

A ROADMAP FOR PEOPLE LIVING WITH CHRONIC DISEASE IN YARRIAMBIAICK

copies available www.wimmerapcp.org.au

last updated 24/09/10

General Eligibility Criteria:

Aged Care Assessment Service (ACAS): Over 65

HACC Home Services: 65+ (frail aged) or disability; 55+ ATSI

Case Management CAPS & EACH packages—requires ACAS approval through Benetas, Wimmera Community Options, Villa Maria or St Laurence

Goolum Goolum Aboriginal Cooperative: recognised member of the local Indigenous community.

Useful Contact Numbers:

Arthritis Victoria - 1800 011 041
 Alzheimer's Australia: 1800 100 500
 Asthma Foundation - 1800 645 130
 Beyond Blue - 1300 224 636
 Carer's Respite - (03) 5381 9336
 Diabetes Victoria - 1300 136 588
 Direct2Care—1300 121121
 Emergency after-hours Response Service - 1300 487 017
 Lifeline - 13 11 14

Service information at your fingertips

www.connectingcare.com

Directory of local services - open door to easy access.
 Human Service Directory
www.humanservicesdirector.vic.gov.au

High Need - Frequent Hospital Visits

District Nursing Service—Rural Northwest Health Ph: 5396 1278
 District Nursing Service—Dunmunkle Ph: 5363 0400
 Grampians Aged Care Assessment Service Ph: 5320 3740
 Palliative Care/Wimmera Hospice Care Ph: 5381 9363
 Case Management Community Aged Care Packages Ph: 5320 3740

INTENSIVE CASE MANAGEMENT - LEVEL 1

COST:
 \$\$ Moderate
 \$ Minimal
 Free

COMMUNITY BASED CARE FOR PEOPLE WITH CHRONIC DISEASES AND COMPLEX NEEDS WHO USE HOSPITALS OR ARE AT RISK OF HOSPITALISATION.

At Risk of Hospitalisation

Options for Care	Services	Cost	Referral
Dunmunkle Health Services	Allied Health	\$ - \$\$	Ph: 5363 0400 or 5363 1200
Rural Northwest Health	Allied Health	\$ - \$\$	Ph: 5396 1238
District Nursing - Dunmunkle	Home Nursing Services	\$	Ph: 5363 0400
District Nursing Rural Northwest	Home Nursing Service	\$	Ph: 5396 1278
Yarriambiack Shire Council	Home Support/Personal Care	\$ - \$\$	Ph: 53980107
Community Support	See Level 4	-	See level 4 below
Goolum Goolum—Horsham	GP, Allied Health	Free	Phone: 5381 6319

MORE INTENSIVE CARE LEVEL 2

Medicare Rebates: Case conferencing, home medicine review, contribute to another providers care plan, monitoring & support for person with chronic disease, ATSI follow up after health.

Some Risk of Deterioration

Options for Care	Services	Cost	Referral
Grampians Community Health	Counselling Support, drug diversion, drink drive	Free	Ph: 5362 1200 electronic referral
Rural Northwest Health—Warracknabeal, Beulah, Hopetoun	Community & Allied Health, Health Promotion, Counselling, Diabetes management	\$ - \$\$	W'beal: 53961238 Beulah: 53968200 Hopetoun: 5083 2000
Dunmunkle Health Services—Minyip, Murtoa, Rupanyup	Community Health, Allied Health, Health Promotion, Counselling, Social Work	\$ - \$\$	Murtoa: 5363 0400 Minyip: 5363 1200 Rup: 5385 5700
District Nursing—Dunmunkle	Home Nursing Services	\$	Ph: 5363 0400 or electronic referral
District Nursing Rural Northwest Health	Home Nursing Services	\$	Ph: 5396 1278
Goolum Goolum	GP, Allied Health, Counselling, Free diabetes management	Free	Phone: 5381 6319

Medicare Rebates: - care planning (GPMP, TCA) & review - 75+ health assessment and 45-49 health check - contribute to another providers care plan - ATSI child/adult/older person's health check - complete cycle of care for diabetes & asthma - home medicines review.

PLANNED MANAGED PROACTIVE CARE LEVEL 3

Relatively Healthy

ACAS (Aged Care Assessment Service) (03) 5320 3740
 Active Script - Westvic Division of GP (03) 5381 1756
 Dunmunkle Health Services
 Minyip Community Health Centre (03) 5363 1200
 Exercise programs, Health Promotion, activity groups, men's health groups, diabetes & respiratory support groups, GPs
 Murtoa Community Health Centre (03) 5363 0400
 GPs, counseling, social work, Living at Home assessments
 Rupanyup Surgery (03) 5385 5700
 GPs, Respite
 Hopetoun Neighbourhood House (03) 5083 3408
 - social and recreational programs
 Library WRLC — Warracknabeal (03) 53981270
 - Mobile Library timetable www.wrlc.org.au
 Mallee Track Health Centre Patchewollock (03) 5084 1213
 Men's Shed—Hopetoun (03) 5083 3408
 Men's Shed—Minyip (03) 5363 1200
 Men's Shed—Murtoa (03) 5385 2785
 Men's Shed—Warracknabeal (03) 5398 1742

Murtoa Neighbourhood House (SLAAM) (03) 5385 2785
 - walking & exercise groups, art, craft, cooking & community lunches
 Rural Northwest Health (03) 5396 1238
 - Health Promotion, Community Health, Exercise Programs, Counselling
 Warracknabeal Neighbourhood House (03) 5396 1360
 - social and recreational programs
 Wimmera UnitingCare (03) 5382 6789
 - Counselling, Family Services, Disability Support programs, Housing and Finance programs
 Wimmera Online Physical Activity Directory
www.sportslink.org.au/wimmera
 Women's Health Grampians (03) 5362 1400
 Woomelang Bush Nursing Centre (03) 5081 2165
 Yarriambiack Shire Council (03) 5398 0100
 - Senior Citizens (03) 5398 0731
 - Home & Community Care (03) 5398 0107
 - Living at Home Assessment (03) 5398 0107
 Yarriambiack Leisure Complex (03) 5398 1246
 Gym, exercise programs

PREVENTION - LEVEL 4