Incorporating evidence and science into clinical practice and everyday healthcare is a challenge which is assisted by the use of tools such as evidence-based guidelines and clinical pathways.

This resource has been prepared to assist Primary Care Partnerships to plan their Integrated Chronic Disease Management initiatives. It identifies a range of existing guidelines and pathways which have been developed around a range of common chronic diseases.

**Diabetes**

- Hypertension in Type 2 diabetes
- Case detection and Diagnosis
- Prevention of Type 2 diabetes
- Lipid Control in Type 2 diabetes
- Detection & Prevention of Diabetes Foot Problems
- Lipid Control in Type 2 Diabetes

- Diabetes Management in General Practice

- Insulin initiation in the ambulatory setting

- Management and Care of Diabetes in the Elderly
• Sick Day Management (Type 1 diabetes and Type 2 diabetes versions)

Australian Diabetes Educators Association
adea.com.au
2006

• Pregnancy (Gestational Diabetes and Pre-existing Diabetes)

Australasian Diabetes in Pregnancy Society
adips.org
1998 and 2005

• Type 1 Diabetes in Children and Adolescents

Australasian Paediatric Endocrine Group
apeg.org.au
2005

Cardiovascular Disease

A Summary Guide for Preventing Cardiovascular Events in People with **Coronary Heart Disease**

National Heart Foundation of Australia & Cardiac Society of Australia and NZ
heartfoundation.com.au
2007

Guidelines for the prevention, detection and management of **chronic heart failure** in Australia

National Heart Foundation of Australia & Cardiac Society of Australia and NZ
heartfoundation.com.au
2006

**Lipid Management Guidelines**

National Heart Foundation of Australia & Cardiac Society of Australia and NZ (endorsed by DAV, RACGP and others)
heartfoundation.com.au
2001
Chronic Respiratory Diseases

Asthma Management Handbook, includes:

- Diagnosis in Adults, in children
- Ongoing care pathway
- Organising your practice for effective asthma management
- Asthma in the Elderly

National Asthma Council
nationalasthma.org.au
2006

The COPD-X Plan: Australian and New Zealand Guidelines for the management of Chronic Obstructive Pulmonary Disease

Australian Lung Foundation
and Thoracic Society of Australia & New Zealand
copdx.org.au
2007

Pulmonary Rehabilitation Toolkit

Australian Lung Foundation
pulmonaryrehab.com.au
2006

Smoking Cessation Intervention for Health Professionals (5As)

Quit Victoria
quit.org.au/downloads/5As_health_profs_web.pdf
2007

Combination Nicotine Replacement Algorithm for Hard-to-Treat Smokers

Journal of Smoking Cessation
Volume 1, Issue 1
www.atypon-link.com/AAP/loi/jsc
2006

Paediatric Asthma Management Plan

Monash University
med.monash.edu.au/paediatrics/resources/asthma.html
November 2004
Musculoskeletal Conditions

Hip or Knee Osteoarthritis Pathway (Final Draft)

Royal Australian College of GPs
www.racgp.org.au/guidelines/musculoskeletaldiseases
developed by the Osteoarthritis Pathway Implementation Collaborative (www.oapathway.org)
endorsed by RACGP and NH&MRC
February 2008

Rheumatoid arthritis guidelines and algorithms

Royal Australian College of GPs
www.racgp.org.au/guidelines/musculoskeletaldiseases
endorsed by RACGP and NH&MRC
February 2008

Referral for Joint Replacement
A Management guide for health providers

Royal Australian College of GPs
www.racgp.org.au/guidelines/musculoskeletaldiseases
endorsed by RACGP and NH&MRC
April 2007

Osteoporosis Prevention and Treatment (Draft)

Royal Australian College of GPs
www.racgp.org.au/guidelines/musculoskeletaldiseases
endorsed by RACGP and NH&MRC
February 2008

Further resources

• Cochrane Evidence-Based Policy Network:
  www.cochrane.org.au/ebpnetwork/ebpnpublic/

• National Health & Medical Research Council, Guidelines Development section:

• National Institute of Clinical Studies: www.nhmrc.gov.au/nics/