

Type 2 Diabetes Consumer Information Package

The *Type 2 Diabetes Consumer Information Package* has been adopted by the Wimmera Primary Care Partnership Chronic Disease Network.

The aim of this package is to provide a consistent resource package of diabetes information which can be provided to newly diagnosed Type 2 diabetes consumers in the Wimmera. Consumer feedback indicates that there is a need for consistent information for those newly diagnosed to avoid confusion and duplication.

The topics included in the package can be accessed via the web:

- Providing easy access
- Clinicians can download resources as required via the links
- All information is from the most credible sources and peak bodies
- Allows the most recent versions of the information from the source

This resource can be used by any diabetes related service within the Wimmera including GP practices. The web links are also available on the Wimmera PCP website <http://www.wimmerapcp.org.au>. The idea is not to limit the information clinicians provide to consumers. Clinicians are encouraged to use any other resources they feel are appropriate.

Topic	Source of Resource
What is diabetes	Baker IDI http://www.bakeridi.edu.au/Assets/Files/What%20is%20diabetes%20revised%20version.pdf
Healthy Eating	Baker IDI http://www.bakeridi.edu.au/Assets/Files/Healthy%20eating%20and%20type%202%20diabetes.pdf
Physical Activity	Diabetes Outreach http://www.diabetesoutreach.org.au/consumer/Exercise_Apr11.pdf
Monitoring / Management	Diabetes Outreach http://www.diabetesoutreach.org.au/consumer/BGM_Aug2011_FINAL.pdf
Cycle of Care	Diabetes Outreach http://www.diabetesoutreach.org.au/consumer/Long%20Term_Aug10.pdf
Foot Care	Diabetes Outreach http://www.diabetesoutreach.org.au/consumer/Footcare_Lowrisk_May11.pdf
NDSS: National Diabetes Services Scheme	NDSS website http://www.ndss.com.au/ Consumer registration: http://www.ndss.com.au/Documents/NDSS/NDSSForms/NDSSRegistrationForm.pdf
Driving with diabetes	VIC Roads Brochure "Diabetes and Driving" Order from VIC Roads Bookshop ph: 9854 2782
ATSI Information	Diabetes Victoria. Aboriginal and Torres Strait Islander Information. http://www.diabetesvic.org.au/health-professionals/resources

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