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NAIDOC Week 2017

This year NAIDOC Week celebrations were held from Sunday 2nd July to Sunday 9th July 2017.

This year's theme – Our Languages Matter – aims to emphasise and celebrate the unique and essential role that Indigenous languages play in cultural identity, linking people to their land and water and in the transmission of Aboriginal and Torres Strait Islander history, spirituality and rites, through story and song.

Some 250 distinct Indigenous language groups covered the continent at first (significant) European contact in the late eighteenth century. Most of these languages would have had several dialects, so that the total number of named varieties would have run to many hundreds.

Today only around 120 of those languages are still spoken and many are at risk of being lost as Elders pass on. This year's theme plays a

valuable role in the importance of maintaining and reviving language so it is not lost.

Each year, NAIDOC Week celebrations highlight the rich and diverse culture of Aboriginal and Torres Strait Islander peoples, the First Australians. NAIDOC Week celebrations and community events are a great opportunity for all Australians to come together and acknowledge the history, culture and achievements of Aboriginal and Torres Strait Islander Peoples.

For further information please contact Rachel Muir - Aboriginal Development Officer on 5338 0578 or email -rachelm@bchc.org.au



Photo 1: Ballarat male dance troop Baarlinjan is launching NAIDOC at the Ballarat Town Hall with The Mayor and councillors.



Photo 2: Wimmera dance group Wotjobaluk dancing at the community day in Weir park for NAIDOC celebrations.

Grampians Region Social Support / Planned Activity Group Network

The three Social Support / Planned Activity Group Program Manager / Coordinator networks in the Grampians region meet regularly and provide forums for the sharing of information, networking, discussion of issues that relate to Social Support / Planned Activity Group programs.

Wimmera:

A Goal Directed Care Planning workshop, with Kate Pascale, was held in Horsham at the end of May, with 29 attending (most of whom were Social Support / PAG staff). Kate's presentation focussed on the key elements of documentation & the principles around how to create a care plan that is meaningful to the clients. Post workshop evaluations indicated that all of the participants found the training very valuable & that it provided practical information they could use in their work.

The morning session of the workshop looked at managing & addressing risks in Social Support programs, as well as providing those attending an opportunity to share information about something new at their agency, an idea that worked well and another that didn't. Both of these sessions were also well received.

Grampians Pyrenees:

A Social Support / Planned Activity Group staff forum was held at Stawell Regional Health on Monday, 10th July, 2017—21 staff from 8 agencies attended. The agenda included sessions on the role of the Physiotherapist & trigger points for referral, 'Connecting the Pieces', which looks at the relationship between diversity & person centred care to improve outcomes for clients, and a practical look at client documentation, why it's needed it & how it relates to the Home Care Standards.

There was also an opportunity to share information on what is new at each agency, innovative ideas and current challenges.

The morning session of the workshop looked at managing & addressing risks in Social Support programs, as well as providing those attending an opportunity to share information about something new at their agency, an idea that worked well and another that didn't. Both of these sessions were also well received.

Central Highlands:

This network has been operating for quite some time and recently the data base of contacts has been reviewed and upgraded and has consequently gained additional support. At the last meeting it was agreed that a Social Support / Planned Activity Group staff forum would be organised in the Central Highlands region.

The forum will be held at Creswick, with a tentative date set for Wednesday, 28th October, 2017. Content of the forum will be based on the results of an education needs survey sent out to all agencies recently. Further advertising will be circulated closer to the date.





RAINBOW NETWORK

Youth Program

Following on from the success of the recent LGBTI Equality Roadshow events in Buloke and Northern Grampians, East Wimmera Health Service are providing two free LGBTIQ+ Youth Inclusive Practice training opportunities targeting the under 50 year old age group—however this training would be beneficial for all age groups.

This free training is open to service providers, schools, health services, organisations, etc

About the training

This training session aims to develop individual practitioner and organisational capacity to provide accessible and inclusive services for young LGBTIQ+ Victorians.

