others they are, the better they can feel regardless of age, even if they have some health issues. The stories and the information in this booklet show the importance of health and wellbeing as people grow older.

A link to this resource can be found at:

[**http://hanet.health.vic.gov.au/attachments/Sarah.Yallop/2016210154439\_1507001\_Well%20for%20Life.pdf**](http://hanet.health.vic.gov.au/attachments/Sarah.Yallop/2016210154439_1507001_Well%20for%20Life.pdf)

**Physical Activity in Planned Activity Groups – an e-learning package**

This e-leaning package supports Planned Activity Group staff / volunteers to increase physical activity. There are 4 modules but each can be completed separately & a certificate of completion will be issued at the end of each module. The 4 modules are:

1. Activity in Planned Activity Groups
2. Measurement of activity & how to use a tool to evaluate activity in Planned Activity Groups
3. How to increase physical activity in Planned Activity Groups
4. Tools to measure other domains

A link to this resource can be found at: [**http://www.nari.net.au/elearning/story.html**](http://www.nari.net.au/elearning/story.html)

**‘Continence is our Business’ Forum**

The bi-annual Home and Community Care Continence Forum for District Nurses, District Nursing Managers and Continence Nurse Advisors/Consultants will be held on Wednesday, 11th May, 2016, from 10am – 3.30pm in the Gum San Great Hall, Ararat.

The agenda will include:

·         Why bladder scanners are useful in developing continence treatment plans

·         Finalisation of our HACC sample District Nurse continence assessment checklist

·         Further development of clear and concise referral pathways between continence service providers

·         A refresher on the true value of ‘dipsticks’

There will be a trade display from Continence aids/equipment companies to demonstrate the latest and greatest.Please register with Robyn Fletcher at: [**robynf@bchc.org.au**](mailto:robynf@bchc.org.au)

**Victorian Eye care Services**

The Victorian Eye care Service (VES) is a statewide eye care and visual aid service for people experiencing disadvantage or other barriers to accessing eye care services. The Australian College of Optometry (ACO) coordinates delivery across a range of locations and in partnership with private practice optometrists in rural regions. The ACO can be contacted at (03) 9349 7400.

VES includes services such as:

· the Victorian Aboriginal Subsidised Spectacles Scheme

· outreach to supported residential services, public sector residential aged care facilities, Aboriginal health services, older person public high-rise homelessness services, youth justice services, disability services and community health centres that provide refugee and asylum seekers care.

Eligibility criteria

· Holder of a current health care card for at least six months

· Holder of a current pension concession card

· Children with Child Protection involvement for their care, such as Out of Home Care

· People from Aboriginal and Torres Strait Islander backgrounds (a further subsidy combines with the VES for the Victorian Aboriginal Spectacles Subsidy Scheme)

· People from culturally and linguistically diverse backgrounds

· People experiencing financial disadvantage (including people who experience or are at risk of homelessness)

· People living in rural and remote areas

· People living in public sector residential aged care, supported residential services, disability accommodation services, youth justice facilities and older person public housing.

For further information go to <https://www2.health.vic.gov.au/ageing-and-aged-care/supporting-independent-living/victorian-eye-care-service>

**Royal Commission into Family Violence – Diversity recommendations**

The MAV’s Diversity Policy Adviser, Bianca Nutt, has summarised the Royal Commission into Family Violence report recommendations in relation to Diversity. Here are some of the key points of relevance to Aged Care service providers:

**Older people:** page 86(Recommendations 153 – 155). Including:

encourage the Commonwealth Government within 12 months to ensure that the Human Resource Management Standard in the Community Care Common Standards Guide specifies that workers delivering services must have successfully completed certified training in identifying and responding to family violence and to review the existing Community Services Training Package courses relevant to providing ageing support to ensure that each course has a core, rather than elective, unit that adequately covers all manifestations of family violence.

