# WHY Project 2013 - 14

health

Incorporating the LGA's of Hindmarsh, West Wimmera & Yarriambiack

## **Criteria for Physiotherapy Home Visits**

Currently in the West Wimmera Shire the project physiotherapist is unable to access an appropriate room for treating HACC eligible clients. To ensure that these clients do not miss the opportunity for physiotherapy programs it has been agreed that some clients may be seen in their home (or other suitable venue such as a Planned Activity Group). These clients will be limited to the treatments as outlined below. Clients who require treatment which is unable to be provided in the home will be referred by the HACC Assessment Service Assessor or Project Physiotherapist to the Edenhope and District Memorial Hospital physiotherapy service or Harrow Bush Nursing Centre if they reside in that locality.

### **Criteria for Physiotherapy Home Visits:**

#### Clients/Patients are appropriate if they require:

- Balance training
- Gait assessment and training
- Transfer practise/education
- o Training for their Community Care Worker/Family in transfers, mobility, exercises, etc.
- Gait aid assessment and prescription
- Strengthening programs (e.g. general strengthening, osteoarthritis management, specific muscle/joint strengthening)
- Chest therapy (for education and exercise prescription, nil manual treatment)

Fees for these clients will be \$9.10 per visit - please advise the client of costs if you are referring to the physiotherapist.

#### Patients/Clients are not appropriate for home visits if they require:

- o spinal (i.e. back or neck pain) treatment
- o treatment of shoulder or hip pain
- o manual therapy (e.g. massage, mobilisation, etc)

If you are referring any of these clients to a physiotherapist they will need to be referred to the Edenhope and District Memorial Hospital physiotherapy service or Harrow Bush Nursing Centre if they reside in that locality. If you have any questions about the appropriateness of specific patients/clients, please don't hesitate to contact Emma Smith (Project Physiotherapist) via phone 53 9140287 or email <a href="mailto:emma.smith@wwhs.net.au">emma.smith@wwhs.net.au</a> (NB client information must only be sent via secure electronic transfer using the ConnectingCare attachment option).



