



# WIMMERA COUNSELLORS DIRECTORY 2014

Last Updated November 2014

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[www.wimmerapcp.org.au](http://www.wimmerapcp.org.au)

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This Wimmera Counsellors Directory is an initiative of the Wimmera Primary Care Partnership (WPCP) Counselling Working Group, with co-operation from the Wimmera Counsellors Group.

The WPCP aims to improve the health and wellbeing of their catchment's population by better co-ordination of planning and service delivery in response to identified needs. For more information on WPCP go to [www.wimmerapcp.org.au](http://www.wimmerapcp.org.au)

A regularly updated version of this document will be available on the WPCP website or you can obtain a copy by emailing a request to [pcpadmin@grampianscommunityhealth.org.au](mailto:pcpadmin@grampianscommunityhealth.org.au)

Should you wish to have your details as a counsellor included in this directory or make changes to existing details, please complete the form at the back of this document and fax to (03) 5382 4687 or email to [pcpadmin@grampianscommunityhealth.org.au](mailto:pcpadmin@grampianscommunityhealth.org.au)

For links and a referral mechanism to health and community services within different municipalities around Victoria go to the Health and Community Services Directory at [www.connectingcare.com](http://www.connectingcare.com)

**Disclaimer:**

The Wimmera Primary Care Partnership wishes to advise that this directory is correct at the time of printing. In the preparation of this document, no judgement has been made in regard to listed professionals Qualifications or competencies.

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## How Do I Choose A Counsellor?

It is easy to be confused by the various titles and jargon associated with counselling services. Below are brief explanations, in very general terms, of what some of these names mean to help you decide which service is best for you. Remember, you are perfectly entitled to ask a counsellor for further information on their Qualifications, techniques and areas of specialisation. The most important thing is that you experience a good connection with the counsellor, whatever their training or title.

**PSYCHOLOGISTS** have usually gone through several years of undergraduate and post graduate training in human behaviour. They use a range of psychological interventions to treat less severe mental illnesses and psychological distress. They sometimes are confused with psychiatrists who are actually medically trained and usually work with more severe mental illnesses and prescribe medication. In Australia, qualified psychologists are usually members of the Australian Psychological Society and hence use the acronym MAPS.

**SOCIAL WORKERS** have a broad training, including practice in a variety of counselling techniques. They tend to focus on a client's total situation, such as their living environment, in addressing problems or crises. They will often offer family therapy. In Australia, qualified social workers usually hold a Bachelor of Social Work (BSW) and are members of the Australian Association of Social Workers (AASW).

**COUNSELLORS** who are not psychologists or social workers usually have formal training also. The training may be university degrees (e.g. in human behaviour and counselling), in general counselling (e.g. Diploma of Professional Counselling), or more specific fields (e.g. Gestalt Therapy; Expressive Therapies). Many counsellors in the Wimmera region have completed a Diploma of Welfare Studies and are therefore also known as **WELFARE WORKERS**. Most counsellors are members of a professional organisation such as the Australian Institute of Welfare and Community Workers (AIWCW) or Australian Counselling Association (ACA).

Some counsellors may call themselves **PSYCHOTHERAPISTS**. Counselling and psychotherapy both refer to psychological therapy, although psychotherapy is likely to be more in-depth than some forms of counselling.

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## LIST OF AGENCIES IN THE WIMMERA PROVIDING COUNSELLORS

### **Wimmera Uniting Care**

185 Baillie Street, Horsham  
Phone: (03) 5362 4000

### **Grampian Community Health**

25 David Street, Horsham  
Phone: (03) 5362 1200

### **Centre Against Sexual Assault (CASA)**

45 McPherson St, Horsham  
Phone: (03) 5381 1211

### **West Wimmera Health Service**

Nelson Street, Nhill  
Phone: (03) 5391 4260

### **Rural Financial Counselling Service Victoria – Wimmera South West Inc. (Finance only)**

Office 5, Wembley Chambers  
142 Baillie St, Horsham  
Phone: (03) 5381 1646  
Patrick White – 0427 340 621

### **Wimmera Health Care Group**

Baillie Street, Horsham  
Phone: (03) 5381 9333

### **Goolum Goolum Aboriginal Co-Operative**

43 Hamilton St, Horsham  
Phone: (03) 5381 6301

### **Salvation Army**

12 Kalkee Road, Horsham  
Phone: (03) 5382 1770

### **Rural North West Health**

Dimboola Road, Warracknabeal  
Phone: (03) 5396 1200

### **Dunmunkle Health Services**

23-25 Church Street, Minyip  
Phone: (03) 5363 1200

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## Rural Support and Assistance Contacts – September 2014