**People with Disability:** page 91.(Recommendations 170 – 179). Including:

fund training and education programs for disability workers—including HACC workers and interpreters, to encourage identification and reporting of family violence among people with disabilities, within two years.

adopt a consistent and comprehensive approach to the collection of data on people with disabilities who experience or perpetrate family violence, including collecting data from relevant services.

fund research into the prevalence of acquired brain injury among family violence victims and perpetrators, within two years.

encourage the Commonwealth Government and the National Disability Insurance Agency to ensure that all disability services workers involved in assessing needs and delivering services have successfully completed certified training in identifying and responding to family violence. This could include further developing and mandating the units on family violence and responding to suspected abuse in the Community Service Training Package, within five years.

**Diversity in general:** page 83 (recommendations 139 – 143). Including:

funding to Seniors Rights Victoria, In Touch Multicultural Centre against Family Violence and Women with Disabilities Victoria.

ensuring that family violence community awareness and prevention programs and activities use language, imagery and messaging reflecting the diversity of the Victorian community within two years

**Health Translations Directory**

Health Translations enables health practitioners and those working with culturally and linguistically diverse communities to easily find translated health information. The website links to multilingual online health resources from government departments, peak health bodies, hospitals, community health centres and welfare agencies.  
  
Go to <http://www.healthtranslations.vic.gov.au/> to find reliable translated health information.

**Appointment Reminder Translation Tool**

NSW Refugee Health Service's on-line Translated Appointment Reminder Translation Tool allows you to translate appointment details into your client's language.  
  
Just type in the details, then either print or save the PDF. Your form is generated immediately so you can give it to your client at the time you make the appointment. It can also be emailed. The subject headings will be translated but not the details that you fill in. The information can be printed on organisation templates or letterheads.

There is a Home Visit appointment and General Health appointment type which can be selected for assessments or allied health visits.

Click here to view the translation tool <http://www.swslhd.nsw.gov.au/refugee/appointment/>

Thank you to West Wimmera Health Services for sharing this useful resource.

**HACC Chisholm Training Calendar – May 2016**

There are still places available for sessions being held across the region in May and June. Follow the links to register:

[**Motivational Interviewing**](https://hacc.chisholm.edu.au/Training/Motivational__Interviewing)*GRAMPIANS: 4 & 5 May @ Comfort Inn Main Lead, Ballarat*

[**Follow Basic Food Safety Practices**](https://hacc.chisholm.edu.au/Training/Follow__Basic__Food__Safety__Practices)*GRAMPIANS: 12 May @ Comfort Main Lead, Ballarat*

[**Work Effectively with Culturally Diverse Clients and Co-Workers**](https://hacc.chisholm.edu.au/Training/Work__Effectively__With__Culturally__Diverse__Clients__And__Coworkers)

*GRAMPIANS: 26 May @ Grains Innovation Park, Horsham*

[**PAG Assess/care Planning (PAG Assessment  
and Care Planning)**](https://hacc.chisholm.edu.au/Training/PAG__Assesscare__Planning__PAG__Assessment__And__Care__Planning)*GRAMPIANS: 1 June @ Comfort Inn Main Lead, Ballarat*

[**ASM Approach to PAGS**](https://hacc.chisholm.edu.au/Training/ASM__Approach__To__Pags__PAG__Pathways____A__Guide__To__Implement__An__ASM__Approach__To__Pags) *GRAMPIANS: 2 June @ Comfort Inn Main Lead, Ballarat*

[**Supporting Volunteers to take an Active Service Approach**](https://hacc.chisholm.edu.au/Training/Supporting__Volunteers__to__Take__an__Active__Service__Approach)

*GRAMPIANS: 2 June @ Comfort Inn Main Lead, Ballarat*

[**Dementia Awareness**](https://hacc.chisholm.edu.au/Training/Dementia__Awareness)*GRAMPIANS: 3 June @ Comfort Inn Main Lead, Ballarat*

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