

# WORKING TOGETHER FOR HEALTHY COMMUNITIES

## Wimmera Southern Mallee Health Prevention Strategic Plan 2017 - 2021



### PURPOSE

- Collectively reduce the prevalence of chronic disease risk factors
- Maximise health and wellbeing outcomes for all people across the Wimmera Southern Mallee region

### WHY?

Key health partners working in the health priority areas of healthy eating, physical activity and social connection recognised the need to apply a more dynamic and coordinated systems approach to our prevention work that was responsive to the varying needs and concerns of our local communities. As partners we also sought to reduce the ongoing health inequality experienced by particular communities and population cohorts in our region.

### KEY ACHIEVEMENTS

Formal partner agreement recognising each of the 7 partner's contribution and responsibilities

**Shared planning, stronger relationships and communication between partners**

Development of a health prevention resources package to support health promotion workers and organisational staff

### PARTNERS

- Edenhope & District Memorial Hospital
- Grampians Community Health
- Rural Northwest Health
- West Wimmera Health Service
- Wimmera Health Care Group
- Wimmera Primary Care Partnership

### OUTCOMES

- Greater collaboration with key organisations and stakeholders to create environments that support healthier choices for communities, workers, families and children
- **Improved social marketing and health information for local consumers**
- Recognising and strengthening the role of community leadership in our preventative work
- **Maximising investment across the region by building an evidence base demonstrating the value of the work we do**
- Working collectively to build the skills, resources and connections to prosper