The sessions will be presented by Zoe Belle (Gender Collective) and Jami Jones (Rainbow Network) and will provide opportunities for participants to learn about a range of different topics, including:

- LGBTIQ+ identities
- Inclusive language
- Experiences and impacts of discrimination
- Trans and gender diverse gender affirmation and healthcare pathways
- Rights and responsibilities
- Service access and inclusive practice initiatives

To register please visit the links below:

St Arnaud Session

Monday July 31st from 12PM to 4PM

<https://goo.gl/forms/3U40ek3XXCgDFaaA3>

Charlton Session

Tuesday August 1st from 9AM to 1PM

<https://goo.gl/forms/pgGlnxdM9kIRVmk2> for the Charlton Session

We require a minimum of 20 participants at each session for the training events to proceed. I encourage you to register (or contact me) as soon as possible to show your interest.

If you require any further information please contact Lorraine Donaldson on 03) 5477 2206 or Email : lorraine.donaldson@ewhs.org.au

ST ARNAUD FREE LGBTIQ+ YOUTH INCLUSIVE PRACTICE TRAINING

PLEASE REGISTER: MONDAY JULY 31, 2017 12PM TO 4PM

<https://goo.gl/forms/3U40ek3XXCgDFaaA3>

ADDRESS:
East Wimmera Health Service
St Arnaud Campus
52 North Western Rd
St Arnaud Vic 3478

ABOUT THE TRAINING
This training session aims to develop individual practitioner and organisational capacity to provide accessible and inclusive services for young LGBTIQ+ Victorians. The session provides opportunities for participants to learn about a range of different topics, including:

- o LGBTIQ+ identities;
- o inclusive language;
- o experiences and impacts of discrimination;
- o trans & gender diverse gender affirmation and healthcare pathways;
- o rights and responsibilities; and
- o service access and inclusive practice initiatives.

Contact:
Lorraine Donaldson
Community Development Worker-
Service Coordination
East Wimmera Health Service
Work phone: (03) 5477 2206
Mobile : 0491 214 944

Email:
lorraine.donaldson@ewhs.org.au

CHARLTON FREE LGBTIQ+ YOUTH INCLUSIVE PRACTICE TRAINING

PLEASE REGISTER: TUESDAY AUGUST 1, 2017 9AM TO 1PM

<https://goo.gl/forms/pgGlnxdM9kIRVmk2>

ADDRESS:
East Wimmera Health Service
Charlton Campus
4 Learmonth St
Charlton Vic 3525

ABOUT THE TRAINING
This training session aims to develop individual practitioner and organisational capacity to provide accessible and inclusive services for young LGBTIQ+ Victorians. The session provides opportunities for participants to learn about a range of different topics, including:

- o LGBTIQ+ identities;
- o inclusive language;
- o experiences and impacts of discrimination;
- o trans & gender diverse gender affirmation and healthcare pathways;
- o rights and responsibilities; and
- o service access and inclusive practice initiatives.

Contact:
Lorraine Donaldson
Community Development Worker-
Service Coordination
East Wimmera Health Service
Work phone: (03) 5477 2206
Mobile : 0491 214 944

Email:
lorraine.donaldson@ewhs.org.au

The Support Loop:

This resource has been developed with the idea that Community

Support Workers play a vital role in supporting people to meet their

goals, while monitoring progress and providing feedback. Effective

monitoring and feedback ensures that support plans are appropriate,

relevant and responsive to the changing needs and circumstances

of the person.

The term "Support Loop" has been developed for this resource to

describe effective communication systems regarding monitoring and feedback.

The project was developed by the Hume Whittlesea Primary Care Partnership in partnership with the HACC Active Service Model Industry

Consultants. It was jointly funded by the Commonwealth and Victorian Governments under the HACC program.