### Rural Support – Local Government

<b>Hindmarsh Shire Council</b>	5391 4444	<a href="http://www.hindmarsh.vic.gov.au">www.hindmarsh.vic.gov.au</a>
<b>Horsham Rural City Council</b>	5382 9777	<a href="http://www.hrcc.vic.gov.au">www.hrcc.vic.gov.au</a>
<b>Yarriambiack Shire Council</b> - Gavin Blinman, Manager of Community Services & Development - Emergency Relief Grants	5398 0100	<a href="http://www.yarriambiack.vic.gov.au">www.yarriambiack.vic.gov.au</a>
<b>West Wimmera Shire Council</b>	5585 9900	<a href="http://www.westwimmera.vic.gov.au">www.westwimmera.vic.gov.au</a>
<b>Buloke Shire Council</b> - Community Development Officer Mark Remnant	5478 0175	<a href="http://www.buloke.vic.gov.au">www.buloke.vic.gov.au</a>
<b>Northern Grampians Shire</b>	5358 8700	<a href="http://www.ngshire.vic.gov.au">www.ngshire.vic.gov.au</a>

### Rural Financial Counselling Services – Identify and assess financial options for rural people (FREE)

<b>RFCS Victoria – Murray/Mallee</b>	Mildura	5022 0799 0400 411 411	Stephanie Ferdelja
<b>RFCS Victoria – North Central</b>	Kerang Bendigo	5450 3285 5442 2424	
<b>RFCS Victoria – Wimmera South West</b>	Ballarat Colac Hamilton Horsham Terang	1300 735 578 0427 094 675 03 5232 2976 03 5572 4540 03 5371 1646 0429 406 761	Brian Gardiner Wayne Stephen Tony Doyle, Davina Stacy Chris Warrick, Patrick White Vince Thorne

### Victorian Farmers Federation

	<b>1300 882 833</b>	<b><a href="http://www.vff.org.au">www.vff.org.au</a></b>
Horsham	5383 4524/ 0427 834 524	David Jochinke
Horsham – Wimmera Branch President	0428 847 318	Mark Johns
Murtoa	0429 391 206	Leo Delahunty
Rupanyup	5385 5488	Russell Dunlop
Wallup	5383 4523/ 0427 834 523	Ian Schmidt
West Wimmera	5398 9224	Rob McRae
St Arnaud	5496 6255	Colin Coates
Warracknabeal	0428 543 366	Marshall Rodda

### Rural Support – Government Organisations

<b>Australian Competition &amp; Consumer Commission</b>	1300 302 502	<a href="http://www.accc.gov.au">www.accc.gov.au</a>
<b>Australian Tax Office</b> (deferred payments)	131 142	<a href="http://www.ato.gov.au">www.ato.gov.au</a>
<b>Centrelink</b> Drought Assistance	132 850 132 316	<a href="http://www.humanservices.gov.au/">www.humanservices.gov.au/</a>
<b>Consumer Affairs Victoria</b>	1300 558 181	<a href="http://www.consumer.vic.gov.au">www.consumer.vic.gov.au</a>
<b>Regional Development Victoria (DIIRD)</b> Horsham Office	5381 2762 0409 170141	<a href="http://www.rdv.vic.gov.au/home">www.rdv.vic.gov.au/home</a> Joe McClelland
<b>Information Victoria</b> – Victorian Government departments & services	1300 366 356	<a href="http://www.vic.gov.au">www.vic.gov.au</a>
<b>Legal Aid</b> – Horsham based agency providing free legal advice	5381 6000 1800 177 638	<a href="http://www.legalaid.vic.gov.au">www.legalaid.vic.gov.au</a>
<b>Rural Finance Corporation</b>	Bendigo Horsham	5448 2600 5381 0052 <a href="http://www.ruralfinance.com.au">www.ruralfinance.com.au</a>
<b>State Ombudsman</b>	1800 806 314	<a href="http://www.ombudsman.vic.gov.au">www.ombudsman.vic.gov.au</a>
<b>Victoria Business Line</b>	132 215	<a href="http://www.business.vic.gov.au">www.business.vic.gov.au</a>
<b>Wageline</b> – Federal awards and agreements and industry rates	131 394	<a href="http://www.fairwork.gov.au/">www.fairwork.gov.au/</a>
<b>Dispute Settlement Centre of Victoria</b> – (Horsham free)	1800 658 528	E: <a href="mailto:Sharon.richardson@justice.vic.gov.au">Sharon.richardson@justice.vic.gov.au</a>

