**February 2016**

**Hello and welcome to our first HACC ASM & Diversity Newsletter for 2016. January and the holidays are probably just a distant memory for many of you now, they are for us.**

**We look forward to providing you with regular and relevant updates throughout the year and if you have anything that you wish to share across the region, then email us in your information / case studies or best practice stories for inclusion in future editions.**

**ASM and Diversity 2015/16 Plans**

Thank you once again to all HACC funded organisations for submitting your reviews, population planning spreadsheets and ASM and Diversity 2015/16 Plans. Feedback has been provided and further updates will be provided at the upcoming HACC Alliance network meetings. We look forward to talking to you about the key themes and priorities coming from the plans and to explore what are the best ways for our roles to assist as we move closer to the transition in July 2016. We look forward to meeting with individual agencies in the coming months and will be contacting you to schedule appointments.

**HACC Alliance Network Meetings – March 2016**

Please make a note of the upcoming HACC Alliance Network meetings. Please RSVP your attendance to Letitia at Letitia.meaney@dhhs.vic.gov.au

**Grampians Pyrenees: Tuesday 8 March @ The SHCC, Stawell**

**Central Highlands: Tuesday 15 March @ Bungaree Football Club rooms**

**Wimmera: Tuesday 22 March @ The Hub, VWV Horsham**

**HACC Chisholm Training Calendar – March 2016**

There are still places available for sessions being held in Ararat and Horsham in March. Follow the links to register:

**Falls** [**Prevention**](https://hacc.chisholm.edu.au/Training/Falls__Prevention)*GRAMPIANS: 1 March @ Ararat Harness Racing Club.*

[**Mental Health First Aid**](https://hacc.chisholm.edu.au/Training/Mental__Health__First__Aid)*GRAMPIANS: 2 & 3 March @ Ararat Harness Racing Club*

[Understanding the needs of LGBTI people in HACC services](https://hacc.chisholm.edu.au/Training/Understanding__The__Needs__Of__GLBTI__People__In__HACC__Services) *GRAMPIANS 9 March @ Ararat Harness Racing Club*

[**Hoarding and Squalor**](https://hacc.chisholm.edu.au/Training/Hoarding__And__Squalor____Practical__Strategies__To__Assist__Home__And__Community__Care__HACC__Staff) *GRAMPIANS: 22 March @ The Hub, Horsham*

[**Recognise and Respond to Suspected Abuse of Vulnerable People**](https://hacc.chisholm.edu.au/Training/Recognise__And__Respond__To__Suspected__Abuse__Of__Vulnerable__People) *GRAMPIANS: 10 March @ The Hub, Horsham*

**Active Service Model Resources:**

**Active in the South – An eLearning resource**

This resource can be used for inducting staff who are new to Home & Community Care (HACC) and to consolidate the knowledge and understanding of ASM for existing staff. The resource provides information about ASM using interviews, short video case-studies and reflective questions to demonstrate the ASM principles in practice. There is a facilitators guide embedded into it that can be printed out and used in a group setting. This resource is available to anyone now as there is no requirement to login.

A link to the website is <http://www.activeserviceinthesouth.org.au/asm-training-package-3-0>.

**ReHSen – “Understanding the Active Service Model V3”**

This training is available through ReHSen and is suitable for all new starters (including nurses, allied health, assessment officers and community support workers) in HACC-funded organisations and for other community services working closely with HACC. It will provide a basic understanding of the philosophy behind ASM and give examples of the model in practice. Although it has been designed for individual use, when used in a group setting it could be the basis for training and discussion about how different professions can coordinate their work to improve outcomes for clients.

A link to the website can be found at: <http://rehsen.e3learning.com.au/>

**Make it Meaningful: PAG Assessment and Care Planning Guidelines and Tools**

This HACC Active Service Model (ASM) Planned Activity Groups (PAGs) guidelines and tools focus on assessment and care planning in PAGs and include:

* practice guidelines with ‘how to’ information
* PAG assessment tools with instructions for use
* care planning templates for individual, goal directed care planning in a group setting
* case studies and examples for different types of organisations and different types of PAGs
* practical information and tools.

Hard copies of this tool are no longer available but can be found online at: <https://www2.health.vic.gov.au/about/publications/policiesandguidelines/pag-service-specific-assessment-care-planning-guidelines-tools>

**Supporting Volunteers to take an Active Service Approach**

This resource kit aims to assist HACC funded organisations to implement the ASM approach with volunteers. The resource kit has two parts:

* The first part is targeted at volunteer coordinators & focuses on the key ASM messages, change management processes & human resource management such as recruitment, orientation & training of volunteers.
* The second part is a suite of 12 HACC volunteer handouts explaining what the ASM model is using practical ideas, stories & case studies which will assist volunteers to implement this approach with HACC clients.

