



WIMMERA COUNSELLORS DIRECTORY 2015

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Horsham VIC 3402
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Email: pcpadmin@grampianscommunityhealth.org.au
www.wimmerapcp.org.au

This Wimmera Counsellors Directory is an initiative of the Wimmera Primary Care Partnership (WPCP) Counselling Working Group, with co-operation from the Wimmera Counsellors Group.

The WPCP aims to improve the health and wellbeing of their catchment's population by better co-ordination of planning and service delivery in response to identified needs. For more information on WPCP go to www.wimmerapcp.org.au

A regularly updated version of this document will be available on the WPCP website or you can obtain a copy by emailing a request to pcpadmin@grampianscommunityhealth.org.au

Should you wish to have your details as a counsellor included in this directory or make changes to existing details, please complete the form at the back of this document and fax to (03) 5382 4687 or email to pcpadmin@grampianscommunityhealth.org.au

For links and a referral mechanism to health and community services within different municipalities around Victoria go to the Health and Community Services Directory at www.connectingcare.com

Disclaimer:

The Wimmera Primary Care Partnership wishes to advise that this directory is correct at the time of printing. In the preparation of this document, no judgement has been made in regard to listed professionals Qualifications or competencies.

How Do I Choose A Counsellor?

It is easy to be confused by the various titles and jargon associated with counselling services. Below are brief explanations, in very general terms, of what some of these names mean to help you decide which service is best for you. Remember, you are perfectly entitled to ask a counsellor for further information on their Qualifications, techniques and areas of specialisation. The most important thing is that you experience a good connection with the counsellor, whatever their training or title.

PSYCHOLOGISTS have usually gone through several years of undergraduate and post graduate training in human behaviour. They use a range of psychological interventions to treat less severe mental illnesses and psychological distress. They sometimes are confused with psychiatrists who are actually medically trained and usually work with more severe mental illnesses and prescribe medication. In Australia, qualified psychologists are usually members of the Australian Psychological Society and hence use the acronym MAPS.

SOCIAL WORKERS have a broad training, including practice in a variety of counselling techniques. They tend to focus on a client's total situation, such as their living environment, in addressing problems or crises. They will often offer family therapy. In Australia, qualified social workers usually hold a Bachelor of Social Work (BSW) and are members of the Australian Association of Social Workers (AASW).

COUNSELLORS who are not psychologists or social workers usually have formal training also. The training may be university degrees (e.g. in human behaviour and counselling), in general counselling (e.g. Diploma of Professional Counselling), or more specific fields (e.g. Gestalt Therapy; Expressive Therapies). Many counsellors in the Wimmera region have completed a Diploma of Welfare Studies and are therefore also known as **WELFARE WORKERS**. Most counsellors are members of a professional organisation such as the Australian Institute of Welfare and Community Workers (AIWCW) or Australian Counselling Association (ACA).

Some counsellors may call themselves **PSYCHOTHERAPISTS**. Counselling and psychotherapy both refer to psychological therapy, although psychotherapy is likely to be more in-depth than some forms of counselling.

LIST OF AGENCIES IN THE WIMMERA PROVIDING COUNSELLORS

Wimmera Uniting Care

185 Baillie Street, Horsham

Phone: 1800 195 114

Email: intake@wuc.org.au

(service Horsham, Hindmarsh Shire, West Wimmera Shire
Stawell, Ararat & parts of Buloke Shire)

Wimmera Health Care Group

Baillie Street, Horsham

Phone: (03) 5381 9333

Grampian Community Health

25 David Street, Horsham

Phone: (03) 5362 1200

Goolum Goolum Aboriginal Co-Operative

43 Hamilton St, Horsham

Phone: (03) 5381 6301

Barwon Centre Against Sexual Assault - Wimmera

25 Roberts Avenue, Horsham

Phone: (03) 5381 1211

Salvation Army

12 Kalkee Road, Horsham

Phone: (03) 5382 1770

West Wimmera Health Service

Nelson Street, Nhill

Phone: (03) 5391 4260

Rural North West Health

Dimboola Road, Warracknabeal

Phone: (03) 5396 1200

Rural Financial Counselling Service Victoria – Wimmera South West Inc. (Finance only)