<b>Rural Support – General</b>		
<b>Rural &amp; Remote Engagement – Talk to a Mate - Mal Coutts</b> (Hindmarsh/West Wimmera Shire)	0408 542 177	<a href="mailto:malc@wuc.org.au">malc@wuc.org.au</a>
<b>The Salvation Army</b>	5382 1770 5392 2304 5358 4072 5352 2720	Horsham Kaniva Stawell Ararat
<b>Christian Emergency Food Centre – Emergency food supplies</b>	5381 2311	Horsham base, servicing the Wimmera
<b>Wimmera Men’s Shed Network</b>	5362 1225	Geoff Witmitz
<b>Red Cross Emergency Services Liaison Officer</b>	0418 540 339	Kerri Dalzael
<b>GWMWater, Water Carting and General Enquiries</b>	1300 659 961	<a href="http://www.gwmwater.org.au">www.gwmwater.org.au</a>
<b>Counselling and Support Organisations –</b>		
<b>Dunmunkle Health Services – Murtoa, Minyip &amp; Rupanyup</b>	5363 0400	<a href="http://www.dunmunkle.com.au">www.dunmunkle.com.au</a>
<b>Edenhope &amp; District Memorial Hospital</b>	5585 9800	<a href="http://www.edmh.org.au/">www.edmh.org.au/</a>
<b>Goolum Goolum Aboriginal Cooperative – Koori Health</b>	5381 6333	<a href="http://www.goolumgoolum.org.au">www.goolumgoolum.org.au</a>
<b>Grampians Community Health (Horsham Office)</b> Counselling for alcohol and other drugs, problem gambling, grief, relationship, family violence, support and advocacy, general. Also Men’s Behaviour Change program, Drink Drive program, NSP program	5362 1200	<a href="http://www.grampianscommunityhealth.org.au">www.grampianscommunityhealth.org.au</a>
<b>Wimmera Uniting Care – Financial Counselling, Family Counselling &amp; Support</b>	5362 4000	<a href="http://www.wimmera.unitingcare.org.au">www.wimmera.unitingcare.org.au</a>
<b>Ballarat Psychiatric Services</b>	5382 6744 1300 661 323	Horsham Office
<b>Rural North West Health – Warracknabeal, Hopetoun and Beulah</b>	5396 1200	<a href="http://www.rnh.net.au">www.rnh.net.au</a>
<b>West Wimmera Health Service – Nhill, Rainbow, Jeparit, Kaniva</b> General counselling, domestic violence.	5391 4222	<a href="http://www.wwhs.net.au">www.wwhs.net.au</a>
<b>Wimmera Health Care Group – Horsham</b> Counselling, emergency relief.	5381 9111	<a href="http://www.wimmerahealth.com">www.wimmerahealth.com</a>
<b>Yarriambiack Shire Youth Services</b> General youth services 10-25 years. Will travel.	1800 065 647	<a href="http://www.yarriambiack.vic.gov.au">www.yarriambiack.vic.gov.au</a>
<b>Family Relationship Centre</b> Helping families build better relationships	1300 303 988	Horsham
<b>Centacare - counselling</b>	5337 8999	<a href="http://www.centacareballarat.org.au/">www.centacareballarat.org.au/</a>
<b>Other Assistance Services</b>		
<b>Beyond Blue – depression initiative – information only</b>	1300 224 636	<a href="http://www.beyondblue.org.au">www.beyondblue.org.au</a>
<b>Family Drug Support</b>	1300 368 186	<a href="http://www.fds.org.au/">http://www.fds.org.au/</a>
<b>Gambler’s Help</b>	1800 858 858	<a href="http://www.problemgambling.vic.gov.au">www.problemgambling.vic.gov.au</a>
<b>Kids Help Line</b>	1800 551 800	<a href="http://www.kidshelp.com.au">www.kidshelp.com.au</a>
<b>Life Line</b>	131 114	<a href="http://www.lifeline.org.au">www.lifeline.org.au</a>
<b>Men’sline Australia</b>	1300 789 978	<a href="http://www.menslineaus.org.au">www.menslineaus.org.au</a>
<b>Men’s Referral Service (family violence)</b>	1800 065 973	<a href="http://www.ntv.net.au">www.ntv.net.au</a>
<b>Parentline</b>	132 289	<a href="http://www.parentline.vic.gov.au">www.parentline.vic.gov.au</a>
<b>SANE – Mental Health Information Line</b>	1800 187 263	<a href="http://www.sane.org.au">www.sane.org.au</a>
<b>Suicide Helpline</b>	1300 651 251	<a href="http://suicideline.org.au">http://suicideline.org.au</a>
<b>CASA (Centre Against Sexual Assault) – Horsham Office</b>	5381 1211	<a href="mailto:wimmera@barwoncasa.org">wimmera@barwoncasa.org</a>
<b>Women’s Information Referral Exchange (WIRE)</b>	1300 134 130	<a href="http://www.wire.org.au">www.wire.org.au</a>
<b>Connectingcare – Health and Community services Directory</b> Provides links and a referral mechanism to health and community services		<a href="http://www.connectingcare.com.au">www.connectingcare.com.au</a>

