

**DIRECTORY OF
COUNSELLING
SERVICES &
THERAPISTS -
WIMMERA**

NOVEMBER 2017

**PO Box 501, 25 David Street
Horsham VIC 3402
Ph: (03) 5362 1222**

**Email: pcpadmin@grampianscommunityhealth.org.au
www.wimmerapcp.org.au**

This Directory of Counselling Services & Therapists – Wimmera was an initiative of the Wimmera Primary Care Partnership (WPCP) Counselling Working Group, with co-operation from the Wimmera Counsellors Group. The Directory is updated yearly by Wimmera Primary Care Partnership. The WPCP aims to improve the health and wellbeing of their catchment's population by better co-ordination of planning and service delivery in response to identified needs. For more information on WPCP go to www.wimmerapcp.org.au

A regularly updated version of this document will be available at www.wimmerapcp.org.au or you can obtain a copy by emailing a request to pcpadmin@grampianscommunityhealth.org.au. Should you wish to have your details included in this directory or make changes to existing details, please email the changes to pcpadmin@grampianscommunityhealth.org.au

For links and a referral mechanism to health and community services within different municipalities around Victoria search the National Health Service Directory by using the Search Widget at www.wimmerapcp.org.au

MENTAL HEALTH SERVICE DIRECTORY










The Mental Health Service Directory was produced as part of The Wimmera & Southern Mallee Mental Health Service Mapping (WSMMHSM) Project and was funded by a Grampians Partners in Recovery Innovation Grant to develop resources that will assist service providers to gain a better understanding of what services are available to people who live in the in the Wimmera and Southern Mallee and how to access them.

This directory has been produced to support people with mental health issues and in consultation with service providers across the region from primary health, community and mental health services.

A copy of the Mental Health Service Directory can be found at <http://wimmerapcp.org.au/wsmmhmp/>

Find a Health Service


To find a service click on buttons below...

	Aboriginal Health Clinic	<input type="radio"/>
	Aged Care	<input type="radio"/>
	Allied Health	<input type="radio"/>
	Community Health Care	<input type="radio"/>
	Disability Support	<input type="radio"/>
	General Practice	<input type="radio"/>
	Hospital	<input type="radio"/>
	Pharmacy	<input type="radio"/>
	More Services	<input type="button" value="v"/>

Keyword Search

Eg: Diabetes, Telehealth, Carer, Re:

Advanced Search

**National Health**
SERVICES DIRECTORY

Disclaimer: The Wimmera Primary Care Partnership wishes to advise that this directory is correct at the time of printing. In the preparation of this document, no judgement has been made in regard to listed professionals Qualifications or competencies.

HOW DO I CHOOSE A THERAPIST?

It is easy to be confused by the various titles associated with counselling services. Below are descriptions to help you differentiate between each one.

PHSYCIATRIST

Psychiatrists are medical doctors who are experts in mental health. They specialise in diagnosing and treating people with mental illness. Psychiatrists have a deep understanding of physical and mental health – and how they affect each other. They help people with mental health conditions such as schizophrenia, depression, bipolar disorder, eating disorders and addiction. Psychiatrists provide psychological treatment, prescribe medications and do procedures such as electroconvulsive therapy.

Psychiatrists do at least 11 years of training – usually more. They first do a medical degree at university. Next they spend at least 1 or 2 years doing general medical training in a hospital. Then, to become a psychiatrist they must do at least 5 years of psychiatry training under the supervision of the Royal Australian and New Zealand College of Psychiatrists (RANZCP). This is done while working in hospitals, rural health or community health services. All psychiatrists must also be registered with the relevant medical board in Australia or New Zealand in order to see patients. This is the Australian Health Practitioner Regulation Agency (AHPRA). (The Royal Australian and New Zealand College of Psychiatrists <https://www.ranzcp.org>).

PSYCHOLOGISTS

Psychologists provide their expertise by assessing and diagnosing a range of problems, developing strategies and treatments, and offering guidance and support. Psychologists provide these services in a wide range of public and private settings, including health, mental health, disability, family services, community, schools, corporate and business, education, sport and the performing arts. (The Australian Psychological Society Limited <http://www.psychology.org.au/>)

To become eligible for general registration an applicant is generally required to have completed a four year undergraduate sequence of study in psychology (such as a bachelor degree with honours) followed by at least two years of practical experience as a registered provisional psychologist. The necessary practical experience is usually obtained by undertaking an approved postgraduate degree accredited at fifth and sixth year level (such as a two year Masters) or higher (such as a three or four year Doctorate). Alternatively practical experience can be obtained by completing a 4+2 or 5+1 internship program. (AHPRA <http://www.psychologyboard.gov.au>)

SOCIAL WORKERS

Social workers maintain a dual focus on both assisting with and improving human wellbeing and identifying and addressing any external issues (known as system or structural issues) that may impact on wellbeing or may create inequality, injustice and discrimination.