Office 5, Wembley Chambers

142 Baillie St, Horsham

Phone: (03) 5381 1646

Patrick White – 0427 340 621

Chris Warrick - 0400 893 064

Dunmunkle Health Services

23-25 Church Street, Minyip

Phone: (03) 5363 1200

Rural Support and Assistance Contacts – November 2014

Rural Support – Local Government

Hindmarsh Shire Council	5391 4444	www.hindmarsh.vic.gov.au
Horsham Rural City Council	5382 9777	www.hrcc.vic.gov.au
Yarriambiack Shire Council - Gavin Blinman, Manager of Community Services & Development - Emergency Relief Grants	5398 0100	www.yarriambiack.vic.gov.au
West Wimmera Shire Council	5585 9900	www.westwimmera.vic.gov.au
Buloke Shire Council - Community Development Officer Mark Remnant	5478 0175	www.buloke.vic.gov.au
Northern Grampians Shire	5358 8700	www.ngshire.vic.gov.au

Rural Financial Counselling Services – Identify and assess financial options for rural people (FREE)

RFCS Victoria – Murray/Mallee	Mildura	5022 0799 0400 411 411	Stephanie Ferdelja
RFCS Victoria – North Central	Kerang Bendigo	5450 3285 5442 2424	
RFCS Victoria – Wimmera South West	Ballarat Colac Hamilton Horsham Terang	1300 735 578 0427 094 675 03 5232 2976 03 5572 4540 03 5381 1646 0429 406 761	Brian Gardiner Wayne Stephen Tony Doyle, Davina Stacy Chris Warrick, Patrick White Vince Thorne

Victorian Farmers Federation

1300 882 833

www.vff.org.au

Horsham	5383 4524/ 0427 834 524	David Jochinke
Horsham – Wimmera Branch President	0428 847 318	Mark Johns
Murtoa	0429 391 206	Leo Delahunty
Rupanyup	5385 5488	Russell Dunlop
Wallup	5383 4523/ 0427 834 523	Ian Schmidt
West Wimmera	5398 9224	Rob McRae
St Arnaud	5496 6255	Colin Coates
Warracknabeal	0428 543 366	Marshall Rodda

Rural Support – Government Organisations

Australian Competition & Consumer Commission	1300 302 502	www.accc.gov.au
Australian Tax Office (deferred payments)	131 142	www.ato.gov.au
Centrelink Drought Assistance	132 850 132 316	www.humanservices.gov.au/
Consumer Affairs Victoria	1300 558 181	www.consumer.vic.gov.au
Regional Development Victoria (DIIRD) Horsham Office	5381 2762 0409 170141	www.rdv.vic.gov.au/home Joe McClelland
Information Victoria – Victorian Government departments & services	1300 366 356	www.vic.gov.au
Legal Aid – Horsham based agency providing free legal advice	5381 6000 1800 177 638	www.legallaid.vic.gov.au
Rural Finance Corporation Bendigo Horsham	5448 2600 5381 0052	www.ruralfinance.com.au
State Ombudsman	1800 806 314	www.ombudsman.vic.gov.au
Victoria Business Line	132 215	www.business.vic.gov.au
Wageline – Federal awards and agreements and industry rates	131 394	www.fairwork.gov.au/
Dispute Settlement Centre of Victoria – (Horsham free)	1800 658 528	E: Sharon.richardson@justice.vic.gov.au