## A TO Z OF COUNSELLORS

<b>Brendan Scale - Counsellor</b>	Po Box 592 Horsham
<b>Phone:</b>	0448 816 695
<b>Email:</b>	<a href="mailto:counselling@happyhealthyfamilies.com.au">counselling@happyhealthyfamilies.com.au</a>
<b>Qualifications:</b>	Bachelor of Arts (Christian Counselling), Certificate IV Alcohol and Other Drugs, Certificate IV Mental Health (Non clinical)
<b>Areas Covered:</b>	Hindmarsh Shire, Horsham Rural City, West Wimmera Shire, Yarriambiack Shire
<b>Specialising In:</b>	Adolescents, Adults, Depression, Anxiety, Stress, Alcohol and other Drugs, Parenting, Spirituality
<b>Scope of Service:</b>	Individuals, Couples, Families, Group therapy
<b>Registrations/Membership:</b>	Level 4 Member– Australia Counselling Association
<b>Cost:</b>	Fee for service
<b>Referral:</b>	GP Referral, Agency Referral, Private

<b>Carol Henwood - Counsellor</b>	Grampians Community Health, 25 David Street Horsham
<b>Phone:</b>	5362 1200
<b>Email:</b>	<a href="mailto:carol.h@grampianscommunityhealth.org.au">carol.h@grampianscommunityhealth.org.au</a>
<b>Qualifications:</b>	Welfare Degree in Social Sciences, Diploma in Counselling
<b>Areas Covered:</b>	Hindmarsh Shire, Horsham Rural City, West Wimmera Shire, Yarriambiack Shire
<b>Specialising In:</b>	Gender Issues, Relationships, Crisis/Trauma, Drug & Alcohol, Debriefing/Critical Gambling, Family Violence
<b>Scope of Service:</b>	Individual, Groups, Families, Mediation, Couples, Advocacy, Debriefing after Crisis.
<b>Registration/Membership:</b>	Clinical Member of ACA
<b>Cost:</b>	Free

<b>Cherie Ladlow - Youth and Family Mediator</b>	Wimmera Uniting Care, 185 Baillie Street Horsham
<b>Phone:</b>	0427 310 141
<b>Email:</b>	<a href="mailto:cheriel@wuc.org.au">cheriel@wuc.org.au</a>
<b>Qualifications:</b>	Advanced Mediation, Certificate IV in Mental Health and Drug and Alcohol
<b>Areas Covered:</b>	Horsham Rural City, Hindmarsh Shire, West Wimmera Shire, Yarriambiack Shire, Stawell & Ararat
<b>Specialising In:</b>	Individual Adolescent Support, Parent Support
<b>Scope of Service:</b>	Families and Individual Support
<b>Cost:</b>	Free

<b>David Henwood - Counsellor</b>	Grampians Community Health, 25 David Street Horsham
<b>Phone:</b>	5362 1200
<b>Email:</b>	<a href="mailto:david.h@grampianscommunityhealth.org.au">david.h@grampianscommunityhealth.org.au</a>
<b>Qualifications:</b>	Associate Diploma in Social Work, Graduate Certificate in Social Science – Male Family Violence Group Facilitation, Diploma in Alcohol and Other Drug Work
<b>Areas Covered:</b>	Hindmarsh Shire, Horsham Rural City, West Wimmera Shire, Yarriambiack Shire
<b>Specialising In:</b>	Adolescence, Victims of Crime, Drug & Alcohol, Stress Management, Gender Issues, Family Violence
<b>Scope of Service:</b>	Individual, Groups, Couples
<b>Registration/Membership:</b>	Clinical Member of ACA
<b>Cost:</b>	Free

<b>David Hovey - Counsellor</b>	283 Old Hamilton Road, Haven
<b>Phone:</b>	5382 4495
<b>Email:</b>	<a href="mailto:dghovey@bigpond.com">dghovey@bigpond.com</a>
<b>Qualifications:</b>	Diploma of Professional Counselling, Diploma of Health (Remedial Massage Therapies), Diploma of Ministry, Level 1 Practitioner Certificate in Expressive Therapies (Adults), Certificate in Expressive Therapies (Children & Adolescents)
<b>Areas Covered:</b>	Horsham, Western Victoria
<b>Specialising In:</b>	Relationships, depression, anxiety, stress, spirituality, relaxation techniques, life transitions.
<b>Scope of Service:</b>	Individuals, Families, Couples, Specialist Groups
<b>Registration/Membership:</b>	Australian Counselling Association, Australian Assoc of Massage Therapists
<b>Cost:</b>	Set
<b>Referral:</b>	GP Referral, Agency Referral, Private

