

ROADMAP FOR PEOPLE LIVING WITH CHRONIC DISEASE IN HORSHAM RURAL CITY

Relatively Healthy		Prevention - Level 4
Some Risk of Deterioration		Planned Managed Pro-Active Care - Level 3
People with Chronic Disease and complex needs - at risk of hospitalisation or use hospitals		More Intensive Care - Level 2
High Need – Frequent Hospital Visits		Intensive Case Management - Level 1
Ballarat Health Services	ACAS – Aged Care Assessment Service	1800 200 422
Goolum Goolum Aboriginal Cooperative	GP, Allied Health, gym program, health assessments, counselling, diabetes educator	5381 6319
Grampians Community Health	Counselling support, drug diversion, drink drive, men’s behaviour change etc	5362 1200
Horsham Aquatic Centre	Gym, exercise programs, chronic disease programs, health assessments	5382 2576
Horsham Community House		5382 5352
Horsham Rural City Council	LAHA – Living at Home Assessment – under 65 & 50 ATSI	5382 9715
	Home Support services Home Care Personal Care Respite, MOW Home Maintenance	5382 9715
Men’s Sheds	Horsham Men’s Shed 5362 1225 Natimuk Men’s Shed 0429 019 747	
My Aged Care	Aged Care Services & Support - over 65 & 50 ATSI	1800 200 422
Salvation Army Family Services		5382 1770
Uniting Wimmera	Counselling, family services, disability support, housing, finance program	5362 4000
Western Victoria PHN		5381 1759
West Wimmera Health Service	District Nursing Service – Natimuk	5391 4222
	Allied Health – Natimuk	5391 4222
	Podiatry, dietetics, diabetes management, walking group, day centre, falls prevention	5391 4222
Wimmera Health Care Group	District Nursing Service	5381 9111
	Allied Health	5381 9111
	Community Health, lifestyle programs, health promotion, day centre, rehabilitation programs, continence service	5363 7100
	LAHA – Living at Home Assessment – under 65 & 50 ATSI	5381 9391
	Palliative Care – Wimmera Hospice Care	5381 9363
	HARP - Health Independence Programs – Complex Care Coordination Program	5381 9022
	Dementia Advisory Service	
Wimmera Regional Sports Assembly	Walking groups	5382 4599
Women’s Health Grampians	Women’s Health	5322 4100