Rural Support – General		
Rural & Remote Engagement – Talk to a Mate - Mal Coutts (Yarriambiack/West Wimmera Shire)	0408 542 177	malc@wuc.org.au
The Salvation Army	5382 1770 5392 2304 5358 4072 5352 2720	Horsham Kaniva Stawell Ararat
Christian Emergency Food Centre – Emergency food supplies	5381 2311	Horsham base, servicing the Wimmera
Wimmera Men’s Shed Network	5362 1225	Geoff Witmitz
Red Cross Emergency Services Liaison Officer	0418 540 339	Kerri Dalzael
GWMWater , Water Carting and General Enquiries	1300 659 961	www.gwmwater.org.au
Counselling and Support Organisations –		
Dunmunkle Health Services – Murtoa, Minyip & Rupanyup	5363 0400	www.dunmunkle.com.au
Edenhope & District Memorial Hospital	5585 9800	www.edmh.org.au/
Goolum Goolum Aboriginal Cooperative – Koori Health	5381 6333	www.goolumgoolum.org.au
Grampians Community Health (Horsham Office) Counselling for alcohol and other drugs, problem gambling, grief, relationship, family violence, support and advocacy, general. Also Men’s Behaviour Change program, Drink Drive program, NSP program	5362 1200	www.grampianscommunityhealth.org.au
Wimmera Uniting Care – Financial Counselling, Family Counselling & Support, Youth Family Reconciliation	5362 4000	www.wuc.org.au
Ballarat Psychiatric Services	5382 6744 1300 661 323	Horsham Office
Rural North West Health – Warracknabeal, Hopetoun and Beulah	5396 1200	www.rnh.net.au
West Wimmera Health Service – Nhill, Rainbow, Jeparit, Kaniva General counselling, domestic violence.	5391 4222	www.wwhs.net.au
Wimmera Health Care Group – Horsham Counselling, emergency relief.	5381 9111	www.wimmerahealth.com
Yarriambiack Shire Youth Services General youth services 10-25 years. Will travel.	1800 065 647	www.yarriambiack.vic.gov.au
Family Relationship Centre Helping families build better relationships	1300 303 988	Horsham
Centacare - counselling	5337 8999	www.centacareballarat.org.au/
Other Assistance Services		
Beyond Blue – depression initiative – information only	1300 224 636	www.beyondblue.org.au
Family Drug Support	1300 368 186	http://www.fds.org.au/
Gambler’s Help	1800 858 858	www.problemgambling.vic.gov.au
Kids Help Line	1800 551 800	www.kidshelp.com.au
Life Line	131 114	www.lifeline.org.au
Men’sline Australia	1300 789 978	www.menslineaus.org.au
Men’s Referral Service (family violence)	1800 065 973	www.ntv.net.au
Parentline	132 289	www.parentline.vic.gov.au
SANE – Mental Health Information Line	1800 187 263	www.sane.org.au
Suicide Helpline	1300 651 251	http://suicideline.org.au
CASA (Centre Against Sexual Assault) – Horsham Office	5381 1211	wimmera@barwoncasa.org
Women’s Information Referral Exchange (WIRE)	1300 134 130	www.wire.org.au
Connectingcare – Health and Community services Directory - Provides links and a referral mechanism to health and community services		www.connectingcare.com.au

A TO Z OF COUNSELLORS

A

Marie Aitken - Psychologist	Wimmera Medical Centre, 6 – 12 Read Street Horsham
Phone:	5381 9096
Email:	m.aitken1@bigpond.com
Qualifications:	BA, Graduate Diploma in Vocational Counselling, Graduate Diploma in Mental Sciences (cognitive behavioural therapy)
Areas Covered:	Horsham Rural City
Specialising In:	Adolescence, Chronic Illness/Life Changes, Crisis/Trauma, Stress Management, Children 5–12, Vocational TAC, Work Cover, Eating Disorders, Anxiety- Phobias & OCD, Depression
Scope of Service:	Individual
Registration/ Membership	Australian Psychologist Society, College of Clinical Psychologists, Australian Association of Cognitive Behavioural Therapy
Cost:	Set