<b>Frank O'Connor - Counsellor</b>	
<b>Phone:</b>	5381 1619 / 0457 631 275
<b>Email:</b>	<a href="mailto:fandloc@bigpond.net.au">fandloc@bigpond.net.au</a>
<b>Qualifications:</b>	B. Bsc (Latrobe) B. Ed (Couns) (Latrobe)
<b>Areas Covered:</b>	Horsham Rural City and Warrnambool
<b>Specialising In:</b>	Bereavement, Relationships, TAC, Work Cover, Depression, Stress Management, Chronic Illness/Life Changes, Crisis/Trauma, Work Stress, Parenting, Anxiety Disorders-PTSD
<b>Scope of Service:</b>	Individual, Couples and Veterans
<b>Registration/Membership</b>	Registered Psychologist
<b>Cost:</b>	Fee for service, Registered provider with Medicare



<b>Frankie Blake - Social Worker</b>	Wimmera Health Care Group, Baillie Street Horsham
<b>Phone:</b>	5381 9333
<b>Email:</b>	<a href="mailto:frankie.blake@whcg.org.au">frankie.blake@whcg.org.au</a>
<b>Qualifications:</b>	Bachelor of Social Work
<b>Areas Covered:</b>	Horsham and District
<b>Specialising In:</b>	Bereavement, Chronic Illness/Life Changes, Depression, Crisis/Trauma, Issues Related to Ageing
<b>Scope of Service:</b>	Individual, Advocacy and Families
<b>Registration/Membership:</b>	Australian Association of Social Workers
<b>Cost:</b>	Free

<b>Georgie Hovey - Counsellor</b>	283 Old Hamilton Road, Haven
<b>Phone:</b>	5382 4495
<b>Email:</b>	<a href="mailto:dghovey@bigpond.com">dghovey@bigpond.com</a>
<b>Qualifications:</b>	Bachelor of Education, Dip. Professional Counselling, Certificate in Expressive Therapies (Children and Adolescents), Level 1- Practitioner Certificate in Expressive Therapies (Adults)
<b>Areas Covered:</b>	Horsham, Western Victoria
<b>Specialising In:</b>	Children, Adolescents, Parents, Anxiety, Anger Management, Loss, Self Esteem, Modalities include: Expressive Therapies; Sandplay Therapy, Interactive Drawing Therapy
<b>Scope of Service:</b>	Individuals, Families
<b>Registration/Membership</b>	Australian Counselling Association, Victorian Institute of Teaching
<b>Cost:</b>	Set
<b>Referral:</b>	GP Referral, Agency Referral, Private

<b>Irina Bennewitz - Counsellor</b>	
<b>Phone:</b>	0400 312 135
<b>Email:</b>	<a href="mailto:irinb@bigpond.com">irinb@bigpond.com</a>
<b>Qualifications:</b>	Registered Nurse, Credentialed Mental Health nurse, Diploma of Professional Counselling, Graduate Certificate of Diabetes Education, Higher Diploma of Secondary Teaching
<b>Areas Covered:</b>	Horsham
<b>Specialising In:</b>	Bereavement, Issues Relating to Ageing, Adolescence, Gender Issues, Relationships, Vocational, Chronic Illness/Life Changes, Depression, Mental Illness, Stress Management
<b>Scope of Service:</b>	Individual, Couples
<b>Registration/Membership:</b>	
<b>Cost:</b>	Fee. Some medicare rebates may be applicable

<b>Jenny Keir - Psychologist</b>	Wimmera Medical Centre, 6-12 Read Street Horsham Stawell Regional Health, Consulting Suites, Stawell
<b>Phone:</b>	0425 749 033
<b>Email:</b>	<a href="mailto:jlkeir@optusnet.com.au">jlkeir@optusnet.com.au</a>
<b>Qualifications:</b>	Bachelor Behavioural Science, Grad Dip Applied Psychology, Masters Counselling
<b>Areas Covered:</b>	Horsham Rural City, Stawell
<b>Specialising In:</b>	Bereavement, Issues Related to Ageing, Chronic Illness/Life, Changes, Relationships, Depression, Anxiety, Crisis & Trauma, Stress Management, Self-esteem, TAC, Work Cover, Victims of Crime
<b>Scope of Service:</b>	Individual adults, Couples
<b>Registration/Membership:</b>	Psychologist – Registered Member Australian Psychological Society, Assoc. Member Australian Society of Hypnosis
<b>Cost:</b>	Set- Pension/ Health Care Card