Social workers may undertake roles in casework, counselling, advocacy, community engagement and development and social action to address issues at both the personal and social level. Social workers also work in areas such as policy development, education and research particularly around issues of social justice, disadvantage and the marginalisation of people in their communities or in society.

To work as a social worker in Australia, you will need either a Bachelor of Social Work or a relevant Bachelors degree in another subject with a Master of Social Work. (Australian Association of Social Workers <https://www.aasw.asn.au>)

COUNSELLORS

A counsellor offers talk-based therapy and can help you to address your problems in a positive way by helping you to clarify the issues, explore options, develop strategies and increase self-awareness. For some people, just the process of telling their story to a counsellor, and being listened to, is helpful.

Some counsellors may call themselves **PSYCHOTHERAPISTS**. Counselling and psychotherapy both refer to psychological therapy, although psychotherapy is likely to be more in-depth than some forms of counselling.

Do not assume that all counsellors are professionally qualified. There is no law in Australia that requires a person who provides a counselling service to have either qualifications or experience. This means that people without training or skills can call themselves counsellors or psychotherapists. It is important you ask your Counsellor what their professional training skills are. A trained counsellor has usually spent three or more years studying counselling at university, often at postgraduate level, or has an equivalent level of training in another accredited higher education institution. (Better Health Channel <https://www.betterhealth.vic.gov.au>)

LIST OF AGENCIES IN THE WIMMERA PROVIDING COUNSELLORS

Ballarat Health Services Mental Health Services	Federation House, 3 Robinson Street, Horsham	1300 661 323 - 5362 1300 www.bhs.org.au
Ballarat Health Services Mental Health Carer Support	Wimmera Community Options Level 1/185 Baillie Street, Horsham	1800 059 059 - 5381 9336 carers@bhs.org.au
Barwon CASA – Wimmera Sexual Assault Counselling	25 Roberts Avenue, Horsham	5381 1211 Wimmera@barwoncasa.org
Edenhope & District Memorial Hospital	128 Elizabeth Street, Edenhope	5585 9800
Goolum Goolum Aboriginal Co-Operative Wellbeing Workers	43 Hamilton St, Horsham	53816330 reception@goolumgoolum.org.au
Grampian Community Health	25 David Street, Horsham 8-22 Patrick Street, Stawell	5362 1200 gch@grampianscommunityhealth.org.au
Grampians Partners in Recovery	8-22 Patrick Street, Stawell	1800 056 400 info@grampianspir.org.au
Harrow Bush Nursing Centre	24 Blair Street, Harrow	5588 2000 operationsadmin@hbnc.org.au
Rural North West Health Social Worker	18 Dimboola Road, Warracknabeal	5396 1200 reception@rnw.net.au
VMCH – Mental Health Respite Carers Support	Girdlestone Street, Ararat	5352 2317 Grampians.carerservices@vmch.com.au
West Wimmera Health Service - Social Work	49 Nelson Street, Nhill	5391 4267 intake@wwhs.net.au
Western Victoria Primary Health Network	148 Baillie Street, Horsham	5381 1756 info@westvicphn.com.au
Wimmera Health Care Group Social Work	83 Baillie Street, Horsham	5381 9333 info@whcg.org.au
Uniting	185 Baillie Street, Horsham	5362 4000 www.wuc.org.au
Woomelang Bush Nursing Centre	16 Proctor Street, Woomelang	5081 2165 woombnc@bigpond.com
Salvation Army	12 Kalkee Road, Horsham	5382 1770
Rural Financial Counselling Service Victoria	Office 5, Wembley Chambers, 142 Baillie St, Horsham	5363 1200 Patrick White – 0427 340 621 Ken Dodds - 0400 893 064 Michael White – 0455 838 919