Dr Kate Alessia - Clinical Psychologist and Social Worker	Droylsden House, 143 – 145 Baillie Street, Horsham
Phone:	0400 444 040
Email:	
Qualifications:	Bachelor of Social Work, Bachelor of Arts (Psychology Major), Graduate Diploma in Counselling Psychology, Doctor of Psychology (Clinical), Certificate in Child and Adolescent Mental Health, Certificate in Clinical Hypnotherapy
Areas Covered:	Horsham
Specialising In:	Children 0-5, Children 5-12, Adolescence, Gender Issues, Bereavement, Relationships, Vocational, Supervision, Depression, Mental Illness, Chronic Illness/Life Changes, Stress Management. Other– assessment of learning disorders, assessment of autism spectrum disorders, adoption, bipolar disorder, anxiety, post-natal depression, dyslexia
Scope of Service:	Individual, Couples, Families, Specialist Therapies
Registration/Memberships:	Member Australian Psychological Society, Member of APS College of Clinical Psychologists, Member of Australian Association of Cognitive Behaviour Therapy
Cost:	Fee for service. Registered provider of Clinical Psychology services with Medicare, registered with private health insurers

B

Kathleen Ballinger - Social Worker	Wimmera Health Care Group, Baillie Street Horsham
Phone:	5381 9333
Email:	kathleen.ballinger@whcg.org.au
Qualifications:	Bachelor of Arts (indigenous studies) Masters of Social Work
Areas Covered:	Horsham and surrounds
Specialising In:	Children 5-12, Relationships, Depression, Issues Related to Ageing, Chronic Illness/Life Changes, Drug and Alcohol
Scope of Service:	Individual, Advocacy, Families
Registration/Membership:	Australia Association of Social Workers (AASW)
Cost:	Free

Wendy Barton - Counsellor	Droylsden House Annexe, 143 Baillie Street Horsham
Phone:	5382 0926 / 0417 365 907
Email:	w.barton@bigpond.net.au
Qualifications:	Bachelor Social Worker, Bachelor of Social Science, Graduate Diploma of Psychology, Certificate in Clinical Hypnotherapy, Certificate in Critical Incident Management.
Areas Covered:	Horsham
Specialising In:	Relationships, depression, mental illness, stress management, debriefing/critical incident, supervision, crisis/trauma
Scope of Service:	Individual, Couples, Families
Registration/Membership:	Member of AASW, Accredited Mental Health Social Worker
Preferred Referral Method:	Private, GP, Agency
Cost:	Set - medicare rebate if applicable

Frankie Blake - Social Worker	Wimmera Health Care Group, Baillie Street Horsham
Phone:	5381 9333
Email:	frankie.blake@whcg.org.au
Qualifications:	Bachelor of Social Work
Areas Covered:	Horsham and District
Specialising In:	Bereavement, Chronic Illness/Life Changes, Depression, Crisis/Trauma, Issues Related to Ageing
Scope of Service:	Individual, Advocacy and Families
Registration/Membership:	Australian Association of Social Workers
Cost:	Free

Sybil Braybrook - Counsellor	Rural Northwest Health, Warracknabeal – Beulah - Hopetoun
Phone:	5396 1281 / 0427 854 304
Email:	Sybil.braybrook@rnh.net.au
Qualifications:	Doctorate of Counselling
Areas Covered:	Yarriambiack Shire
Specialising In:	Bereavement, children 0-12, relationships, TAC, Work Cover, depression, mental illness, stress management, issues related to ageing, adolescence, relationships, drug and alcohol, chronic illness/life changes, crisis/trauma, gambling, stress management, family therapy
Scope of Service:	Individual, families, couples, groups
Registration/Membership:	
Cost:	Fee - financial consideration

F

Thea Farrington – Counsellor	Grampians Community Health, 25 David Street Horsham
Phone:	5362 1200
Email:	Thea.f@grampianscommunityhealth.org.au
Qualifications:	Social Science Degree, Graduate Diploma Welfare
Areas Covered:	Horsham Rural City, West Wimmera Shire, Yarriambiack Shire, Hindmarsh Shire
Specialising In:	Drug & Alcohol, Drink Drive Education Program, Drug Drive - ,Assessments
Scope of Service:	Individual, Couples
Registration/Membership:	Clinical Member ACA
Cost:	Free