<b>John Hastings - Counsellor</b>	Gariwerd Counselling, 24-30 Reids Lane Halls Gap Grampians Community Health, Horsham – Stawell - Ararat
<b>Phone:</b>	5356 4267 / 0429 704 434
<b>Email:</b>	<a href="mailto:bunjil@netconnect.com.au">bunjil@netconnect.com.au</a>
<b>Qualifications:</b>	Graduate Diploma Advanced Counselling
<b>Areas Covered:</b>	Halls Gap, Horsham, Stawell, Ararat
<b>Specialising In:</b>	Relationships, Depression, Mental Illness, Issues Related to Ageing, Chronic Illness/Life Changes, Drug and Alcohol, Crisis & Trauma, Gambling
<b>Scope of Service:</b>	Individual, Couples, Families
<b>Registration/Membership:</b>	Clinical Member Australian Counselling Association
<b>Cost:</b>	\$90 per session - unless referral from Carers Victoria or Local GP through Mental Health Script Program

<b>Kathleen Ballinger - Social Worker</b>	Wimmera Health Care Group, Baillie Street Horsham
<b>Phone:</b>	5381 9333
<b>Email:</b>	<a href="mailto:kathleen.ballinger@whcg.org.au">kathleen.ballinger@whcg.org.au</a>
<b>Qualifications:</b>	Bachelor of Arts (indigenous studies) Masters of Social Work
<b>Areas Covered:</b>	Horsham and surrounds
<b>Specialising In:</b>	Children 5-12, Relationships, Depression, Issues Related to Ageing, Chronic Illness/Life Changes, Drug and Alcohol
<b>Scope of Service:</b>	Individual, Advocacy, Families
<b>Registration/Membership:</b>	Australia Association of Social Workers (AASW)
<b>Cost:</b>	Free

<b>Dr Kate Alessia - Clinical Psychologist and Social Worker</b>	Droylsden House, 143 – 145 Baillie Street, Horsham
<b>Phone:</b>	0400 444 040
<b>Email:</b>	
<b>Qualifications:</b>	Bachelor of Social Work, Bachelor of Arts (Psychology Major), Graduate Diploma in Counselling Psychology, Doctor of Psychology (Clinical), Certificate in Child and Adolescent Mental Health, Certificate in Clinical Hypnotherapy
<b>Areas Covered:</b>	Horsham
<b>Specialising In:</b>	Children 0-5, Children 5-12, Adolescence, Gender Issues, Bereavement, Relationships, Vocational, Supervision, Depression, Mental Illness, Chronic Illness/Life Changes, Stress Management. Other– assessment of learning disorders, assessment of autism spectrum disorders, adoption, bipolar disorder, anxiety, post-natal depression, dyslexia
<b>Scope of Service:</b>	Individual, Couples, Families, Specialist Therapies
<b>Registration/Memberships:</b>	Member Australian Psychological Society, Member of APS College of Clinical Psychologists, Member of Australian Association of Cognitive Behaviour Therapy
<b>Cost:</b>	Fee for service. Registered provider of Clinical Psychology services with Medicare, registered with private health insurers
<b>Lou Tehan - Counsellor</b>	Tulkara Counselling, North Woodlands Navarre
<b>Phone:</b>	5357 4231 / 0417 141 497
<b>Email:</b>	<a href="mailto:tulkara@skymesh.com.au">tulkara@skymesh.com.au</a>
<b>Qualifications:</b>	Masters Degree. Creative Arts Therapy: Counselling & Psychotherapy (RMIT Uni.), Reg. Nurse Div. 1, Advanced Certificate in Supervision
<b>Areas Covered:</b>	Horsham, Donald, St Arnaud, Stawell, Ararat
<b>Specialising In:</b>	Bereavement, Issues Relating to Ageing, Supervision, Depression, Mental Illness, Stress Management, Debriefing/Critical Incident
<b>Scope of Service:</b>	Individual, Specialist Therapies, Therapeutic Groups: Family, Women, ABI, Clinical Supervision
<b>Registration/Memberships:</b>	Australian Counselling Association (Professional Level 4 Member), Australian Creative Arts Therapy Association– Professional Member. Victorian Brain Injury Association, VIBIRA/Australasia Society for Traumatic Stress Studies– ASTSS, Member of Mental Health Professionals Network
<b>Cost:</b>	Fee. (negotiable)