This document is available as a PDF at:

 <http://www.oehcsa.org.au/supporting-volunteers-take-active-service-approach-resource-kit>

**Elder Abuse Online Training Module**

The Department of Health and Human Services have developed an online training module to assist with building the capacity of workers to identify and respond to elder abuse.

The objectives of the training are to enable a person to be able to:

· recognise and define types of elder abuse

· identify risk factors for elder abuse

· understand the empowerment model

· recognise that elder abuse situations are often complex

· understand your duty of care as a worker

· contribute to building the capacity of your organisation to

· effectively respond to elder abuse.

The course takes 1.5 to 2 hours to complete and is free of charge. Participants are required to register for the course and will be issued with a certificate upon successful completion of the course and assessment. The training is for anyone working in aged care. Click on the link to the learning portal <https://elderabuseprevention.e3learning.com.au/>

**Change and Disadvantage in the Grampians Region 2011**

This report describes change and disadvantage in the Grampians government region.

It has been compiled to assist agencies better assess disadvantage and plan collaborative strategies to address it.

The first section provides a brief introduction to the widespread economic and demographic changes in regional Victoria that provide the backdrop to disadvantage.

The second section defines disadvantage as occurring when an individual, family or community is deprived of resources or opportunities – enjoyed by all other Victorians – that underpin social and economic wellbeing.

A copy of the report can be downloaded from: <http://www.dtpli.vic.gov.au/__data/assets/pdf_file/0019/223048/Change_and_disadvantage_in_the_Grampians_Region.pdf>

**Reinventing Emma**

Inspirational speaker, Emma Gee will be releasing her long awaited book “Reinventing Emma” this March. Some of you may have had the opportunity to hear Emma speak about her personal story as a survivor of stroke. With a background in Occupational Therapy, Emma speaks from the heart

about client-centred care and resilience and her book is a must have for every health professional. Go to <http://emma-gee.com/the-book/> to find out more and download your FREE chapter.

**Caring for Lesbian, Gay, Bisexual, Transgender and Intersex (LGBTI) People with Dementia**

The South Australian & Northern Territory Dementia Training Study Centre (DTSC) are pleased to announce the release of a new eLearning package.

This eLearning resource has been developed to assist workers across the health and aged care sector to become culturally competent in relation to working with lesbian, gay, bisexual, transgender and intersex (LGBTI) people with dementia.

The course has been funded through the Australian Government and is of no cost to staff but their time, as are all the eLearning Courses available from [http://elearning.dtsc.com.au](http://www.vision6.com.au/ch/38504/1h91m/2085115/ea25818hdd.html)

**Cultural Diversity Week, 12-20 March 2016**

Victorians from all walks of life come together during Cultural Diversity Week to promote community harmony and celebrate the many cultures that make our state so vibrant.

Go to <http://www.multicultural.vic.gov.au/projects-and-initiatives/cultural-diversity-week> to find out about events being held across the state. You may even know of a great event that is being organised that could be registered.

**Harmony Day, 21 March 2016**

Harmony Day is about inclusiveness, respect and a sense of belonging for everyone. This year’s theme is ‘our diversity is our strength’.

Thinking about getting involved? Visit [www.harmony.gov.au](http://www.harmony.gov.au) and register your event to receive free promotional products to help you celebrate!

**A Taste of Harmony**

A Taste of Harmony is a free and delicious way to celebrate your workplace's cultural diversity. Just register your workplace, choose a day and time that suits in the week of 21 to 27 March 2016, and tell your workmates to bring a plate of food to share. Go to <http://www.tasteofharmony.org.au/> for more information.

|  |  |
| --- | --- |
| **Wendy Altmann** Grampians Region ASM - Industry ConsultantDepartment of Health & Human Services 35 Armstrong Street South Ballarat VIC 3350P: 03 5333 6402 M: 0409 945 301E: wendy.altmann@dhhs.vic.gov.au | **Carolyn Gargiulo** Grampians Region HACC Diversity AdvisorDepartment of Health & Human Services 35 Armstrong Street South Ballarat VIC 3350P: 03 5333 6424 M: 0400 083 166E: carolyn.gargiulo@dhhs.vic.gov.au |