H

John Hastings - Counsellor	Gariwerd Counselling, 24-30 Reids Lane Halls Gap Grampians Community Health, Horsham – Stawell - Ararat
Phone:	5356 4267 / 0429 704 434
Email:	bunjil@netconnect.com.au
Qualifications:	Graduate Diploma Advanced Counselling
Areas Covered:	Halls Gap, Horsham, Stawell, Ararat
Specialising In:	Relationships, Depression, Mental Illness, Issues Related to Ageing, Chronic Illness/Life Changes, Drug and Alcohol, Crisis & Trauma, Gambling
Scope of Service:	Individual, Couples, Families
Registration/Membership:	Clinical Member Australian Counselling Association
Cost:	\$90 per session - unless referral from Carers Victoria or Local GP through Mental Health Script Program

Valerie Hastings - Counsellor	Creative Arts Therapy, Reids Lane Halls Gap
Phone:	5356 4267 / 0419 131 874
Email:	bunjil47@bigpond.com
Qualifications:	Counsellor and Creative Arts Therapist, Dip. Ed., BA. Ed. (Psych)., Masters Creative Arts Therapy, Post Grad Degree with an Ad Cert in Supervising Tertiary Students and Teachers.
Areas Covered:	Halls Gap, Grampians
Specialising In:	Personal development, stress management, grief and loss, anxiety and depression, relationship issues, emotional difficulties, trauma, abuse, debriefing, mental health, alcohol and other drug concerns, acquired brain injury, disabilities, children's emotional and behavioural problems, professional clinical supervision, team development.
Scope of Service:	Individual, Families, Couples, Groups, People with Disabilities
Registration/Membership:	AIWCW, ACATA, CMACA, ATSS.
Cost:	Set/Negotiable

Carol Henwood - Counsellor	Grampians Community Health, 25 David Street Horsham
Phone:	5362 1200
Email:	carol.h@grampianscommunityhealth.org.au
Qualifications:	Welfare Degree in Social Sciences, Diploma in Counselling
Areas Covered:	Hindmarsh Shire, Horsham Rural City, West Wimmera Shire, Yarriambiack Shire
Specialising In:	Gender Issues, Relationships, Crisis/Trauma, Drug & Alcohol, Debriefing/Critical Gambling, Family Violence
Scope of Service:	Individual, Groups, Families, Mediation, Couples, Advocacy, Debriefing after Crisis.
Registration/Membership:	Clinical Member of ACA
Cost:	Free

David Henwood - Counsellor	Grampians Community Health, 25 David Street Horsham
Phone:	5362 1200
Email:	david.h@grampianscommunityhealth.org.au
Qualifications:	Associate Diploma in Social Work, Graduate Certificate in Social Science – Male Family Violence Group Facilitation, Diploma in Alcohol and Other Drug Work
Areas Covered:	Hindmarsh Shire, Horsham Rural City, West Wimmera Shire, Yarriambiack Shire
Specialising In:	Adolescence, Victims of Crime, Drug & Alcohol, Stress Management, Gender Issues, Family Violence
Scope of Service:	Individual, Groups, Couples
Registration/Membership:	Clinical Member of ACA
Cost:	Free

David Hovey - Counsellor	283 Old Hamilton Road, Haven
Phone:	5382 4495
Email:	dghovey@bigpond.com
Qualifications:	Diploma of Professional Counselling, Diploma of Health (Remedial Massage Therapies), Diploma of Ministry, Level 1 Practitioner Certificate in Expressive Therapies (Adults), Certificate in Expressive Therapies (Children & Adolescents)
Areas Covered:	Horsham, Western Victoria
Specialising In:	Relationships, depression, anxiety, stress, spirituality, relaxation techniques, life transitions.
Scope of Service:	Individuals, Families, Couples, Specialist Groups
Registration/Membership:	Australian Counselling Association, Australian Assoc of Massage Therapists
Cost:	Set
Referral:	GP Referral, Agency Referral, Private