<b>Margaret Hughan - Counsellor</b>	Harmony Counselling, McKenzie Creek
<b>Phone:</b>	
<b>Email:</b>	<a href="mailto:harmony@wimmera.com.au">harmony@wimmera.com.au</a>
<b>Qualifications:</b>	Social Work Degree, Welfare Degree, Masters Social Work, Diploma in Hypnotherapy
<b>Areas Covered:</b>	Located in Horsham
<b>Specialising In:</b>	Bereavement, Supervision, Relationships, Mental Illness, Victims of Crime, Family Therapy, Depression, Crisis & Trauma, Stress Management, Debriefing/Critical Incident, Gender Issues
<b>Scope of Service:</b>	Individual, Groups, Couples, Families, Hypnotherapy
<b>Cost:</b>	Set
<b>Marie Aitken - Psychologist</b>	Wimmera Medical Centre, 6 – 12 Read Street Horsham
<b>Phone:</b>	5381 9096
<b>Email:</b>	<a href="mailto:m.aitken1@bigpond.com">m.aitken1@bigpond.com</a>
<b>Qualifications:</b>	BA, Graduate Diploma in Vocational Counselling, Graduate Diploma in Mental Sciences (cognitive behavioural therapy)
<b>Areas Covered:</b>	Horsham Rural City
<b>Specialising In:</b>	Adolescence, Chronic Illness/Life Changes, Crisis/Trauma, Stress Management, Children 5–12, Vocational TAC, Work Cover, Eating Disorders, Anxiety- Phobias & OCD, Depression
<b>Scope of Service:</b>	Individual
<b>Registration/ Membership</b>	Australian Psychologist Society, College of Clinical Psychologists, Australian Association of Cognitive Behavioural Therapy
<b>Cost:</b>	Set
<b>Sandra McGrath - Counsellor</b>	Grampians Community Health, 25 David Street Horsham
<b>Phone:</b>	5362 1200
<b>Email:</b>	<a href="mailto:sandra.m@grampianscommunityhealth.org.au">sandra.m@grampianscommunityhealth.org.au</a>
<b>Qualifications:</b>	BA, MA, Graduate Diploma of Social Science in Human Services, Certificate in Advanced Supervision
<b>Areas Covered:</b>	Horsham Rural City, Hindmarsh Shire, West Wimmera Shire, Yarriambiack Shire
<b>Specialising In:</b>	Bereavement, Stress Management, Relationships, Chronic Illness/Life , Changes, Depression & Anxiety, Gender Issues, Support Counselling
<b>Scope of Service:</b>	Individual, Advocacy, Groups, Couples
<b>Registration/Membership:</b>	Level 3 ACA
<b>Cost:</b>	Free

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**Suzanne Penrose - Counsellor**

**Phone:** 5382 7056

**Email:** [suzannepenrosechangingfocus@gmail.com](mailto:suzannepenrosechangingfocus@gmail.com)

**Qualifications:** Diploma Teaching Primary, Bachelor Education (Primary Music), Diploma of Counselling

**Areas Covered:** Horsham and surrounding towns

**Specialising In:** Bereavement, Children 5-12, Gender Issues, Relationships, Chronic Illness/Life Changes, Stress Management, Anxiety, Personal Growth, Holistic Health, Spiritual Awareness

**Scope of Service:** Individual, Couples

**Registration/Membership:** AAHTC VIT

**Cost:** Fee

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**Sybil Braybrook - Counsellor**

Rural Northwest Health, Warracknabeal – Beulah - Hopetoun

**Phone:** 5396 1281 / 0427 854 304

**Email:** [Sybil.braybrook@rnh.net.au](mailto:Sybil.braybrook@rnh.net.au)

**Qualifications:** Doctorate of Counselling

**Areas Covered:** Yarriambiack Shire

**Specialising In:** Bereavement, children 0-12, relationships, TAC, Work Cover, depression, mental illness, stress management, issues related to ageing, adolescence, relationships, drug and alcohol, chronic illness/life changes, crisis/trauma, gambling, stress management, family therapy

**Scope of Service:** Individual, families, couples, groups

**Registration/Membership:**

**Cost:** Fee - financial consideration

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**Thea Farrington – Counsellor**