Rural Support and Assistance Contacts – January 2017

	Phone	Website/Service Area/Contact
Rural Support – Local Government		
Hindmarsh Shire Council	5391 4444	www.hindmarsh.vic.gov.au
Horsham Rural City Council	5382 9777	www.hrcc.vic.gov.au
Yarriambiack Shire Council - Gavin Blinman, Manager of Community Services & Development - Emergency Relief Grants	5398 0100	www.yarriambiack.vic.gov.au
West Wimmera Shire Council	5585 9900	www.westwimmera.vic.gov.au
Buloke Shire Council - Community Development Officer Mark Remnant	5478 0175	www.buloke.vic.gov.au
Northern Grampians Shire	5358 8700	www.ngshire.vic.gov.au
Rural Financial Counselling Services		
FREE service providing support and information on financial and legal matters: Assist families assess & understand their financial position; Identify options & develop a plan of action; Prepare budgets & cash flows; Assist with loan & refinancing applications; Negotiations with financial institutions; Access government & private assistance packages; Talk to a financial counsellor today to discover how they can assist you. It costs nothing to have the conversation. Also now offer Small Business Financial Counselling Service	Wimmera South West 1300 735 578 North West Victoria 1300 769 489	www.wswrcs.com.au/ www.sunrcs.com.au/
Victorian Farmers Federation	1300 882 833	www.vff.org.au
Vice President of VFF - Wallup Wimmera Murtoa Rupanyup Wallup West Wimmera St Arnaud Warracknabeal	5383 4524/ 0427 834 524 0428 986 240 0429 391 206 5385 5488 5383 4523/ 0427 834 523 5398 9224 5496 6255 0428 543 366	David Jochinke Daniel Keam – Branch President Leo Delahunty Russell Dunlop Ian Schmidt Rob McRae Colin Coates Marshall Rodda
Rural Support – Government Organisations		
Australian Competition & Consumer Commission	1300 302 502	www.accc.gov.au
Australian Tax Office (deferred payments)	131 142	www.ato.gov.au
Australian Department of Human Services (Centrelink) Farm Household Allowance	132 316	www.humanservices.gov.au/
Consumer Affairs Victoria	1300 558 181	www.consumer.vic.gov.au
Regional Development Victoria (DIIRD) Horsham Office	5381 2762 0409 170141	www.rdv.vic.gov.au/home
Information Victoria – Victorian Government departments & services	1300 366 356	www.vic.gov.au
Legal Aid – Horsham based agency providing free legal advice	5381 6000 1800 177 638	www.legalaid.vic.gov.au
Rural Finance Corporation Bendigo Horsham	5448 2600 5381 0052	www.ruralfinance.com.au
State Ombudsman	1800 806 314	www.ombudsman.vic.gov.au
Victoria Business Line	132 215	www.business.vic.gov.au
Wageline – Federal awards and agreements and industry rates	131 394	www.fairwork.gov.au/
Dispute Settlement Centre of Victoria	1300 372 888	dscv.grampians@justice.vic.gov.au
This list has been developed and prepared by Wimmera Primary Care Partnership. If you have any questions regarding this list please call (03) 5362 1222 or email pcpadmin@grampianscommunityhealth.org.au		