Georgie Hovey - Counsellor	283 Old Hamilton Road, Haven
Phone:	5382 4495
Email:	dghovey@bigpond.com
Qualifications:	Bachelor of Education, Dip. Professional Counselling, Certificate in Expressive Therapies (Children and Adolescents), Level 1- Practitioner Certificate in Expressive Therapies (Adults)
Areas Covered:	Horsham, Western Victoria
Specialising In:	Children, Adolescents, Parents, Anxiety, Anger Management, Loss, Self Esteem, Modalities include: Expressive Therapies; Sandplay Therapy, Interactive Drawing Therapy
Scope of Service:	Individuals, Families
Registration/Membership	Australian Counselling Association, Victorian Institute of Teaching
Cost:	Set
Referral:	GP Referral, Agency Referral, Private

K

Jenny Keir - Psychologist	Wimmera Medical Centre, 6-12 Read Street Horsham Stawell Regional Health, Consulting Suites, Stawell
Phone:	0425 749 033
Email:	jikeir@optusnet.com.au
Qualifications:	Bachelor Behavioural Science, Grad Dip Applied Psychology, Masters Counselling
Areas Covered:	Horsham Rural City, Stawell
Specialising In:	Bereavement, Issues Related to Ageing, Chronic Illness/Life, Changes, Relationships, Depression, Anxiety, Crisis & Trauma, Stress Management, Self-esteem, TAC, Work Cover, Victims of Crime
Scope of Service:	Individual adults, Couples
Registration/Membership:	Psychologist – Registered Member Australian Psychological Society, Assoc. Member Australian Society of Hypnosis
Cost:	Set- Pension/ Health Care Card

M

Sandra McGrath - Counsellor	Grampians Community Health, 25 David Street Horsham
Phone:	5362 1200
Email:	sandra.m@grampianscommunityhealth.org.au
Qualifications:	BA, MA, Graduate Diploma of Social Science in Human Services, Certificate in Advanced Supervision
Areas Covered:	Horsham Rural City, Hindmarsh Shire, West Wimmera Shire, Yarriambiack Shire
Specialising In:	Bereavement, Stress Management, Relationships, Chronic Illness/Life , Changes, Depression & Anxiety, Gender Issues, Support Counselling
Scope of Service:	Individual, Advocacy, Groups, Couples
Registration/Membership:	Level 3 ACA
Cost:	Free

Sarah Mercer - Counsellor	Wimmera Uniting Care, 185 Baillie Street Horsham
Phone:	5362 4000
Email:	sarahm@wuc.org.au
Qualifications:	Bachelor of Psychological Science, Masters of Clinical Counselling, Certificate IV in Alcohol & Other Drugs
Areas Covered:	Horsham Rural City & District
Specialising In:	Drug & Alcohol
Scope of Service:	Individual, Advocacy
Registration/Membership:	ACA
Cost:	Free

N

Vynka-Lee Neighbour - Counsellor	Suites 1 & 2, Wembley Chambers, 142 Baillie Street Horsham
Phone:	0437 120 034
Email:	vynkaleeneighbourcounselling@gmail.com
Qualifications:	Bachelor of Social Work, Associate. Diploma of Social Welfare, Cert Critical Incident Stress debriefing, Cert Family Therapy, Cert Grief and Loss Therapy, Cert Clinical Hypnotherapy and many other mental health specific training
Areas Covered:	Horsham/Wimmera and surrounding areas
Specialising In:	Bereavement, adolescence, relationships, chronic illness/life changes, victims of crime, depression, crisis/ trauma, stress management, debriefing/ critical incident, family therapy, issues related to ageing, gender issues, vocational, TAC, workcover, supervision, mental illness
Scope of Service:	Individual, families, couples, groups, mediation, advocacy.
Registration/Membership:	Australians Association of Social Workers, Accredited Mental Health Social Worker AHSW, Australian Association of Cognitive and Behaviour Therapy, Rural Social Work Action Group, Member Mental Health Professional Network, Wimmera Counsellors Group.
Preferred Referral Method:	Private, GP, Medicare, workcover approved
Cost:	Fee for service. Medical rebates available with a GP referral. Funded consultations when referred by Victims of Crime, Workcover, Employee Assistance Providers, Private Counselling and Supervision available