Grampians Community Health, 25 David Street Horsham

**Phone:** 5362 1200

**Email:** [Thea.f@grampianscommunityhealth.org.au](mailto:Thea.f@grampianscommunityhealth.org.au)

**Qualifications:** Social Science Degree, Graduate Diploma Welfare

**Areas Covered:** Horsham Rural City, West Wimmera Shire, Yarriambiack Shire, Hindmarsh Shire

**Specialising In:** Drug & Alcohol, Drink Drive Education Program, Drug Drive - ,Assessments

**Scope of Service:** Individual, Couples

**Registration/Membership:** Clinical Member ACA

**Cost:** Free

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<b>Vynka-Lee Neighbour - Counsellor</b>	Suites 1 & 2, Wembley Chambers, 142 Baillie Street Horsham
<b>Phone:</b>	0437 120 034
<b>Email:</b>	<a href="mailto:vynkaleeneighbourcounselling@gmail.com">vynkaleeneighbourcounselling@gmail.com</a>
<b>Qualifications:</b>	Bachelor of Social Work, Associate. Diploma of Social Welfare, Cert Critical Incident Stress debriefing, Cert Family Therapy, Cert Grief and Loss Therapy, Cert Clinical Hypnotherapy and many other mental health specific training
<b>Areas Covered:</b>	Horsham/Wimmera and surrounding areas
<b>Specialising In:</b>	Bereavement, adolescence, relationships, chronic illness/life changes, victims of crime, depression, crisis/ trauma, stress management, debriefing/ critical incident, family therapy, issues related to ageing, gender issues, vocational, TAC, workcover, supervision, mental illness
<b>Scope of Service:</b>	Individual, families, couples, groups, mediation, advocacy.
<b>Registration/Membership:</b>	Australians Association of Social Workers, Accredited Mental Health Social Worker AHSW, Australian Association of Cognitive and Behaviour Therapy, Rural Social Work Action Group, Member Mental Health Professional Network, Wimmera Counsellors Group.
<b>Preferred Referral Method:</b>	Private, GP, Medicare, workcover approved
<b>Cost:</b>	Fee for service. Medical rebates available with a GP referral. Funded consultations when referred by Victims of Crime, Workcover, Employee Assistance Providers, Private Counselling and Supervision available

<b>Wendy Barton - Counsellor</b>	Droylsden House Annexe, 143 Baillie Street Horsham
<b>Phone:</b>	5382 0926 / 0417 365 907
<b>Email:</b>	<a href="mailto:w.barton@bigpond.net.au">w.barton@bigpond.net.au</a>
<b>Qualifications:</b>	Bachelor Social Worker, Bachelor of Social Science, Graduate Diploma of Psychology, Certificate in Clinical Hypnotherapy, Certificate in Critical Incident Management.
<b>Areas Covered:</b>	Horsham
<b>Specialising In:</b>	Relationships, depression, mental illness, stress management, debriefing/critical incident, supervision, crisis/trauma
<b>Scope of Service:</b>	Individual, Couples, Families
<b>Registration/Membership:</b>	Member of AASW, Accredited Mental Health Social Worker
<b>Preferred Referral Method:</b>	Private, GP, Agency
<b>Cost:</b>	Set - medicare rebate if applicable

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<b>Valerie Hastings - Counsellor</b>	Creative Arts Therapy, Reids Lane Halls Gap
<b>Phone:</b>	5356 4267 / 0419 131 874
<b>Email:</b>	<a href="mailto:bunjil47@bigpond.com">bunjil47@bigpond.com</a>
<b>Qualifications:</b>	Counsellor and Creative Arts Therapist, Dip. Ed., BA. Ed. (Psych)., Masters Creative Arts Therapy, Post Grad Degree with an Ad Cert in Supervising Tertiary Students and Teachers.
<b>Areas Covered:</b>	Southern Wimmera, Northern Grampians and Ararat Rural City
<b>Specialising In:</b>	Personal development, stress management, grief and loss, anxiety and depression, relationship issues, emotional difficulties, trauma, abuse, debriefing, mental health, alcohol and other drug concerns, acquired brain injury, disabilities, children's emotional and behavioural problems, professional clinical supervision, team development.
<b>Scope of Service:</b>	Individual, Families, Couples, Groups, People with Disabilities
<b>Registration/Membership:</b>	AIWCW, ACATA, CMACA, ATSS.
<b>Cost:</b>	Set

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## WIMMERA COUNSELLORS DIRECTORY – ENTRY OF DETAILS FORM

The Wimmera Counsellors Directory is produced by Wimmera Primary Care Partnership. This directory lists all participating counsellors/psychologists/psychiatrists etc in the Wimmera area and is updated approximately every 6 months.

If you would like your service listed in the counsellors directory please complete the following form and email to [pcpadmin@grampianscommunityhealth.org.au](mailto:pcpadmin@grampianscommunityhealth.org.au)

**Name:**

Address:

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**Phone:**

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**Email:**

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**Qualifications:**

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**Areas Covered:**

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**Specialising In:  
(tick all relevant)**

Bereavement  
Children 5–12  
Relationships  
Life Changes  
Supervision  
Crisis / Trauma  
Gambling  
Critical Incident

Issues Related to Ageing  
Adolescence  
Vocational  
TAC, Work Cover  
Depression  
Mental Illness  
Stress Management  
Other - please detail

Children 0 - 5  
Gender Issues  
Chronic Illness  
Victims of Crime  
Financial  
Drug & Alcohol  
Debriefing

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**Scope of Service:**

Individual  
Advocacy  
Groups

Mediation  
Couples  
Other – please detail

Families  
Specialist Therapies

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**Registration/Membership:**

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**Cost:**

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**Other relevant information:**

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