Rural Support and Assistance Contacts – January 2017

	Phone	Website/Service Area/Contact
The Salvation Army	5382 1770 5392 2304 5358 4072 5352 2720	Horsham Kaniva Stawell Ararat
Christian Emergency Food Centre – Emergency food supplies	5381 2311	Horsham base, servicing the Wimmera
Wimmera Men's Shed Network	5362 1225	Geoff Witmitz
GWMWater, Water Carting and General Enquiries	1300 659 961	www.gwmwater.org.au
Counselling and Support Organisations –		
West Wimmera Health Service – Nhill, Goroke, Jeparit, Kaniva, Rainbow, Natimuk, Murtoa, Minyip & Rupanyup	5391 4222 5363 0400	www.wwhs.net.au
Edenhope & District Memorial Hospital	5585 9800	www.edmh.org.au/
Goolum Goolum Aboriginal Cooperative – Koori Health	5381 6333	www.goolumgoolum.org.au
Grampians Community Health (Horsham Office) Counselling for alcohol and other drugs, problem gambling, grief, relationship, family violence, support and advocacy, general. Also Men's Behaviour Change program, Drink Drive program, NSP program	5362 1200	www.grampianscommunityhealth.org.au
Uniting – Family Counselling & Support	5362 4000	www.wimmera.unitingcare.org.au
Ballarat Psychiatric Services	5362 1300 1300 661 323	Horsham Ballarat, Horsham, Stawell, Ararat
Rural Northwest Health – Warracknabeal, Hopetoun and Beulah	5396 1200	www.mh.net.au
Wimmera Health Care Group – Horsham Counselling, emergency relief.	5381 9336	www.wimmerahealth.com
Yarriambiack Shire Youth Services General youth services 10-25 years. Will travel.	1800 065 647	www.yarriambiack.vic.gov.au
Family Relationship Centre Helping families build better relationships	1300 303 988	Horsham
Centacare – counselling/support and drought assistance in the West Wimmera	0438 284 845	Jacinta Cook – Jacinta.cook@centacareballarat.org.au
Other Assistance Services		
Beyond Blue – depression initiative – information only	1300 224 636	www.beyondblue.org.au
Family Drug Support	1300 368 186	www.fds.org.au
Gambler's Help	1800 858 858	www.problemgambling.vic.gov.au
Kids Help Line	1800 551 800	www.kidshelp.com.au
Lifeline	131 114	www.lifeline.org.au
Mensline Australia	1300 789 978	www.menslineaus.org.au
Men's Referral Service (family violence)	1800 065 973	www.mrs.org.au
Parentline	132 289	www.parentline.vic.gov.au
SANE – Mental Health Information Line	1800 187 263	www.sane.org.au
Suicide Helpline	1300 651 251	www.suicideline.org.au
CASA (Barwon Centre Against Sexual Assault) – Horsham Office	5381 1211	wimmera@barwoncasa.org
Women's Information Referral Exchange (WIRE)	1300 134 130	www.wire.org.au
Women's Health Grampians	5322 4100	www.whg.org.au
Western Victoria Primary Health Network	5381 1756	www.westvicphn.com.au
Connectingcare – Health and Community services Directory Provides links and a referral mechanism to health and community services		www.connectingcare.com.au
In addition to this list, there are a number of private psychologists, social workers and counsellors available. Check out Wimmera Counsellors Directory via the Wimmera Primary Care Partnership Website– www.wimmerapcp.org.au		

QUICK REFERENCE GUIDE

PSYCHOLOGIST

Dr Kate Alessia	0400 444 040	www.wimmerapsychology.com.au	Horsham
Jenny Keir	0425 749 033	jlkeir@optusnet.com.au	Horsham & Stawell
Del Widdowson	0488 488 088	delwiddowson@internode.on.net	Horsham

SOCIAL WORKER

Dr Kate Alessia	0400 444 040	www.wimmerapsychology.com.au	Horsham
Kathleen Ballinger	0437 605 035	kathleenbcounselling@outlook.com	Horsham & surrounds
Frankie Blake	5381 9333	frankie.blake@whcg.org.au	Horsham & district
Wendy Deckert	0438 067 141	wendydeckertcandc@outlook.com.au	Nhill, Kaniva & Wimmera
David Kerr	5381 9333	david.kerr@whcg.org.au	Horsham & district
Tim O'Donnell	0448 322 333	timotss@yahoo.com	Horsham
Judith Parker	0427 558 218	judithann.parker@switchedonvictoria.net.au	Stawell & Ararat
Rosemarie Seidler	0428 781 267	rmseid3@gmail.com	Horsham & district
Vynka-Lee Neighbour	0437 120 034	positiveadvances@gmail.com	Horsham & district

COUNSELLOR

Frank Kean	0476 550 115	frank.k1@bigpond.com	Stawell
Scott Morgan	0432 584 231	contact@scottericmorgan.com	Yarriambiack Shire
Frank O'Connor	0457 631 275	fandloc@bigpond.net.au	Horsham & Warrnambool
Stephanie Carroll	0409 337 448	thecounselling-co@outlook.com	Stawell & Ararat
Suzanne Penrose	5382 7056	suzannepenrosechangingfocus@gmail.com	Horsham & district



**DR KATE
ALESSIA**

Clinical Psychologist and Social Worker
Wimmera Psychology, Droylsden House, 143 – 145 Baillie Street, Horsham

Phone: 0400 444 040

Email: Message through www.wimmerapsychology.com.au

Areas Covered: Horsham

Specialising In: Adolescence Adoption Anxiety Bereavement Bipolar
Chronic Illness Depression Disorders Dyslexia Gender Issues
Life Changes Mental Illness Relationships Postnatal Depression
Supervision Vocational Stress Management
Assessment of learning disorders & Assessment of autism spectrum Disorders