O

Frank O'Connor - Counsellor	
Phone:	5381 1619 / 0457 631 275
Email:	fandloc@bigpond.net.au
Qualifications:	B. Bsc (Latrobe) B. Ed (Couns) (Latrobe)
Areas Covered:	Horsham Rural City and Warrnambool
Specialising In:	Bereavement, Relationships, TAC, Work Cover, Depression, Stress Management, Chronic Illness/Life Changes, Crisis/Trauma, Work Stress, Parenting, Anxiety Disorders-PTSD
Scope of Service:	Individual, Couples and Veterans
Registration/Membership	Registered Psychologist
Cost:	Fee for service, Registered provider with Medicare

P

Suzanne Penrose - Counsellor	
Phone:	5382 7056
Email:	suzannepenrosechangingfocus@gmail.com
Qualifications:	Diploma Teaching Primary, Bachelor Education (Primary Music), Diploma of Counselling
Areas Covered:	Horsham and surrounding towns
Specialising In:	Bereavement, Children 5-12, Gender Issues, Relationships, Chronic Illness/Life Changes, Stress Management, Anxiety, Personal Growth, Holistic Health, Spiritual Awareness
Scope of Service:	Individual, Couples
Registration/Membership:	AAHTC VIT
Cost:	Fee

S

Brendan Scale - Counsellor	
Phone:	0448 816 695
Email:	counselling@happyhealthyfamilies.com.au
Qualifications:	Bachelor of Arts (Christian Counselling), Certificate IV Alcohol and Other Drugs, Certificate IV Mental Health (Non clinical)
Areas Covered:	Hindmarsh Shire, Horsham Rural City, West Wimmera Shire, Yarriambiack Shire
Specialising In:	Adolescents, Adults, Depression, Anxiety, Stress, Alcohol and other Drugs, Parenting, Spirituality
Scope of Service:	Individuals, Couples, Families, Group therapy
Registrations/Membership:	Level 4 Member– Australia Counselling Association
Cost:	Fee for service
Referral:	GP Referral, Agency Referral, Private

T

Lou Tehan - Counsellor	Tulkara Counselling, North Woodlands Navarre
Phone:	5357 4231 / 0417 141 497
Email:	tulkara1@bigpond.com
Qualifications:	Masters Degree. Creative Arts Therapy: Counselling & Psychotherapy (RMIT Uni.), Div. 1 Nurse, Advanced Certificate in Supervision
Areas Covered:	Horsham, Donald, St Arnaud, Stawell, Ararat
Specialising In:	Bereavement, Issues Relating to Ageing, Supervision, Depression, Mental Illness, Stress Management, Debriefing/Critical Incident
Scope of Service:	Individual, Specialist Therapies, Therapeutic Groups: Family, Women, ABI, Clinical Supervision
Registration/Memberships:	Australian Counselling Association (Professional Level 4 Member), Australian Creative Arts Therapy Association, Australasia Society for Traumatic Stress Studies– ASTSS, Member of Mental Health Professionals Network
Cost:	Fee. (negotiable)

WIMMERA COUNSELLORS DIRECTORY – ENTRY OF DETAILS FORM

The Wimmera Counsellors Directory is produced by Wimmera Primary Care Partnership. This directory lists all participating counsellors/psychologists/physiatrists etc in the Wimmera area and is updated approximately every 6 months.

If you would like your service listed in the counsellors directory please complete the following form and email to pcpadmin@grampianscommunityhealth.org.au

Name:

Address:

Phone:

Email:

Qualifications:

Areas Covered:

Specialising In:
(tick all relevant)

Bereavement
Children 5–12
Relationships
Life Changes
Supervision
Crisis / Trauma
Gambling
Critical Incident

Issues Related to Ageing
Adolescence
Vocational
TAC, Work Cover
Depression
Mental Illness
Stress Management
Other - please detail

Children 0 - 5
Gender Issues
Chronic Illness
Victims of Crime
Financial
Drug & Alcohol
Debriefing

Scope of Service:

Individual
Advocacy
Groups

Mediation
Couples
Other – please detail

Families
Specialist Therapies

Registration/Membership:

Cost:

Other relevant information:
