

Evidence-based Guidelines and Clinical Pathways for ICDM planning

Fact sheet for Primary Care Partnerships

July 2008

Incorporating evidence and science into clinical practice and everyday healthcare is a challenge which is assisted by the use of tools such as evidence-based guidelines and clinical pathways.

This resource has been prepared to assist Primary Care Partnerships to plan their Integrated Chronic Disease Management initiatives. It identifies a range of existing guidelines and pathways which have been developed around a range of common chronic diseases.

Diabetes

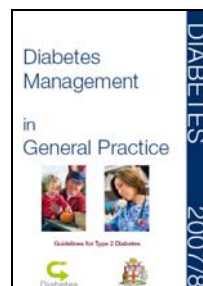
- Hypertension in Type 2 diabetes
- Case detection and Diagnosis
- Prevention of Type 2 diabetes
- Lipid Control in Type 2 diabetes
- Detection & Prevention of Diabetes Foot Problems
- Lipid Control in Type 2 Diabetes



Diabetes Australia and National Health & Medical Research Council (NH&MRC)
diabetesaustralia.com.au

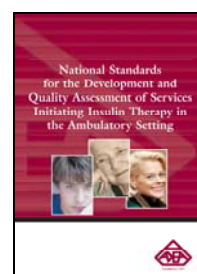
September 2004

- Diabetes Management in General Practice



Royal Australian College of General Practitioners and Diabetes Australia
racgp.org.au

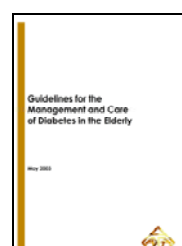
- Insulin initiation in the ambulatory setting



Australian Diabetes Educators Association
adea.com.au

February 2004

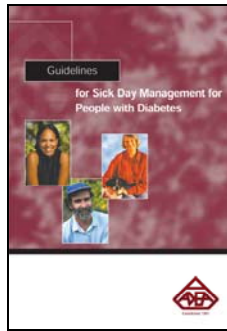
- Management and Care of Diabetes in the Elderly



Australian Diabetes Educators Association
adea.com.au

November 2003

- Sick Day Management (Type 1 diabetes and Type 2 diabetes versions)



Australian Diabetes Educators Association
adea.com.au

2006

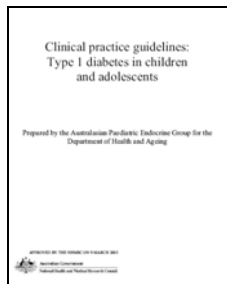
- Pregnancy (Gestational Diabetes and Pre-existing Diabetes)



Australasian Diabetes in Pregnancy Society
adips.org

1998 and 2005

- Type 1 Diabetes in Children and Adolescents

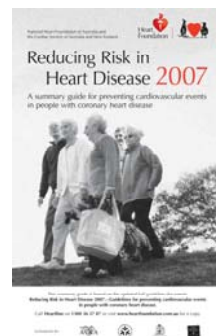


Australasian Paediatric Endocrine Group
apeg.org.au

2005

Cardiovascular Disease

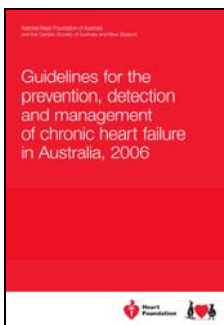
A Summary Guide for Preventing Cardiovascular Events in People with **Coronary Heart Disease**



National Heart Foundation of Australia & Cardiac Society of Australia and NZ
heartfoundation.com.au

2007

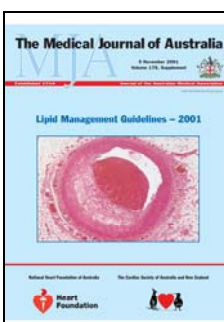
Guidelines for the prevention, detection and management of **chronic heart failure** in Australia



National Heart Foundation of Australia & Cardiac Society of Australia and NZ
heartfoundation.com.au

2006

Lipid Management Guidelines



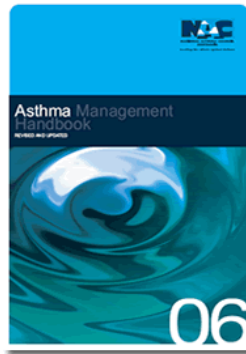
National Heart Foundation of Australia & Cardiac Society of Australia and NZ (endorsed by DAV, RACGP and others)
heartfoundation.com.au

2001

Chronic Respiratory Diseases

Asthma Management Handbook, includes:

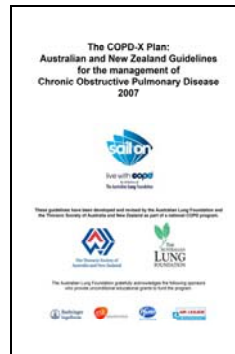
- Diagnosis in Adults, in children
- Ongoing care pathway
- Organising your practice for effective asthma management
- Asthma in the Elderly



National Asthma Council
nationalasthma.org.au

2006

The COPD-X Plan: Australian and New Zealand Guidelines for the management of Chronic Obstructive Pulmonary Disease



Australian Lung Foundation and Thoracic Society of Australia & New Zealand
copdx.org.au

2007

Pulmonary Rehabilitation Toolkit



Australian Lung Foundation
pulmonaryrehab.com.au

2006

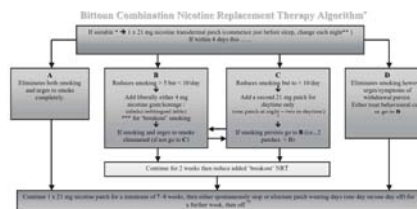
Smoking Cessation Intervention for Health Professionals (5As)



Quit Victoria
quit.org.au/downloads/5As_health_profs_web.pdf

2007

Combination Nicotine Replacement Algorithm for Hard-to-Treat Smokers



Journal of Smoking Cessation
 Volume 1, Issue 1
www.atypon-link.com/AAP/loi/jsc

2006

Paediatric Asthma Management Plan



Monash University
med.monash.edu.au/paediatrics/resources/asthma.html

November 2004

Musculoskeletal Conditions

Hip or Knee Osteoarthritis Pathway (Final Draft)

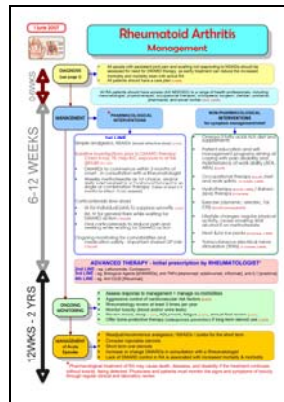


Royal Australian College of GPs
www.racgp.org.au/guidelines/musculoskeletal diseases

developed by the Osteoarthritis Pathway Implementation Collaborative (www.oopathway.org) endorsed by RACGP and NH&MRC

February 2008

Rheumatoid arthritis guidelines and algorithms



Royal Australian College of GPs
www.racgp.org.au/guidelines/musculoskeletal diseases
 endorsed by RACGP and NH&MRC

February 2008

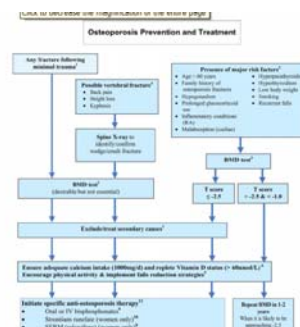
Referral for Joint Replacement A Management guide for health providers



Royal Australian College of GPs
www.racgp.org.au/guidelines/musculoskeletal diseases
 endorsed by RACGP and NH&MRC

April 2007

Osteoporosis Prevention and Treatment (Draft)



Royal Australian College of GPs
www.racgp.org.au/guidelines/musculoskeletal diseases
 endorsed by RACGP and NH&MRC

February 2008

Further resources

- Cochrane Evidence-Based Policy Network: www.cochrane.org.au/ebpnetwork/ebpnetworkpublic/
- National Health & Medical Research Council, Guidelines Development section: www.nhmrc.gov.au/guidelines/
- National Institute of Clinical Studies: www.nhmrc.gov.au/nics/