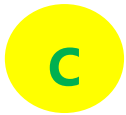
Scope of Service: Specialist Therapies, Individual, Couples, Families, Children 0-5, Children 5-12

Cost: Fee for service. Registered provider of Clinical Psychology services with Medicare, registered with private health insurers

**Registration/
Memberships:** Member Australian Psychological Society, Member of APS College of Clinical Psychologists, Member of Australian Association of Cognitive Behaviours Therapy

Qualifications: Bachelor of Social Work, Bachelor of Arts (Psychology Major), Graduate Diploma in Counselling Psychology, Doctor of Psychology (Clinical), Certificate in Child and Adolescent Mental Health, Certificate in Clinical Hypnotherapy

B**KATHLEEN
BALLINGER****Accredited Mental Health Social Worker**
Droylsden House**Phone:** 0437 605 035**Email:** kathleenbcounselling@outlook.com**Areas Covered:** Horsham & Surrounds**Specialising In:** Anxiety Ageing Issues Bereavement Chronic Illness
Crisis/Trauma Life Changes Mental Illness Relationships
Stress Management Supervision TAC/Workcover**Scope of Service:** Individual, Couples, Families, Children 5-12, Adolescence , Older adults**Cost:** Registered provider of Focused Psychological Therapy services with Medicare. Gap fee applies unless in financial hardship. Funded consultations when referred by Victims of Crime, Employee Assistance Providers, Private Counselling**Registration/
Membership:** Australia Association of Social Workers (AASW), Accredited Mental Health Social Worker**Qualifications:** Bachelor of Arts (Indigenous Studies), Masters of Social Work**Referral Pathway:** Client to call direct or via GP referral**FRANKIE
BLAKE****Social Worker**
Wimmera Health Care Group, Baillie Street Horsham**Phone:** (03) 5381 9333**Email:** frankie.blake@whcg.org.au**Areas Covered:** Horsham and District**Specialising In:** Ageing Issues Bereavement Chronic Illness Crisis/Trauma
Depression Life Changes**Scope of Service:** Individual, Advocacy, Families**Cost:** Free**Registration/
Membership:** Australian Association of Social Workers**Qualifications:** Bachelor of Social Work



**STEPHANIE
CARROLL**

Counsellor
5 Ligar Street, Ararat

Phone:	0409 337 448			
Email:	thecounselling-co@outlook.com			
Areas Covered:	Stawell & Ararat			
Specialising In:	Adolescence Mental Illness	Crisis/Trauma Relationships	Drug & Alcohol	Life Changes
Scope of Service:	Individuals			
Cost:	\$80 per session or 10 free sessions with referral from GP to Primary Health Network (for those with a low income)			
Registration/ Membership:	Australian Counselling Association			
Modalities include:	ACT, CBT, Positive Psychology, Mindfulness, Solutions Focussed			
Qualifications:	Bachelor of Social Science (Youth Studies) & Master of Social Science (Counselling)			

D**WENDY
DECKERT****Social Worker**
Social Worker, Counselling and Consultancy, Nhill**Phone:** 0438067141**Email:** wendydeckertcandc@outlook.com.au**Areas Covered:** Nhill, Kaniva & Wimmera

Specialising In:	Ageing issues	Anxiety	Christianity	Counselling
	Crisis/trauma	Depression	EAP	Grief and Loss
	Life changes	Mental illness	Post-Traumatic Stress	Parenting
	Relationships	Relaxation	Spirituality	Self-esteem
	Stress Management			

Scope of Service: Individuals, Couples, Families, Children 5-12, Adolescence, Adults**Cost:** Fee for service, registered provider with Medicare**Registration/
Membership:** Member of Australian Association of Social Workers, Accredited Mental Health Social Worker**Qualifications:** Bachelor of Social Work (Honours)**Referral:** Self, GP, Agency**K****FRANK
KEAN****Counsellor**
29 Lilian Street Stawell VIC 3380**Phone:** 0476 550 115**Email:** frank.k1@bigpond.com**Areas Covered:** Stawell

Specialising In:	Alcohol	Anxiety	Anger Management	Depression
	Family Violence		Relationship Issues	

Scope of Service: Individual, Couples**Cost:** \$90 per session, no Medicare rebate**Registration/
Membership:** Australian Counselling Association**Availability:** After hours and weekends**Qualifications:** Bachelor of Psychology; Graduate Certificate in Social Science (Male Family Violence); Certificate IV in Mental Health Work (Non Clinical)

**JENNY
KEIR**

Psychologist

**Wimmera Medical Centre, 6-12 Read Street Horsham
Counselling Rooms, Stawell & Community Health Centre
8-22 Patrick Street, Stawell**

Phone: 0425 749 033

Email: jlkeir@optusnet.com.au

Areas Covered: Horsham, Stawell

Specialising In:

Ageing Issues	Anxiety	Bereavement	Chronic Illness
Crisis & Trauma	Depression	Life Changes	Relationships
Self-esteem	Stress Management	TAC	Victims of Crime
Work Cover			

Scope of Service: Individual, Adults, Couples

Cost: Set- Pension/ Health Care Card

**Registration/
Membership:** Registered Member Australian Psychological Society, Assoc. Member Australian Society of Hypnosis

Qualifications: Bachelor Behavioural Science, Grad Dip Applied Psychology, Masters Counselling

**DAVID
KERR**

Social Worker

Wimmera Health Care Group, Baillie Street Horsham

Phone: 5381 9333

Email: David.Kerr@whcg.org.au

Areas Covered: Horsham and District

Specialising In:

Bereavement	Ageing Issues	Adolescence	Chronic Illness
Life Changes	Depression	Crisis/Trauma	

Scope of Service: Individual Families Advocacy

Cost: Free

**Registration/
Membership:** Eligible for Australian Association of Social Workers (AASW)

Qualifications: Master of Social Work, Bachelor of Arts (majors criminology & international studies)



**SCOTT
MORGAN**

Counsellor
Warracknabeal

Phone: 0432 584 231

Email: contact@scottericmorgan.com

Areas Covered: Yarriambiack Shire

Specialising In: Bereavement Debriefing Depression Life changes
Mental illness Stress management Relationships

Scope of Service: Individual, Couples, Groups

Cost: Fee for service (standard fee \$90 for 1 hour session)

**Registration/
Membership:** Level 4 Member – Australian Counselling Association

Qualifications: Bachelor of Arts (Christian Counselling), Certified MBTI Practitioner

Phone: 0437 120 034

Email: positiveadvances@gmail.com

Areas Covered: Horsham/Wimmera and surrounding areas

Specialising In:	Ageing issues	Bereavement	Chronic illness	Crisis/trauma
	Critical incident	Debriefing	Depression	Family therapy
	Gender issues	Life changes	Mental illness	Supervision
	Stress management	Relationships	Victims of crime	Vocational

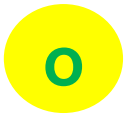
Scope of Service: Individual, Families, Couples, Groups, Adolescence, Mediation, Advocacy

Preferred Referral Method: Private, GP, Medicare

Cost: Fee for service. Medical rebates available with a GP referral. Funded consultations when referred by Victims of Crime, Employee Assistance Providers, Private Counselling and Supervision available

Registration/ Membership: Australians Association of Social Workers, Accredited Mental Health Social Worker AHSW, Australian Association of Cognitive and Behaviour Therapy, Rural Social Work Action Group, Member Mental Health Professional Network

Qualifications: Bachelor of Social Work, Associate Diploma of Social Welfare, Certificate in Critical Incident Stress debriefing, Certificate in Family Therapy, Certificate in Grief and Loss Therapy, Certificate in Clinical Hypnotherapy and mental health specific training



**FRANK
O'CONNOR**

Counsellor

Phone: (03) 5381 1619 / 0457 631 275

Email: fandloc@bigpond.net.au

Areas Covered: Horsham and District, Warrnambool and District

Specialising In: Anxiety Disorders Bereavement Crisis/Trauma Depression
Life Changes Relationships Stress Management Parenting
PTSD TAC, Work Cover Work Stress

Scope of Service: Individual, Couples, Veterans

Cost: Fee for service, registered provider with Medicare

**Registration/
Membership** Australian Health Practitioner Regulation Agency (AHPRA)

Qualifications: B. Bsc (Latrobe) B. Ed (Couns) (Latrobe)

**TIM
O'DONNELL**

**Accredited Mental Health Social Worker
1 Percy Street Horsham**

Phone: 0448 322 333

Email: timotss@yahoo.com

Areas Covered: Horsham

Specialising In: Addictions Adolescence Ageing issues Anxiety Bereavement
Chronic Illness Critical Incident Gender issues Crisis
Debriefing Depression Drug & Alcohol Family Violence
Financial Gambling Life Changes Men's Health
Mental Illness Relationships Stress Management TAC/ Workcover
Trauma Victims of Crime Vocational Work Related Issues