A link to The Support Loop resource is provided below, along with the newly-created YouTube link to The Support Loop DVD. USB's are also available for distribution to all funded agencies in the Grampians region.

<http://www.hwpcp.org.au/wp-content/uploads/2016/06/The-Support-Loop-Resource-1.pdf>

<https://youtu.be/S1zBL3uwMn8>



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**FOR HEALTH
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LIVING WITH DEMENTIA**

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EDIE™**

Develop a greater understanding of dementia through our Educational Dementia Immersive Experience

This serious games technology uses VR Gear (Virtual reality goggles) to allow users to explore a moment in time as Edie, who has a diagnosis of dementia. You will face the difficulties experienced by Edie as he undertakes simple activities of daily living.

**Wednesday 30
August 2017**

**10AM - 1PM
Alzheimer's Australia Vic
4 East Street South
Ballarat**

**COST:
\$175 (member)/\$185 (non-member)
RSVP:**

<https://register.eventarc.com/38677>
or call 98165708 for more information
*Places are limited to a maximum of 8

FOR FURTHER DETAILS

Visit fightdementia.org.au/vic for information on services, courses, events and seminars

NATIONAL DEMENTIA HELPLINE 1800 100 500

FIGHTDEMENTIA.ORG.AU/VIC



What's New

There has been a change of title for the Active Service Model Industry Consultant (Wendy Altmann). Wendy's new title is Wellness & Reablement Consultant

CHSP Team 5—Danielle Betheras is the acting CHSP Team Leader for Team 5, danielle.betheras@health.gov.au

Introducing the New Regional Development Coordinator - Robyn Salt

The key role of the Regional Development Coordinator (RDC) will be to facilitate and drive sector development and change management, and provide implementation support to agencies, DoH and DHHS.

Regional Development Coordinators are jointly funded by the Commonwealth and Victorian Governments and administered by the Victorian Department of Health & Human Services.

RDCs will:

- Support local government and agency input into planning processes;
- Support the maintenance and/or development of alliances, networks and partnerships to promote collaborative service delivery;
- Support agencies through the changes in the aged care and disability service sectors over the transition period;
- Work to maintain a stable service delivery platform over the transition period;
- Identify local area needs and inform future sector support and development activities; and
- Provide advice to DoH and DHHS on issues and emerging risks in the sector.

RDCs will provide a local capacity to:

- Assist providers in transitioning to the CHSP, navigating My Aged Care and identify any implementation issues;

- Facilitate the transition of providers into the National Disability Insurance Scheme;
- Assist providers to understand future changes that their organisations and clients will need to engage with
- Work with local alliances and networks to drive support and manage change;
- Promote a coordinated approach to regional sector development and change management;
- Work closely with Access and Support workers and the RAS coordinator; and
- Work with local councils and CHSP-funded organisations in their region to gather information about population needs, identify gaps in services and opportunities to feed into DoH and DHHS planning processes.

RDCs work will be directed by the DHHS Central Office Sector Development and Change Management Team and DoH. For further information please contact Robyn Salt her via email: robyns@bchc.org.au, or on 03) 5338 9134.

E3Learning

Rehsen E3Learning has had an end of financial year cleaned up. This has resulted in the registrations for the Grampians HACC / CHSP agencies being drastically reduced, the registrations which had not been used for more than three years have been removed from the system; So if you have any CHSP / HACC PYP staff who should be registered please email Valeska Van Nus at valeskav@bchc.org.au

CHSP/HACC PYP

Sector Support and Development Team

Wendy Altmann 0409 945 301
Wellness & Reablement Consultant wendya@bchc.org.au

Robyn Fletcher 0418 309 849
Project Consultant robynf@bchc.org.au

Rachel Muir 0409 388 890
Aboriginal Development Officer rachelm@bchc.org.au

Mary Slater 0428 463 587
Diversity Advisor marys@bchc.org.au

Valeska Van Nus 0428 487 469
Project Officer valeskav@bchc.org.au

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