Scope of Service: Individual

Cost: Fee for service, registered provider with Medicare

**Registration/
Membership** Australian Association of Social Workers

Qualifications: Bachelor of Social Work and Social Welfare

**JUDITH
PARKER****Social Worker****Phone:** 0427 558 218**Email:** Judithann.parker@switchedonvictoria.net.au**Areas Covered:** Stawell Ararat**Specialising In:** Ageing issues Crisis/Trauma Critical Incident Debriefing
Depression Mental Illness Relationships Stress
Management Suicide Prevention Supervision Victims of Crime**Scope of Service:** Individual, Mediation, Couples, Families, Children 5-12, Adolescence**Cost:** Set, medicare rebate if possible. Referrals through private, agency & GP**Registration/
Membership:** Member of AASW, Accredited Mental Health Social Worker, Mental Health Professionals Network, Certificate in Neuropsychotherapy**Qualifications:** Bachelor of Social Work, Bachelor of Education, Trained Secondary Teachers Art & Craft Certificate, Advanced Suicide Prevention**SUZANNE
PENROSE****Counsellor****Phone:** (03) 5382 7056**Email:** suzannepenrosechangingfocus@gmail.com**Areas Covered:** Horsham and surrounding towns**Specialising In:** Anxiety Bereavement Children 5-12 Chronic Illness
Gender Issues Holistic Health Inner Self Awareness Life Changes
Relationships Personal Growth Stress Management**Scope of Service:** Individual, Couples**Cost:** Fee**Registration/
Membership:** Australian Health Practitioner Regulation Agency (AHPRA), Holistic Therapists Australia (HTA)**Qualifications:** Diploma Teaching Primary, Bachelor Education (Primary Music), Diploma of Counselling



**ROSEMARIE
SEIDLER**

Social Worker
6 Darlot Street Horsham

Phone: 0428 781 267

Email: rmseid3@gmail.com

Areas Covered: Horsham and surrounds

Specialising In:	Ageing issues	Chronic illness	Critical Incident	Relationships
	Debriefing	Depression	EAP	Life Changes
	Loss & grief	Mindfulness	Relaxation	Sleep issues
	Stress M/ment	Vocational	Work issues	

Scope of Service: Individuals, Families, Groups

Cost: Fee for service

**Registrations/
Membership:** AASW, Mental Health Professionals Network



**DEL
WIDDOWSON**

Provisional Psychologist
Wimmera Psychology, Droylsden House – 143 – 145 Baillie Street Horsham

Phone: 0488 488 088

Email: delwiddowson@internode.on.net

Areas Covered: Horsham

Specialising In:	Anxiety	Bereavement	Depression	Dyslexia
	Gender Issues	Life Changes	Mental Illness	Relationships
	Vocational	Stress Management	Post-natal depression	
	Assessment of learning disorders			

Scope of Service: Individual, Children 0-5, Children 5-12, Adolescence, Families

Cost: Fee for Service

**Registrations/
Membership:** Associate Member of APS

Qualifications: Bachelor of Behavioural Science, Graduate Diploma of Psychology

DIRECTORY OF COUNSELLING SERVICES & THERAPISTS WIMMERA – ENTRY OF DETAILS FORM

The Directory of Counselling Services & Therapists is produced by Wimmera Primary Care Partnership. This directory lists all (known) participating counsellors/psychologists/physiatrists etc in the Wimmera area and is updated approximately every 6 months.

If you would like your service listed in this directory please complete this form and email to pcpadmin@grampianscommunityhealth.org.au

Name:

Profession (eg. Counsellor/social worker):

Address:

Phone:

Email:

Areas Covered:

Specialising In:	Bereavement Vocational Victims of Crime Crisis / Trauma Stress M/ment	Ageing issues Chronic Illness Supervision Mental Illness Debriefing	Gender Issues Life Changes Depression Drug & Alcohol Critical Incident	Relationships TAC, Work Cover Financial Gambling Family Violence
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Other:

Scope of Service:	Individuals Advocacy Children 5–12	Couples Specialist Therapies Adolescence	Families Groups	Group therapy Children 0 – 5
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Other:

Cost:

**Registrations/
Membership:**

Referral:

Qualifications:

Other comments:
